

Autumn Term
2025-2026

SUPERHUMANS

Y1



Science

Why does the weather change?/
What makes us Human?

What is Autumn?

What is Winter?

What is Spring?

What is Summer?

Seasonal changes - rain.

What are our body parts called?

What are the senses?

Are all humans the same?

Geography

What is it like here?

Where in the world are we?

What can we see in our classroom?

What can we find in our school grounds?

What are the different places in our
school?

How do we feel about our playground?

Can we make our playground even
better?

History

How am I making history?

What is my history?

How can I find out more about myself?

How are special events remembered?

What was it like for children in the past?

What have I learnt about childhood in
the past?

How am I making history?

PE

Hit Catch Run / Attack, defend, shoot

Select a space to throw a ball into

Track and collect a rolling ball

Catch a ball to stop an opponent scoring

Use our hands to hit a ball

Run between bases to score points

To use the ready position in a rally

Start & stop moving at speed

Use our arms when running

Take off on two feet to jump

Use the correct techniques to throw

Show improvements in our throwing

To compete using running, jumping &
throwing skills

WOW EVENT:
SUPERHERO DAY

ART

Painting & mixed media - Colour splash

To investigate how to mix secondary
colours

To apply knowledge of colour mixing
when painting

To explore colour when printing.

To experiment with paint mixing to make
a range of secondary colours.

D&T

Cooking : Preparing fruit & vegetables

Understanding where food comes from

Preparing different ingredients

Testing different ingredients

Making a healthy smoothie and evaluating

RE

How might your worldview be seen in the
decisions you make?

What guides others to live well?

Our actions and values

How do people show their worldviews?

Showing responsibility in our community

PSHE

Who is special to us?/What is money?

Everyday superheroes

Who is special in my life?

My family

Families can be different

What money is

Sources of money

Keeping money safe

Music

'Hey You' & 'Rhythm in the way we walk'

To listen & sing 'Hey You'

To play the glockenspiel & improvise
parts to 'Hey You'

To compose & perform parts to 'Hey You'

To listen & sing 'Rhythm'

To play the glockenspiel & improvise
parts to 'Rhythm'

To compose & perform parts

Compose music for our superhero video

Computing

Programming (Robot Maze- scratch jr)

Creating a superhero animation

Self - sufficient

Original

Attitude

Resilience