

## PE and Sports Premium Funding

This funding is jointly provided by the government departments for Education, Health and Culture, Media and Sport directly to spend on improving the quality of sport and PE for children in primary schools. This funding can only be spent on sport and PE provision, but schools have the freedom to choose how they do this.

**The vision for this Primary PE and Sport Premium is:**

**ALL** pupils leaving Primary school **physically literate** and with the **knowledge, skills** and **motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport.

**The funding has been provided to ensure impact against the following objective:**

To achieve **self-sustaining improvement** in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision that will live on well beyond the Primary PE and Sport Premium funding.

**It is expected that schools will see an improvement against the following 5 key indicators:**

<b>KEY INDICATOR 1</b>	<b>The engagement of all pupils in regular physical activity.</b> The Chief Medical Officer guidelines recommend that all children and young people aged 5 – 11 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
<b>KEY INDICATOR 2</b>	<b>The profile of PE and Sport is raised across the school as a tool for whole school improvement.</b>
<b>KEY INDICATOR 3</b>	<b>Increased confidence, knowledge and skills of all staff in teaching PE and sport.</b>
<b>KEY INDICATOR 4</b>	<b>Broad experience of a range of sport and activities offered to all pupils.</b>
<b>KEY INDICATOR 5</b>	<b>Increased participation in competitive sport.</b>

**Our long-term vision for Physical Education at The Mease Federation**

At *The Mease Federation* we believe that Physical activity not only improves health, reduces stress and improves concentration, but also promotes physical growth and development. Exercise has a positive influence on academic achievement, emotional stability and interaction with others. We aim for both staff and children to be aware of its importance. We strive to provide the broad and balanced programme of physical education we believe every child should have; with activities designed to be enjoyable, vigorous, purposeful and regular. Through providing positive experiences, a lifelong interest in physical activity is encouraged. We value the importance of a varied curriculum experience. Our aim is to increase participation in physical activity outside of the two core hours offered as part of the curriculum. In order to achieve this vision, we strive to offer varied opportunities for inclusive engagement in physical activity during other subjects, at lunchtimes and after school, which are tailored to the children's interests and accessible to all.

**Evidence of key achievements to 2022:**

- ✓ Teachers planning and delivering own PE lessons through timetable reorganisation and the purchase of a new scheme **Getset4PE**
- ✓ Increased confidence, skills and knowledge of staff through team teaching alongside specialist sports coaches.
- ✓ Greater variety of alternative sports resources provided for lessons and lunchtime access.
- ✓ Wider participation in physical exercise and different sports through lunchtime clubs run by Premier sports coaches.
- ✓ Full funding provided for disadvantaged pupils (in receipt of FSM or Ever 6) to be able to attend chargeable after school and holiday sports clubs run by Premier Sports.
- ✓ New Wrap-Around breakfast and after school club established at Mary Howard providing for additional daily physical activity (Breakfast club fully funded for disadvantaged pupils.)
- ✓ New large equipment installed at Mary Howard (trim trail)
- ✓ Awareness of emotional well-being raised for both staff (new staff stress risk assessments, Well-being toolkit package with free skincare products) and pupils (daily **CONNECT** time to focus on **C**ommunication, **O**pen-mindedness, **N**urture, **N**ews, **E**mpathy, **C**almness, **T**ime)

**Sustainability and suggested next steps 2022 onwards:**

- ⇒ Teachers' evaluation of the new scheme was that it was too narrow and that an alternative is required.
- ⇒ Staff questionnaires have shown that dance is still an area in which they would like to access further training.
- ⇒ An ongoing rolling budget needs to be established to ensure sports resources remain applicable and in good condition.
- ⇒ The cost of providing a sports coach led lunchtime club every day is not sustainable and school lunchtime staff need to be trained themselves.
- ⇒ The proportion of Pupil / Sports Premium being allocated to fund these clubs is not sustainable in relation to the number of children it is benefiting and investing in staff training will reach more pupils.
- ⇒ New Wrap-Around has been successful and will continue.
- ⇒ New basketball / netball posts are needed next at Mary Howard.
- ⇒ This is a start and to further build on this the new Physical Growth Lead will work closely with the Personal Growth Lead to combine PE, Sport, Health and Relationships – with a particular focus on 'healthy eating, healthy body, healthy mind'.

