

Art – looking closely

Resources you will need:

- Pencil or black pen -no colours
- paper
- an object to draw (maybe a plant, flower, trainer or shoe, pencil sharpener, mug, anything!)

Warm Up

Once you have your chosen object, take a little time to look at it - notice the shapes you can see and the different textures.

Draw your object only by looking at it and not the paper and pencil. Keep your **eyes on the object the whole time**. As your eyes move around the object try to move your pencil in the same directions.

Main Activity

You are going to make another picture of this object that will help you improve your hand eye coordination, so this time you must look back and forth between the object and your paper.

You are going to complete a continuous line drawing. This means when you draw, your pen or pencil will stay touching the paper until you have finished your drawing. Try to represent the textures of your object, think about the marks you might use for this but remember, don't take your pencil off the page-It's trickier than it sounds!

Watch the Access Art video that explains the technique. This includes 5 minutes of music for you to time yourself as you draw.

<https://www.accessart.org.uk/continuous-line-drawing-exercise/>

To end

If you want to practice your hand eye coordination why not try using a continuous line to draw the room you are sat in now or someone in your home.