



It is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches.

Parable of the Mustard Seed- Matthew 13:31-32

Message from Miss Mills

Dear families,

It's been a short week due to the Bank Holiday—the sun is out and the summer dresses and shorts are out too. Long may this weather continue!

This week our new websites have been launched and are now included on the TSSMAT website. Staff will be trained to use this during our INSET day on Monday 3rd June, so this is where you will get all the information, blogs and dates for your diary from. You can even add the school calendar to your own calendar on your phone. Once we have been trained, I will send some information to yourselves so you can navigate the new website. The old Mease website will exist for a few more weeks but will no longer be updated. Next term, Rev John will be coming into both schools to take new photographs for the new website, providing a view into school life. The photographs will be on the website for about three years. We do have your permissions in terms of your child's photographs being on the website, but if you do not want your child to be photographed, then please let the office know.

Next week, our Year 6s will take part in the KS2 SATS for Reading, Maths and Grammar. The children have worked hard and demonstrated perseverance in improving their scores and are just going from strength to strength. Children in Year 6 will be welcomed into school, Monday to Thursday, at 8:30am so that they can have a breakfast with their friends and are able to calm nerves and relax before the tests. Thank you to FOMH and SASA for funding the breakfasts.

On Friday, as a treat, Year 6 will be going to Drayton Manor to have a fun-packed day! Thank you to FOMH and SASA for funding this trip for our Year 6s; it is greatly appreciated.

To all our Year 6s, we know that some of you may be feeling a little anxious, so we would like to remind you all of a few important things...

The SATs papers that you will be completing do not define you as a person. They do not test your personality. They do not test your sense of humour. They do not test your kindness, or your ability to help others. Some of you enjoy playing many sports outside of school, with great enjoyment and success. Others play an instrument: Some pupils can speak another language. You all have the ability to make your friends feel better when they are down in the dumps. All of you have unique hobbies and interests that make you, YOU. You have all worked so hard this year and we could not be prouder as your teachers. Smile, be brave, try your best and just be yourself.

I can do all things through Christ who strengthens me," Paul asserts

Believe in Yourself.

Dinners for Week Commencing 13th May 2024

This week is: Week 3

YOUR SCHOOL MENU

WEEK 1



MONDAY

CHOOSE FROM
 🌱 Plant-based burger in a bap with diced potatoes
 Spaghetti bolognese
 ON THE SIDE
 Vegetables of the day
 TO FINISH
 Yoghurt, fruit and freshly baked mini shortbread biscuit

TUESDAY

CHOOSE FROM
 🌱 Tomato pasta
 Italian style chicken goujons with diced potatoes
 ON THE SIDE
 Vegetables of the day
 TO FINISH
 Chocolate brownie

WEDNESDAY

CHOOSE FROM
 🌱 Handmade margherita pizza with crinkle cut wedges
 Chicken and oriental style vegetable rice
 ON THE SIDE
 Vegetables of the day
 TO FINISH
 Fruit and jelly

THURSDAY

CHOOSE FROM
 🌱 Quorn chicken pieces in a Yorkshire pudding
 Sliced beef and Yorkshire pudding
 ON THE SIDE
 Vegetables of the day, roast potatoes and gravy
 TO FINISH
 Lemon drizzle sponge

FRIDAY

CHOOSE FROM
 🌱 Sweet potato and lentil curry with a blend of brown and white rice
 Baked fish fingers and chips
 ON THE SIDE
 Vegetables of the day
 TO FINISH
 Ice cream topped with cream

WEEK 2

Our primary school menus comply with the Government's food and nutritional standards, meeting an average of 530 calories for each meal

MONDAY

CHOOSE FROM
 🌱 Meat-free hotdog with diced potatoes
 Cottage pie
 ON THE SIDE
 Vegetables of the day
 TO FINISH
 Yoghurt, fruit and freshly baked mini shortbread biscuit

TUESDAY

CHOOSE FROM
 🌱 Roasted vegetable lasagne
 Chicken nuggets with diced potatoes
 ON THE SIDE
 Vegetables of the day
 TO FINISH
 Apple flapjack

WEDNESDAY

CHOOSE FROM
 🌱 Handmade margherita pizza with crinkle cut wedges
 Ham carbonara with penne pasta
 ON THE SIDE
 Vegetables of the day
 TO FINISH
 Fruit and jelly