**EVALUATION OF 2021 – 2022**

<b>Meeting national curriculum requirements for swimming and water safety: during 2021 – 2022 Year 5 pupils went swimming</b>	
During 2021 – 2022 Year 5 pupils went swimming	Number of pupils (%)
Number (%) of year 5 pupils who could swim competently, confidently and proficiently over a distance of at least 25 metres	4 / 6 <b>67%</b>
Number (%) of Year 5 pupils who could use a range of strokes effectively	4 / 6 <b>67%</b>
Number 9%) of Year 5 pupils who could perform safe self-rescue in different water-based situations	Not taught
<b>2022 - 2023</b>	
⇒ Year 5 and Year 6 swimming Autumn Term	
⇒ Year 3 and Year 4 swimming Spring Term	

Academic year: 2021-2022	Total fund allocated: <b>£17,680</b> £16,420 (+ £1,260 CF)			
<b>Key indicator 1: Engaging all pupils in regular physical activity</b> – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.				Percentage of total allocation: 59%
<b>School focus with clarity on intended impact on pupils:</b>	<b>Actions to achieve:</b>	<b>Funding allocated: £10,433</b>	<b>Evidence and impact:</b>	<b>Sustainability and suggested next steps:</b>
⇒ For more pupils to be directly involved in physical activity during lunchtime.	⇒ Suitably qualified and skilled activity professional deployed during lunchtimes on a daily basis. (Premier sports coach) ⇒ New and additional resources and equipment purchased.	⇒ <b>£8,915</b> (April '21 – April '22)  ⇒ <b>£1,518</b>	✓ Observations show that more pupils are engaged and directly involved in physical activity during lunchtime, being led by an adult.	⇒ The costs of this are not sustainable. ⇒ The school's own lunchtime staff will be trained 2022 – 2023.

Apparatus equipment safety check: **£90.00**

Mary Howard St. Andrew's

Academic year: 2021-2022		Total fund allocated: <b>£17,680</b> £16,420 (+ £1,260 CF)		
Key indicator 3: Building the confidence, knowledge and skills of all school staff in teaching PE and sport				Percentage of total allocation: 30%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: <b>£5,470</b>	Evidence and impact:	Sustainability and suggested next steps:
⇒ To upskill school staff and provide them with the sufficient confidence to deliver the identified units of work for future lesson delivery.	⇒ Survey staff prior to the academic year starting to identify gaps in knowledge and skills. ⇒ Sports coach deployed alongside members of staff on a weekly basis to lead one PE lesson a week (Autumn Term 2021) ⇒ New scheme purchased	⇒ <b>£4,837</b> (April '21 – Dec '21)  ⇒ <b>£633.50</b> (Rising Stars)	✓ Staff feedback evidenced that they felt they had learnt knowledge and skills to the extent that they did not require this team-teaching approach Spring Term 2022.	✓ The costs are not ongoing and the impact has been sustainable.  ⇒ New scheme does not fulfil requirements.

Academic year: 2021-2022		Total fund allocated: <b>£17,680</b> £16,420 (+ £1,260 CF)		
Key indicator 4: Offering a broader range of sports, physical activities and sporting experiences to all pupils				Percentage of total allocation:
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
⇒ Post-COVID initiative – to offer as many children as possible the opportunity to take part in extra-curricular activities (in addition to lunchtime activities)	⇒ Premier sports to offer a range of after-school sports clubs (chargeable to parents / carers / guardians) ⇒ Using sports / pupil premium, school to fully fund club places for disadvantaged pupils (after school & during holidays).	⇒ <b>£691</b> (funded through Pupil premium for 1 pupil)	⇒ The after-school sports clubs are not as popular at Mary Howard due to the availability of wrap-around.	⇒ The costs of fully funding club places using sports / pupil premium, is not sustainable in relation to the number of children benefiting.

