



Create, Adapt and Learn Together  
Manchester Road Primary Academy

## NEWSLETTER 17<sup>TH</sup> MARCH

### ATTENDANCE 14/03/23 – 17/03/23

CLASS	SCHOOL ATTENDANCE	LATES
Owls	93.2%	6
Hedgehogs	89.7%	1
Rabbits	92.9%	2
1A	87.5%	0 😊
1B	94.2%	0 😊
2A	91.1%	4
2B	92.3%	2
3A	90.2%	3
3B	89.6%	1
4A	97%	1
4B	94.6%	5
5A	96.2%	0 😊
5B	86.3%	7
6A	96.7%	6
6B	98.1%	4

Lateness has a massive impact on children's learning. Not only on the children that are late, but also on the children in the classes being disrupted. Please ensure your child arrives at school on time each day.

97% and above Excellent
95% to 96% Attendance is slipping and will be closely monitored
95% or below Poor (high numbers of children are persistently absent)

### THE SCHOOL DAY

8.35 – 8.50am - Arrive on the school playground  
8.40am - Pupils enter school  
8.55am - Registration  
11.45am - Lunch KS1  
11.50am - Lunch KS2  
12.35pm - Afternoon session begins KS1  
1.05pm - Afternoon session begins KS2  
3.15/3.20pm - End of school day.

## ANNOUNCEMENTS

### UPCOMING EVENTS

- Half Term – Monday 3<sup>rd</sup> April – Friday 14<sup>th</sup> April

### CLASS ASSEMBLIES

Class assemblies begin at 9am. We hope you can make them.

- 3B (Miss Farrington) – Friday 24<sup>th</sup> March
- 4A (Miss Lawton) – Friday 21<sup>st</sup> April
- 5B (Mrs Williams-Moore) – Friday 28<sup>th</sup> April

### UPCOMING TRIPS/WORKSHOPS

- Tuesday 21<sup>st</sup> March: EY Blackpool Zoo
- Thursday 23<sup>rd</sup> March: Year 1 Manchester Airport Runway Visitor Park
- Monday 27<sup>th</sup> March: Year 5 Viking Workshop
- Monday 27<sup>th</sup> March: Year 5&6 watching Footloose at Droylsden Academy
- Thursday 20<sup>th</sup> April: Year 4 Chester
- Thursday 22<sup>nd</sup> June: Year 4 Llandudno
- Tuesday 27<sup>th</sup> June: EY Formby Beach
- Wednesday 18<sup>th</sup> October – Friday 20<sup>th</sup> October 2023: Robin Wood (Current Year 5)

### EASTER HOLIDAY CLUB

Mr Smith will be running the Easter Holiday Club between Monday 3<sup>rd</sup> April – Thursday 6<sup>th</sup> April 9am – 3pm. The cost of this club is £15 per day. This is available on MCAS under Wraparound Care. The deadline to book on is Wednesday 29<sup>th</sup> March.

**Please ensure you select the days required.**

# STAR OF THE WEEK

Owls	Joe
Hedgehogs	Jasmine for her resilience – trying hard with all her challenges and always with a smile.
Rabbits	Volodymyr for trying hard to use his new vocabulary.
1A	
1B	Scarlett for trying hard across all subjects this week and producing some lovely writing in English.
2A	Rayyan for reciprocity. He is collaborative and a supportive learning partner.
2B	
3A	
3B	
4A	
4B	Esther for focusing and managing distractions.
5A	Antonia for always showing the 3P's and challenging herself.
5B	Lois for maintaining a positive attitude to her learning.
6A	Alfie-Joe for amazing resilience in his writing.
6B	Ruby for amazing resilience in her writing.
The Hive	Ellie for super work in English.

You are invited to the launch of

## Tameside Family Hubs

on Monday 20 March 2023 at 2.30pm – 4.30pm

Tameside West Family Hub, Greenside Lane, Droylsden, Tameside M43 7RA

Please RSVP to [Eleanor.Sumner@tameside.gov.uk](mailto:Eleanor.Sumner@tameside.gov.uk)

# Manchester Road Primary Academy

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## **TERM DATES - 2023/2024**

<b>TERM/HOLIDAY</b>	<b>FIRST DAY</b>	<b>LAST DAY</b>
<b>AUTUMN 1</b>	Tuesday 5 <sup>th</sup> September 2023	Friday 20 <sup>th</sup> October 2023
<b>HALF TERM HOLIDAY</b>	Monday 23 <sup>rd</sup> October 2023	Friday 27 <sup>th</sup> October 2023
<b>AUTUMN 2</b>	Monday 30 <sup>th</sup> October 2023	Tuesday 19 <sup>th</sup> December 2023
<b>CHRISTMAS HOLIDAY</b>	Wednesday 20 <sup>th</sup> December 2023	Monday 1 <sup>st</sup> January 2024
<b>SPRING 1</b>	Wednesday 3 <sup>rd</sup> January 2024	Friday 9 <sup>th</sup> February 2024
<b>SPRING HALF TERM HOLIDAY</b>	Monday 12 February 2024	Friday 16 <sup>th</sup> February 2024
<b>SPRING 2</b>	Monday 19 <sup>th</sup> February 2024	Thursday 28 <sup>th</sup> March 2024
<b>EASTER HOLIDAY</b>	Friday 29 <sup>th</sup> March 2024	Friday 12 <sup>th</sup> April 2024
<b>SUMMER 1</b>	Monday 15 <sup>th</sup> April 2024	Friday 24 <sup>th</sup> May 2024
<b>SUMMER HALF TERM HOLIDAY</b>	Monday 27 <sup>th</sup> May 2024	Friday 7 <sup>th</sup> June 2024
<b>SUMMER 2</b>	Tuesday 11 <sup>th</sup> June 2024	Friday 26 <sup>th</sup> July 2024

### **STAFF TRAINING DAYS**

Friday 1<sup>st</sup> September 2023

Monday 4<sup>th</sup> September 2023

Tuesday 2<sup>nd</sup> January 2024

Monday 10<sup>th</sup> June 2024

### **BANK HOLIDAY 2024**

1<sup>st</sup> January – New Year's Day

29<sup>th</sup> March – Good Friday

1<sup>st</sup> April – Easter Monday

6<sup>th</sup> May – Early May Bank Holiday

27<sup>th</sup> May – Spring Bank Holiday

### **LOCAL ELECTIONS / GENERAL ELECTION (STAFF TRAINING DAY)**

TBC

# SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

## A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From the continuing impact of COVID-19 to the war in Ukraine, right now children across the globe can scarcely go online without being exposed to upsetting stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

### 1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before overruling your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they have seen.



### 2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



### 3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional responses. With older teens, you can be more open about the realities and consequences of what is happening – but again, be stay aware of their emotional state.



### 4 EMPHASISE HOPE

Upsetting content can make us feel angry, scared. Upsetting content can make anyone feel angry, scared, and/or overwhelmed. Try to find stories, messages, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



### 5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, or/and overwhelmed or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



### 6 CONSIDER YOUR EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you express to be regulating your emotion on the outside is important for supporting your child through worrying times.



### 7 SET LIMITS

Managing screen time and content can be difficult at the best of times, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try and at least limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen time limits.



### 8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



### 9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



### 10 FIND A BALANCE

There's often a tremendous competition to stay right up to date with events. Our phones incessantly send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



### 11 BUILD RESILIENCE

News has never been more accessible. While our devices may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasize that they can always tell you or a trusted adult if something they see makes them feel uneasy.



### 12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It's essential that children understand that they're not alone, and that help is available if and when they need it.



### Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



**National Online Safety**

#WakeUpWednesday



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