THURSDAY

CHOOSE FROM
 🌱 Vegetable pastry crown
 Roast chicken and Yorkshire pudding
 ON THE SIDE
 Vegetables of the day, roast potatoes and gravy
 TO FINISH
 Victoria sponge

FRIDAY

CHOOSE FROM
 🌱 Somerset cheddar cheese and potato fritтата
 Baked battered fish and chips
 ON THE SIDE
 Vegetables of the day
 TO FINISH
 Homemade cookies

WEEK 3



MONDAY

CHOOSE FROM
 🌱 Somerset cheddar cheese and tomato quesadilla with diced potatoes
 Pork sausage roll with diced potatoes
 ON THE SIDE
 Vegetables of the day
 TO FINISH
 Yoghurt, fruit and freshly baked mini shortbread biscuit

TUESDAY

CHOOSE FROM
 🌱 Macaroni cheese with Somerset cheddar
 Chicken curry with a blend of brown and white rice
 ON THE SIDE
 Vegetables of the day
 TO FINISH
 Jam sponge

WEDNESDAY

CHOOSE FROM
 🌱 Handmade margherita pizza
 Bubble salmon
 ON THE SIDE
 Vegetables of the day and crinkle cut wedges
 TO FINISH
 Fruit and jelly

FRIDAY

CHOOSE FROM
 🌱 Vegetable and bean burrito
 Baked fish fingers and chips
 ON THE SIDE
 Vegetables of the day
 TO FINISH
 Freshly baked marble shortbread biscuit

THURSDAY

CHOOSE FROM
 🌱 Somerset cheddar cheese and tomato puff
 Roast chicken and Yorkshire pudding
 ON THE SIDE
 Vegetables of the day, roast potatoes and gravy
 TO FINISH
 Chocolate orange sponge

Light bite options available. Daily sandwiches, jacket potatoes with fresh daily fillings

For Information



ClassDojo

Dojo Scores for this week:

Air - 16

Earth - 14

Fire - 28

Water - 11

Well done Fire!

On week commencing 10th June, all Year 1 children must be in school as they will take their Phonics Screening Checks.

Year 6 SATs

We would like to wish all of the Year 6 children good luck in their SATs next week—we know you will be amazing!



Rock Up and Read

Due to event clashes, our next two Rock Up and Read sessions will be out of sync. The dates will be Friday 14th June and Thursday 11th July. We hope you can make it!

Our Parent Forum Class Representatives are:

Class 1— Mrs Boardman

Class 2— Mrs Raybould

Class 3— Mrs Keeley

Little Heroes Attendance

Our Little Heroes Initiative has now begun. You will see posters and other resources around the school. In classes, there is a sticker chart and every day a child attends and arrives on time, a sticker will be added to their name on the chart. The Hero stands for—'Here Everyday Ready and On Time'. The initiative will run until July and If children receive 100% throughout, they will receive a certificate and a little gift. For more information please visit—Staffordshire.gov.uk/littleheroes. Thank you for your continued support.



HERE EVERYDAY READY ON TIME



Year 6 SATs Breakfast

All Y6 children are invited to join Miss Warner for breakfast, for free, from Monday 13th - Thursday 16th May. The breakfast starts at 8.30am and the children will enjoy a variety of different breakfast items kindly funded by FOMH. We look forward to seeing the children there!



For Information

Year 6 Trip to Drayton Manor

Links for the letter regarding the Year 6 trip to Drayton Manor have been sent out via Dojo. This trip will take place on Friday 17th May and is a treat for the children's hard work during SATs. FOMH have kindly offered to cover the full cost of the trip—we would like to say a huge thank you to them! Parents will need to drop their children off at 9.30am and will need to collect them at 3.30pm. Please remember to send a packed lunch and a water bottle. Children must wear weather appropriate clothing. We hope they have a great day!



On Friday 7th June, it is our Trust Celebration Day. Parents are invited to join us for a picnic lunch. For more information and to order a lunch, please click the link below.

<https://forms.office.com/e/rLS7TfScKc>

Census Day

Thursday 16th May is School Census day. We are asking as many children as possible to have a school dinner on this day. This will go towards future funding for the school. Thank you for your continued support.