Academic year: 2021-2022		Total fund allocated: <b>£17,680</b> £16,420 (+ £1,260 CF)		
Key indicator 2: Raising the profile of PE and sport across the school as a tool for whole school improvement.				Percentage of total allocation: 1%
School focus with clarity on intended <b>impact on pupils:</b>	Actions to achieve:	Funding allocated: <b>£200</b>	Evidence and impact:	Sustainability and suggested next steps:
⇒ To raise the profile of the importance of focusing on mental health and personal well-being for staff and pupils (particularly post-COVID).	⇒ Fully implement daily <b>CONNECT</b> time with the children, offering different opportunities to focus on <b>Communication, Open-mindedness, Nurture, News, Empathy, Calmness, Time (Link with Personal Growth champion)</b> ⇒ Introduce bible meditation during one worship time each week ( <i>link with Spiritual and Cultural Growth champion</i> ) ⇒ Purchase Staff Health and Wellbeing toolkits (the programme is based around the NHS 5 steps to mental wellbeing – Be active, connect take notice, keep learning and giving – and includes four different wellbeing workshops: <ul style="list-style-type: none"> <li>- Learning to focus on you</li> <li>- Managing workload and stress</li> <li>- Improving sleep and mood</li> <li>- Exercise and nutrition</li> </ul>	⇒ <b>£200</b>	✓ Feedback from staff and children has been very positive about daily <b>CONNECT</b> time and this will be included in all timetables again moving forward. Being after lunch enables the children to spend some calm time together, talking through any immediate issues, resolving conflicts and learning about their wider world.	⇒ <b>CONNECT</b> and bible meditation are sustainable and will continue next year. ⇒ We will continue to identify and purchase different resources / support for staff wellbeing.

Over the past three years of my coaching career I have delivered After School Clubs, Lunch Time Provisions and Curriculum PE lessons at both Mary Howard and St. Andrew's. During this time of coaching we have been able to build a high drive for participation within many sports and built up strong rapport with students! It has been a pleasure to teach in both schools with children that are enthusiastic to learn and very much grateful of our presence. As an enthusiastic female sports participator, myself it is rewarding to know that I've encouraged many other young girls to not just participate in various sports but to enjoy them also! I strongly believe that the presence of an Active Professional has great impacts on primary students to grow up living a more physically active and healthier lifestyle.

*Senior Activity Professional  
Premier Sports*

I have been attending sessions during this academic year which has been thoroughly enjoyable. Being here regularly has enabled me to form positive relationships with the children and in turn has created more children to be physically active and make sport fun and inclusive for all.

*Junior Activity Professional  
Premier Sports*

I have had the privilege of regularly attending sessions during lunchtimes, after school and during curriculum PE during this academic year. All of the children I have come to know very well and very much enjoy going to either of the schools. The relationships formed with those children are having a positive influence to be physically active and make sport and physical activity inclusive for all.

*Regional Director  
Premier Sports*

**TOTAL SPEND 2021-2022: £15,903.50** (£1,777 CF)

PLANNING FOR 2022 – 2023 (The PE Lead is maintaining a more detailed action plan which is available to view in school)

Academic year: 2022-2023		Total fund allocated: <b>£18,197</b> £16,420 (+ £1,777 CF)		
Key indicator 1: Engaging all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.				Percentage of total allocation: 29%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated: <b>£5,350</b>	Evidence and impact:	Sustainability and suggested next steps:
⇒ To further improve and encourage participation in physical activity and challenge during break and lunch times.	⇒ Purchase new equipment ⇒ Plan an agenda for 'challenge' for pupils at break / lunch times and discuss with pupils. ⇒ PE Lead and staff to engage with the in-school <b>Lunchtime Development Package</b> : Looking at best practice in improving lunchtimes to increase physical activity levels, improve behaviour and develop leadership skills (Includes: 1:1 initial audit and development of action plan in school, 1 day training in school based on needs, 1-day follow-up training and impact evaluation, playground resource pack and training materials, access to relevant learning courses)	⇒ <b>£4,000</b>  ⇒ <b>£1,250</b>  + approx. <b>£100</b> supply for leadership time cover		

