



Create, Adapt and Learn Together  
Manchester Road Primary Academy

## NEWSLETTER 26<sup>TH</sup> MAY

### ATTENDANCE 22/05/23 – 26/05/23

CLASS	SCHOOL ATTENDANCE	LATES
Owls	83.6%	5
Hedgehogs	88.6%	1
Rabbits	87.7%	1
1A	96.4%	1
1B	93.8%	1
2A	95.8%	6
2B	93.9%	5
3A	89.6%	6
3B	99%	2
4A	86.4%	7
4B	98%	3
5A	95.2%	7
5B	96.1%	13
6A	90.3%	5
6B	90%	8

Lateness has a massive impact on children's learning. Not only on the children that are late, but also on the children in the classes being disrupted. Please ensure your child arrives at school on time each day.

97% and above Excellent
95% to 96% Attendance is slipping and will be closely monitored
95% or below Poor (high numbers of children are persistently absent)

### THE SCHOOL DAY

8.35 – 8.50am - Arrive on the school playground

8.40am - Pupils enter school

8.55am – Gates shut & Registration begins

11.45am - Lunch KS1

11.50am - Lunch KS2

12.35pm - Afternoon session begins KS1

1.05pm - Afternoon session begins KS2

3.15/3.20pm - End of school day.

### ANNOUNCEMENTS



### UPCOMING EVENTS

- Half Term: Monday 29<sup>th</sup> May – Friday 9<sup>th</sup> June
- Finish for Summer: Friday 28<sup>th</sup> July
- Return after the Summer Break: Tuesday 5<sup>th</sup> September

### CLASS ASSEMBLIES

Class assemblies begin at 9am. We hope you can make them.

- 3A (Miss McDougall) – Friday 23<sup>rd</sup> June
- Hedgehogs (Mrs Frost) – Friday 30<sup>th</sup> June
- Year 6 Leavers Assembly – Friday 28<sup>th</sup> July 9.30-10.30am

### UPCOMING

### TRIPS/WORKSHOPS

- Tuesday 20<sup>th</sup> June: Year 2 Liverpool Museum
- Thursday 22<sup>nd</sup> June: Year 4 Llandudno
- Monday 26<sup>th</sup> June: Year 5 Ashton Mosque
- Tuesday 27<sup>th</sup> June: EY Formby Beach
- Friday 21<sup>st</sup> July: Year 6 Blackpool Pleasure Beach
- Wednesday 18<sup>th</sup> October: Friday 20<sup>th</sup> October 2023: Robin Wood (Current Year 5)

# STAR OF THE WEEK

Owls	
Hedgehogs	Mercy for being so willing to try the challenges, always with a smile.
Rabbits	Darcey for outstanding effort in her writing. Beaux for always doing the right thing and being a kind helpful friend.
1A	Mia for resilience in all subjects and always giving 100%.
1B	Mahmoud for fantastic resilience in writing and creating some wonderful stories.
2A	Sophie for using all 4 Rs and 3Ps to be an amazing role model.
2B	Theo for his reasoning in Maths. Favour for being an active reader. Ava for her progress with diagonal joins.
3A	
3B	
4A	Minhat for absorption in her lessons and engagement in class discussions.
4B	Eesa for his resilience and determination.
5A	
5B	Sophie R for her brilliant attitude towards learning.
6A	
6B	
The Hive	Lois

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to help an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues we do so believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guidance, links and tips for adults.

## What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, there are being impacted - sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so entrails young people, but we can still help children to be aware of their mental wellbeing: recognising when something isn't OK... and knowing what to do about content that upsets them.

- ### 1. UNDERSTAND THE ALGORITHM

Algorithmic feeds consist of user-generated content that they're likely to see the most relevant to them. It's based on their past behaviour. If a user browses content that isn't their favourite, what will be recommended to them in future. Services who use these algorithms can learn from people which reflects their mood and their interests being suggested to them more and more.
- ### 2. AVOID THE MAIN FEEDS

Avoiding the default feeds and social media platforms from the content of recommended content that's shown. Links can lead to only scroll through the accounts they follow, use the search function, or highlight posts that they don't want to see. On the platform, safety sections to see how you can take control of what your child's parents share them when they open the app.
- ### 3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online helps you know if the content they're interacting with. Don't assume they're not interested in anything and encourage them to talk about it. Ask them what they think about the content on social media. Discuss the story, the tone, what posts they like and what content up to their level. It's a good idea to talk to them about it more frequently to see what they think.
- ### 4. LEARN HOW TO HIDE CONTENT

If your child's algorithmic feeds are showing them content that's not relevant to them, there's a few options to hide that content and to limit what you're seeing. You might also want to block posts that contain specific words, which is an excellent way to get taking control of what your child sees online.
- ### 5. SET DAILY LIMITS

Parents of 11 and 12-year-olds can tell how long their child's phone can be used. Encourage them to turn off their phone or tablet when they're not using it. You could set some family rules - for example to follow - around device use, such as no screen time in the bedroom at night. It's a good idea to talk to your child about this agreement, so they're more likely to stick to it.
- ### 6. MONITOR THEIR ACTIVITY

Monitoring a child's activity on their phone can help you to see what they're doing. Of course, children need to be able to check their phone, but you can still occasionally look to see what they're doing. It's important that you talk to your child about this and try to be as open and transparent as you can about it.
- ### 7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check your phone when you're not using it. For children, this can be a real problem. Push notifications are designed to get your attention, but they can be a distraction. Turning off push notifications will help you to focus on what you're doing. It's a good idea to talk to your child about this and try to be as open and transparent as you can about it.
- ### 8. USE DEVICES TOGETHER

Using children's devices together can help you to see what they're doing. It's important that you talk to your child about this and try to be as open and transparent as you can about it.
- ### 9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, a balanced diet and mental health for our wellbeing. Encourage your child to do other activities that can help to reduce their stress. It's a good idea to talk to your child about this and try to be as open and transparent as you can about it.
- ### 10. TALK ABOUT PEER PRESSURE

Most platforms don't have a 'report' button, so early people who post content that's not relevant to them can be a problem. It's important that you talk to your child about this and try to be as open and transparent as you can about it.

**Meet Our Expert**  
Dr Sarah Lee - 14th in the country's headteacher of a specialist primary school and an assistant therapy coach, works with schools across the country to help them to improve their mental health provision. She is a member of the Chartered College of Teaching and the author of the book 'The Mental Health of Children' which supports children with mental health issues.

**National Online Safety**  
#WakeUpWednesday

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