Thank you again to all who came to support FOMH on our Easter Bingo evening. An amazing total of £405 was raised on the night! The committee have been discussing ideas with Miss Mills and staff at the school with a fundraising target and what it will be used for - we'll update you on this soon and how much we have raised so far!

Our next event is our family-friendly quiz at the end of this half term. A poster including the slip to order tickets has been sent home, make sure to get your tickets quick!

The poster is framed with a colorful border of question marks and exclamation points. At the top, there are two FOMH logos. In the center, a large yellow starburst contains the word 'QUIZ!' in red. Below this, the text reads: 'Bring the whole family and come and join us for a ★ FOMH family-friendly quiz! ★ at MARY HOWARD SCHOOL on WEDNESDAY 22nd MAY 5pm-7pm'. There are illustrations of two champagne glasses, a hot dog, and a trophy. At the bottom, it says: '£2.50 adults, £2.50 children, under 5s FREE', 'Teams of 8 max. (mix of adults and children!)', 'Prize for the winning team!', and 'Food and drink available to purchase'.

Bring the whole family and come and join us for a
★ FOMH family-friendly quiz! ★
at
MARY HOWARD SCHOOL
on
WEDNESDAY 22nd MAY
5pm-7pm
£2.50 adults, £2.50 children, under 5s FREE
Teams of 8 max. (mix of adults and children!)
Prize for the winning team!
Food and drink available to purchase



Love your packed lunch!

Create a healthier packed lunch by choosing foods from the 5 main food groups below:



1 Starchy Carbohydrates

to re-fuel your body

Base your lunchbox on starchy carbohydrates.

Choose ONE EVERY DAY from:

- ✓ Bread, rolls, bagels, wraps, pitta or baguettes
- ✓ Pasta
- ✓ Couscous
- ✓ Noodles
- ✓ Potatoes

Choose wholegrain



Use a thermos flask to keep pasta warm



Get kids involved in the choosing

2 Fruit and Vegetables

to keep you healthy

Pack one portion of fruit and one portion of veg every day

Choose TWO EVERY DAY from:

- ✓ Apple, banana, pear, orange, plums
- ✓ Small pot of mixed berries or grapes
- ✓ Prepared melon or mango
- ✓ Chopped vegetable sticks: carrots, cucumber, pepper, celery, mange tout, mini corn
- ✓ Salad vegetables
- ✓ Vegetable Soup



Add salad to your sandwiches



Use a thermos flask for delicious soups

3 Dairy and Alternatives

for healthy teeth and bones

Don't forget the dairy!

Choose ONE EVERY DAY from:

- ✓ Milk
- ✓ Cheese – hard cheese, soft cheese, cheese spread
- ✓ Yoghurt or Fromage Frais
- ✓ Custard



Choose low sugar dairy products



Reduce sugar: choose plain yoghurt and have fruit on the side

4 Protein Foods

for growth and repair

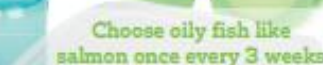
Pack a protein punch!

Choose ONE EVERY DAY from:

- ✓ Meat
- ✓ Fish
- ✓ Eggs
- ✓ Non-dairy protein e.g. lentils, chick peas, beans



Keep processed meat to a minimum



Choose oily fish like salmon once every 3 weeks

5 Drinks

to rehydrate your body

- ✓ A large glass of water
- ✓ Semi skimmed milk – or skimmed milk for children over 5 years.
- ✓ 150ml of fresh unsweetened fruit juice/smoothie



Milk, water or 150ml juice

Occasionally!

Meat products such as sausage rolls, pies, sausages

Plain cakes/sponges and biscuits of appropriate portion sizes



Plain cakes occasionally

For more healthy packed lunch ideas and recipes visit www.phunkyfoods.co.uk/recipes

What's Coming Up This Week

Monday 13th May

- ◆ Year 6 SATs Week
- ◆ Year 6 SATs Breakfast—Monday—Thursday—8.30am
- ◆ PE—please send children in their PE Kits

Tuesday 14th May

Wednesday 15th May

Thursday 16th May

- ◆ Swimming—Years 3, 4, 5 & 6
- ◆ Census Day
- ◆ PE—please send children in their PE Kits