Mary Howard St. Andrew's

Academic year: 2022-2023	Total fund allocated: <b>£18,197</b> £16,420 (+ £1,777 CF)
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Key indicator 2: Raising the profile of PE and sport across the school as a tool for whole school improvement.				Percentage of total allocation: 10%
School focus with clarity on intended <b>impact on pupils</b> :	Actions to achieve:	Funding allocated: <b>£2,000</b>	Evidence and impact:	Sustainability and suggested next steps:
<p>⇒ To raise the profile of physical education, showcasing the benefits of health and well-being for pupils – and staff.</p> <ul style="list-style-type: none"> <li>- Government obesity strategy (2016)</li> <li>- National curriculum health guidelines</li> <li>- Staffordshire school health profile</li> </ul> <p>*Physical Growth Lead and Personal Growth Lead to work together on this school focus area*</p>	<ul style="list-style-type: none"> <li>⇒ Pupils to participate in health and wellbeing enrichment days (incorporating healthy eating)</li> <li>⇒ Parent workshop</li> <li>⇒ All staff to participate in a Forest School Survival school enrichment CPD</li> <li>⇒ PE Lead to create and maintain a PE / sports board (displaying up to date key messages and sources of encouragement around PE, health and well-being for pupils)</li> <li>⇒ Establish pupil Sports Ambassadors, play-ground leaders</li> <li>⇒ Incorporate 'mindfulness time' into <b>CONNECT</b></li> <li>⇒ Introduce PE / Sporting awards</li> </ul>	<ul style="list-style-type: none"> <li>⇒ <i>Fitness and pupil health</i> <b>£500</b></li> <li>⇒ <i>Positive mental mind-set</i> <b>£500</b></li> <li>⇒ <i>Wellbeing and wellness</i> <b>£500</b></li> <li>⇒ <b>£500</b></li> </ul>		



Academic year: 2022-2023		Total fund allocated: <b>£18,197</b> £16,420 (+ £1,777 CF)		
Key indicator 3: Building the confidence, knowledge and skills of all school staff in teaching PE and sport				Percentage of total allocation: 50%
School focus with clarity on intended <b>impact on pupils</b> :	Actions to achieve:	Funding allocated: <b>£9,155</b>	Evidence and impact:	Sustainability and suggested next steps:
⇒ Improving the quality of PE: - Leadership - Curriculum - Delivery	⇒ Initial staff questionnaires. ⇒ PE Lead to complete the <b>in-depth package of support</b> (3 x 1:1 support-sessions, termly network meetings, PE Conference, CPD) ⇒ PE Lead to complete the <b>Level 5 qualification in Physical Education Specialism</b> (4 days) ⇒ All staff to take part in an in-school embedded subject specific training package for gymnastics / dance / games ⇒ Purchase and use new PE scheme <b>Getset4PE</b> ⇒ Purchase AIR resource (cards to support teacher knowledge) ⇒ Introduce and use new assessment processes. ⇒ Complete audit of resources. ⇒ Evaluate effectiveness	⇒ <b>£3,950</b>  ⇒ <b>£995</b>  ⇒ <b>£1,600</b>  ⇒ <b>£660</b>  ⇒ <b>£150</b>  + approx. <b>£1,800</b> supply for leadership time cover		

Academic year: 2022-2023		Total fund allocated: <b>£18,197</b> £16,420 (+ £1,777 CF)		
Key indicator 4: Offering a broader range of sports, physical activities and sporting experiences to all pupils				Percentage of total allocation: 7%
School focus with clarity on intended <b>impact on pupils:</b>	Actions to achieve:	Funding allocated: <b>£1,225</b>	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> <li>⇒ Further develop our provision of the swimming curriculum to ensure an increase in pupils achieving the end of KS2 expectations.</li> <li>⇒ Establish physical participation through other areas of the curriculum and before / during / after school.</li> </ul>	<ul style="list-style-type: none"> <li>⇒ Y5 and Y6 swimming Autumn 2022</li> <li>⇒ Y3 and Y4 swimming Spring 2023</li> <li>⇒ Monitor and analyse pupil participation in current clubs and consider alternative opportunities.</li> <li>⇒ Listen to pupil voice</li> <li>⇒ Establish active learning opportunities in other areas / subjects of the curriculum (model to staff)</li> <li>⇒ Establish different 'active zones' outside at lunchtime.</li> </ul>	<ul style="list-style-type: none"> <li>⇒ <b>£500</b> From Curriculum budget</li> <li>⇒ <b>£725</b> From Sports funding (for additional lessons)</li> </ul>		

