



Create, Adapt and Learn Together
Manchester Road Primary Academy

NEWSLETTER 17TH MAY

ATTENDANCE 13/05/24 – 17/05/24

CLASS	SCHOOL ATTENDANCE	LATES
Bumblebee	89.4%	1
Clover bee	100% 😊	6
Honeybee	90%	7
1A	90.4%	5
1B	94.4%	5
2A	96.1%	5
2B	94.3%	1
3A	91.5%	7
3B	97.5%	10
4A	85.7%	6
4B	99.6%	4
5A	96.8%	5
5B	93.8%	9
6A	99.4%	3
6B	93.9%	4

97% and above Excellent
95% to 96% Attendance is slipping and will be closely monitored
95% or below Poor (high numbers of children are persistently absent)

THE SCHOOL DAY

8.35 – 8.50am – Arrive on the school playground
 8.40am – Pupils enter school
 8.55am – Gates shut & registration
 11.45am – KS1 Lunch
 11.50am – KS2 Lunch
 12.35pm – Afternoon session begins KS1
 1.05pm – Afternoon session begins KS2
 3.15/3.20pm – End

LATENESS THIS WEEK

Day	Lates
Monday	25
Tuesday	19
Wednesday	13
Thursday	7
Friday	15
Total Lates This Week	79

Lateness has a massive impact on children's learning. Not only on the children that are late, but also on the children in the classes being disrupted. Please ensure your child arrives at school on time each day.

UPCOMING EVENTS

Date	Event
Tuesday 25 th June	Year 4 Llandudno
Wednesday 26 th June	Sports Day

CLASS ASSEMBLIES

Parents are welcome to come and watch their child's assembly on the following dates.

Class	Date	Time
4B Mrs Welsh	Friday 21 st June	9am
1A Miss Boardman	Thursday 27 th June	2.30pm
2B Mrs Hunter	Thursday 4 th July	2.40pm
3B Ms Hepburn	Friday 12 th July	9am

Please note: these dates could potentially change. If they do, we will inform you.

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From the continuing impact of COVID-19 to the war in Ukraine, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they have seen.



2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what is happening – but again, do stay aware of their emotional state.



4 EMPHASISE HOPE

Upsetting content can make us feel angry, scared. Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



6 CONSIDER YOUR EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



7 SET LIMITS

Managing screentime and content can be difficult at the best of times, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try and at least limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screentime limits.



8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.

8

9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.



12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.



Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



National Online Safety

#WakeUpWednesday



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YEAR 6 SATS

We sent out a message on 16th April asking parents if they would like to send in a photograph of their child so we can use them during the leaver's assembly. So far, we have only received three. If you would like to send in a picture, can this please be done asap and sent to office@mrpa.org.uk.

Tickets are now available for the Year 6 Production. If you have requested tickets, these will appear on the app on Monday. There are a limited number per show of 80 for fire regulations. Can you please email office@mrpa.org.uk including which show you would like to attend, and the number of tickets required. We can only offer two tickets per child and one show first, but if there are tickets left once everyone has had chance to purchase them, we will offer you the opportunity to purchase more. We will let you know

DIARY DATES

DATE	EVENT	TIME AND COMMENTS
1.7.24	Transition session whole school	9-10am
2.7.24	Transition session whole school	9-10am
9.7.24	Transition session whole school	9-10am
15.7.24	Reports out to parents	
16.7.24	Transition session whole school	9-10am
18.7.24	Parents Drop in	3.30-5.30pm
22.7.24	Y6 Dress Rehearsal for KS2	1.30pm
23.7.24	Y6 Performance for parents	1.30pm and 5pm
24.7.24	Gold Card Assembly for children	9.15-10am
24.7.24	Y6 performance for EY/KS1	2pm
25.7.24	Bouncy Castle for House Point Winners	9am-11.30am
25.7.24	Y6 performance for parents	1.30pm and 5pm
26.7.24	EY graduation for parents	9.15-9.45am
26.7.24	Y6 Graduation for parents and pupils	4.30-6pm