**Full Kidsafe programme Two**

**Year 2, 3 & 4**

**Session One**

Re-cap the first Kidsafe programme

**Session Two**

Death of a pet, bereavement; difference

**Session Three**

Bullying and how it makes us feel

**Session Four**

Trust; not having a trusted grown-up; being bullied online

**Session Five**

Emotional impact and harm resulting from exposure to violent films and games; defining peer pressure

**Session Six**

Choices; what constitutes cyber bullying

**Session Seven**

Peer pressure, why it is hard to say no to friends

**Session Eight**

Anger, what it is and how to deal with it in a positive way

**Session Nine**

Recognising and controlling angry feelings, defining mental health and emotional wellbeing

**Session Ten**

Parent and carers arguing; how it makes children feel; children’s evaluation of the programme

**Session Eleven**

Re-cap; not keeping yukky feelings secret; full FP2 evaluation with the children