Friday 17th May

- ◆ Year 6 trip to Drayton Manor

**What's
Happening
This Week**

Dates to Note

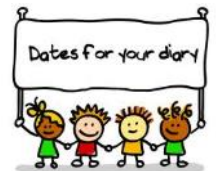
DATES TO NOTE

May

- ◆ 13th-16th May—KS2 SATs week
- ◆ Thursday 16th May—Census Day
- ◆ Friday 24th May—Let your Light Shine Worship—9am
- ◆ Friday 24th May—Break up for half term

June

- ◆ Monday 3rd June—Inset Day
- ◆ Tuesday 4th June—Children return to school
- ◆ Wednesday 5th June—Class 1 Fathers Day Lunch
- ◆ W/C 10th June—Year 1 Phonics Screening Checks
- ◆ Wednesday 12th June—Class 2 Fathers Day Lunch
- ◆ Wednesday 19th June—Class 3 Fathers Day Lunch



Attendance

Think measles!

Vaccination rates have fallen, and cases of measles are increasing.

Measles is highly infectious, the most infectious of all diseases transmitted through the respiratory route. Measles can be severe, particularly in immunosuppressed individuals and young infants. It is also more severe in pregnancy, and increases the risk of miscarriage, stillbirth, or preterm delivery:

The UK Health Security Agency (UKHSA) has said the risk of a measles epidemic across the UK is considered small - but there are now growing concerns over a rise in confirmed cases. For more information follow the link to

National measles guidelines

<https://www.gov.uk/government/publications/national-measles-guidelines>

How to manage cases of suspected measles: what patient details to take, who to notify and assessing risk of disease spreading in close contacts.

More detailed information about Measles and school trips can be found [advice on measles and school trips](#).

Measles is a notifiable disease in England and Wales. You must inform local health protection Unit (HPU) of suspected cases.

Having the MMR vaccine is the best way to prevent it.

Watch out for MEASLES
Symptoms & Prevention

Symptoms

- High temperature
- Runny or blocked nose
- Cough and sneezing
- Red, watery eyes
- White spots inside the mouth
- Red rashes appearing 3-5 days after symptoms begin
- Potential measles contacts urged to call Healthline

Prevention

- Wash your hands frequently with an alcohol-based rub
- Cover your nose and mouth when coughing or sneezing
- Avoid sharing food, water, utensils and other items contaminated by saliva
- If you are infected, isolate at home for at least 4 days
- Avoid contact with people who are vulnerable to the infection
- Give infants the first dose of MMR (measles, mumps, rubella) vaccine between 12 and 15 months

More information can be found online at <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

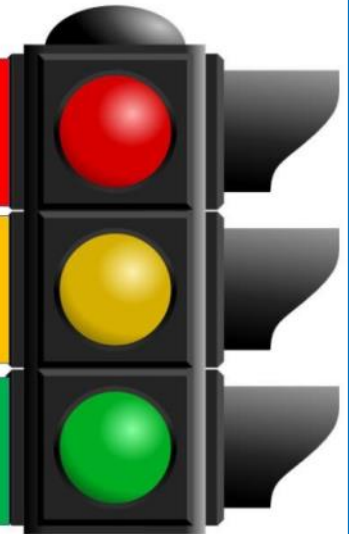
Why is it important?

Attendance	Days absent	Weeks absent	Lessons missed
95%	9 days	2 weeks	50 lessons
90%	19 days	4 weeks	100 lessons
85%	29 days	6 weeks	150 lessons
80%	38 days	8 weeks	200 lessons
75%	48 days	10 weeks	250 lessons
70%	57 days	11.5 weeks	290 lessons

89% or below
Drastic effect on academic achievement

96% - 90%
Cause for Concern

100% - 97%
Excellent!



Across our Federation, we expect good attendance to ensure that all pupils are able to take full advantage of the education available to them. Good attendance matters.

Pupils who have good attendance: **Get better jobs in the future, Achieve better results, Make better friendships, Have good self-esteem and confidence**

We strive for every child to achieve 96% attendance or higher. Please do not be offended if you are told that we are concerned about your child's attendance or if you receive a letter of concern. Attendance falls under the category of safeguarding and it is our duty of care to challenge and support attendance. If we can help in any way please contact Miss Mills or the office. Thank you.

Attendance figures for this week

Class One - 98.08%

Class Two - 100%

Class Three - 98.61%

Medical Appointments

Could we kindly remind parents, to try and book medical appointments outside of school times. We do understand that there are occasions when this is not always possible. Thank you!