

**PHYSICAL EDUCATION**

**Intent**

At Manchester Road Primary Academy, we recognise the importance of physical education to promote a positive attitude towards an active and healthy lifestyle. We aim to provide a broad and balanced curriculum, giving all children the opportunity to develop their physical competence and confidence. The intent of our PE curriculum is to provide every pupil with high quality PE and sport provision. It is our vision that all children succeed and achieve their full potential. We aim to ensure all of our children leave primary school with the passion, knowledge, skills and motivation necessary to equip them for lifelong participation in physical activity and competitive sport.

**We intend:**

* To develop skills in a wide range of different sports
* To develop and apply a range of physical skills and be able to use them in different ways – extending their balance, control, co-ordination and agility, which develops as the children grow physically and emotionally.
* To understand some of the basic rules of different sports.
* For all children to have the opportunity to take part in competitions.
* All children understand the importance of teamwork – and know the 6 key schools games values: respect, self – belief, passion, honesty, teamwork and determination
* For children to develop an understanding of the importance of rules in order to keep safe.
* For children to develop an understanding of how to live a healthy lifestyle – and how regular exercise contributes to physical and emotional well – being.

**Implementation**

We aim to ensure that our PE lessons are engaging, allowing children time to discover, play and spend time on a task when learning a new skill, as well as being progressive in order to challenge every pupil to fulfil their unique potential. It is essential children go through the process of attempting, improving and succeeding to build resilience and determination to achieve personal challenges.

* Children have the opportunity to experience a wide range of activities arranged through teaching by**highly skilled teachers** and **quality specialist coaches** who work in school to deliver coaching sessions to both our children and our staff.
* Children in Year 6 also access swimming lessons to ensure they meet the minimum requirement at the end of KS2.
* Our PE curriculum follows the scheme ‘Get set for PE’ which covers fundamentals, ball skills, net and wall games, dance and gymnastics as we ll as learning specific sports such as tennis and cricket. For more information about this please click [Get Set 4 Education - quality Music and PE primary curriculums](https://getset4education.co.uk/)
* Children have short bursts of physical movement using tools such as Go Noodle and 5 a day.
* Children participate regularly in competitions across local schools and in regional events.
* Teachers talk to children about healthy lifestyles, and how PE contributes to this.
* The elements of sporting success are linked to the whole school reward system. Children are in houses which reflect the values.
* Assemblies celebrate the success of school teams, and promote belonging. This is both for competition through school and at home.
* Annual survey given to children in the summer to reflect on their sport participation and the importance of sport in school.
* Inviting Olympic/ local sports people into the school to inspire the children to get involved.

**Impact**

At Manchester Road, we evidence children’s progress in Physical Education through pictures, videos and notes collected on the Primary PE Passport App. Teachers assess children’s learning throughout each PE lesson to ensure understanding of skills before moving onto the next skill or lesson. Subject leaders will conduct lesson drop ins, pupil interviews and evidence looks to measure the impact or our teaching, based on how much children can remember and demonstrate.

The impact of our physical Education curriculum:

* School has Sports Mark for 9 years running, and platinum for 3 years.
* MRPA currently holds the Platinum Sports Award
* Children have developed as team players and know what it is to show team spirit.
* Children have had the opportunity to play competitive sports across the region, in a wide range of sports.
* Children know the importance of sport in keeping healthy – both physically and mentally.
* Children understand how sport can contribute to their personal development – participating and learning new skills/ knowledge
* Children show increasing awareness of the skills of different sports and can demonstrate these.
* Children interviews show the children enjoying PE sessions and taking advantage of the sports on offer in the local community.