



Maryport Church of England Primary School

PSHE Policy

Rationale:

At Maryport C of E Primary School, PSHE is at the heart of our curriculum. We believe that it helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives, in order to become informed, active and responsible citizens. The work we do in PSHE links directly to the SCARF approach (safety, caring, achievement, resilience, friendship). PSHE also flows through all other curriculum areas to support our children on their journey to Learn, Achieve and Shine.

SCARF is centred on a valued based and a growth mindset approach. SCARF'S online resources support Maryport C of E Primary School by promoting positive behaviour, mental health, wellbeing, resilience, achievement and helping to create a safe learning environment for all children whilst ensuring all statutory content is covered.

Aims:

Through our PSHE curriculum, we aim for our pupils to:

- develop spiritually, morally, socially and culturally;
- develop self-confidence and self-responsibility;
- value themselves and others;
- acknowledge and appreciate difference and diversity;
- be independent, responsible and active members of the school and the local community;
- learn to make informed choices;
- be prepared to be positive and active members of a democratic society;
- understand what constitutes a safe and healthy lifestyle;
- develop the ability to form good relationships;
- understand and manage their emotions;
- have opportunities to consider issues which may affect their own lives and/or the lives of others.

Teaching and Learning:

PSHE at Maryport C of E primary school will mainly follow SCARF Guidance (see Appendix for full content) along with the use of Kidsafe and Love Rocks resources. We will also use further guidance and resources to support aspects of anti-bullying in each year group, as well as Stonewall resources which will be used in KS2 to discuss/accept diversity. In addition, Freddie Fit and the Phunky Food Project resources will be used for promoting healthy lifestyles.

Other supporting materials will be made available to staff, as and when it is appropriate.



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PSHE will be delivered as an integral part of school life and in a number of ways:

- we will promote respect for ourselves, others and school property through a consistent school behaviour policy;
- tackle inappropriate behaviour in a fair and systematic way;
- pupils' achievements will be praised and rewarded in Celebration Assembly weekly;
- Circle Time activities will be used to encourage: the participation of individuals as part of a large group; respect for everyone's views; the development of speaking and listening skills and the sharing of ideas with a whole group;
- opportunities will be given to respond to significant issues which may arise within the class, school, locality, UK or globally, where this is deemed appropriate by the class teacher making use of 'Picture News' and other resources
- all subject areas have a role to play e.g. Science, Citizenship, History and R.E.
- through special activities and events, for example theatre workshops tackling specific issues, such as bullying and residential trips where pupils have the opportunity to work together in a different context;
- the School Council gives an opportunity for pupils to contribute and discuss their ideas and viewpoints concerning whole school issues.
- visitors can share knowledge and experience with pupils so they can extend their perspective and viewpoint on issues. Visitors will be made aware of our school approach and resources they will use will be vetted prior to being shown to the children.

SCARF is a flexible resource, meaning that teachers can use professional judgements based on the needs of their class or individual children.

Assessment:

Informal assessment is carried out according to guidance from SCARF. Evidence will be gathered in class scrapbooks through children's voice, examples of works, planning, photos and lesson notes. The PSHE coordinators will collect Scrapbooks in every half term to monitor coverage and progression across the school. Where possible, self-assessment by the pupils is also used. Opportunities arise during Circle Times, class discussions, School Council meetings and in dealing with day to day issues to move pupils; learning or development on.

Equal Opportunities and Inclusion:

PSHE can make a significant contribution to Inclusion, particularly in its focus on promoting respect for all. All pupils at Maryport C of E Primary School will have the opportunity to access the PSHE curriculum, irrespective of social background, culture, race, religion, gender or ability. Where appropriate, activities will be differentiated to facilitate this.



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Please read this in conjunction with:

- Safeguarding and Child Protection Policy;
- RSE Policy;
- SCARF overview and documentation;
- SEAL Anti-Bullying Units (Reception – Y6)