

Just a reminder that school will be closed on Monday 6th May for Bank Holiday.



Create, Adapt and Learn Together
Manchester Road Primary Academy

NEWSLETTER 3RD MAY

ATTENDANCE 29/04/24 – 03/05/24

CLASS	SCHOOL ATTENDANCE	LATES
Bumblebee	91%	5
Clover bee	90%	11
Honeybee	88%	8
1A	97.7%	2
1B	97.9%	5
2A	97.4%	4
2B	86.4%	1
3A	92.7%	11
3B	92.7%	7
4A	92.7%	4
4B	96.1%	8
5A	92.4%	3
5B	96.6%	12
6A	96.7%	3
6B	90%	5

97% and above Excellent
95% to 96% Attendance is slipping and will be closely monitored
95% or below Poor (high numbers of children are persistently absent)

THE SCHOOL DAY

8.35 – 8.50am – Arrive on the school playground

8.40am – Pupils enter school

8.55am – Gates shut & registration

11.45am – KS1 Lunch

11.50am – KS2 Lunch

12.35pm – Afternoon session begins KS1

1.05pm – Afternoon session begins KS2

3.15/3.20pm – End

LATENESS THIS WEEK

Day	Lates
Monday	33
Tuesday	28
Wednesday	18
Thursday	
Friday	10
Total Lates This Week	89

Lateness has a massive impact on children's learning. Not only on the children that are late, but also on the children in the classes being disrupted. Please ensure your child arrives at school on time each day.

UPCOMING EVENTS

Date	Event
Monday 6 th May	May Bank Holiday
Tuesday 25 th June	Year 4 Llandudno
Monday 13 th May – Thursday 16 th May	Year 6 SATS

CLASS ASSEMBLIES

Parents are welcome to come and watch their child's assembly on the following dates.

Class	Date	Time
6B Mrs Pearson	Thursday 9 th May	9am
5A Miss Jones	Friday 17 th May	9am
4B Mrs Welsh	Friday 21 st June	9am
3B Ms Hepburn	Friday 28 th June	9am
2B Mrs Hunter	Thursday 4 th July	2.40pm
1A Miss Boardman	Thursday 11 th July	2.40pm

Please note: these dates could potentially change. If they do, we will inform you.

STAR OF THE WEEK

CLASS	STAR
1A	Moyo for fantastic learning behaviours and resilience when completing his work.
1B	Olivia for superb focus over the past few weeks and showing lots more independence
3B	Zain for incredible Maths work, always trying to extend his learning and share his knowledge with his peers.
4A	Raife for collaboration in science and fantastic ideas for a poem.
5A	Hassan was for being a reflective learner and making much more of a conscious effort in maths and reading!
5B	Oscar for an improved attitude to learning.
6A	Isabelle for putting 100% effort into everything you do and making some really pleasing progress over this term!
6B	Scarlett for her dedication towards her SATs, being a lovely friend to everyone and a pleasure to teach!
THE HIVE	Amber for resilience in both Maths and English

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to help us champion conversation about online safety with their children. Check they feel it's needed. This guide focuses on one of many issues which works best treated as a shared conversation about online safety with their children. Please visit www.nationalonlinesafety.com for further guidance, tips and tips for adults.

What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such legal but harmful content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthral young people, but we can still help children to be aware of their mental wellness, recognising when something isn't OK... and knowing what to do about content that upsets them.

- 1. UNDERSTAND THE ALGORITHM**
Algorithms rank content by user interest: someone who regularly interacts with sports-related content will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.
- 2. AVOID THE MAIN FEEDS**
Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform's safety settings to see how you can take control of what your child's phone shows them when they open the app.
- 3. DISCUSS WHAT THEY'VE SEEN**
Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume social platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds if it's anything that could be time for a more in-depth talk or to seek support.
- 4. LEARN HOW TO HIDE CONTENT**
If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.
- 5. SET DAILY LIMITS**
Phones and most apps can tell you how much they're being used. Spending too long on the app means a child misses out on other activities that are important to their overall wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces: involving your child in creating this agreement makes them more likely to stick to it.
- 6. MONITOR THEIR ACTIVITY**
Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at, be transparent about your own social media use and try not to sound judgemental about your child's.
- 7. TURN OFF PUSH NOTIFICATIONS**
Even for adults, it's tempting to check an email or message as soon as the alert sounds ping. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.
- 8. USE DEVICES TOGETHER**
Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to highly damaging content. You could consider making a portion of time at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.
- 9. ENCOURAGE OTHER ACTIVITIES**
Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.
- 10. TALK ABOUT PEER PRESSURE**
Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like in the real world – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

Meet Our Expert
Shezla Sarwar-Khan is executive headteacher at a specialist primary school and an executive therapy coach, works with school leaders to focus on the child's mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shezla is a Fellow of the Chartered College of Teaching and the author of the Rainbow Within, a book which supports children with CBLL needs.

NOS National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Some of this guide does not have a date, but it is current as of the date of release: 20.11.2022

BUTTERFLY SQUAD



We are Butterfly Squad, the ESFA's newest partner, and are very excited to be joining hands with your amazing school for your children on our No kid left behind campaign.

We are gifting your children with our 16-episode animation that puts them in charge of their own emotions, choices, actions, reactions and feelings, making them into powerful ninjas of their own minds, for life. <https://youtu.be/SUd7C3U9Phs>

As they enter our magical world, they will get a new tool/technique every episode to apply in their daily lives to be the best version of themselves, whatever that may look like for them. Please head over to <https://www.butterflysquad.rocks> and sign up today!

Go to the drop-down box, programmes, free programmes, sign up.

Gift your child aged 4-11 with the knowledge and power of a lifetime.

We have also gifted your school all 16 Battleground workouts that accompany each episode. These workouts are currently being filmed for your children by 2nd Fittest man in the world, Crossfitter Patrick Vellner. Once finished they will also be made available to your children for free at home alongside the animation episodes, to make them into powerful ninjas of their own bodies. We will let you know when they are ready! Head on over to our Instagram page <https://www.instagram.com/butterflysquadrocks> where you can see what we are up to in ensuring that No Kid Gets Left behind. In their mental & physical health.

We look forward to welcoming your children into Butterfly Squad, where with us, squad means family and family means No Kid Gets Left Behind!!

Please keep us updated on your child's journey with us. We love to know what changes they are making in their lives.