## Mayfield School



# Life After School

This booklet gives information about providers of Post 19 education and care.

They are a collection of organisations that Mayfield students have transitioned to upon leaving school over the last few years.

Information is presented alphabetically.

To discuss transition further please contact:

Trevor Milton, 6<sup>th</sup> Form Teacher, Mayfield School <u>trevor.milton@mayfield.cumbria.sch.uk</u>

Stephen Chambers, Assistant Head, Mayfield School <a href="mailto:stephen.chambers@mayfield.cumbria.sch.uk">stephen.chambers@mayfield.cumbria.sch.uk</a>

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## Adult Social Care - Allerdale

We work with adults (aged 18 and over) living in Cumbria and can assess for a wide range of social care and support services which enable people to be as independent as possible including: home care, day services, meals, residential and nursing homes.

We work with adults (aged 18 and over) and their carers living in Cumbria. We can assess for and arrange social care and support services to help them to:

- Be as independent as possible
- Have choice and control over their lives
- Lead healthier, safer, active and fulfilling lives
- Have the same opportunities as everyone else
- Play a full role in their communities

Locality Teams
0300 303 3589
<u>workingtonssd@cumbria.gov.uk</u>
http://www.cumbria.gov.uk/healthandsocialcare/default.asp

## Adult Social Care - Copeland

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Name	Locality Teams
Position	
Telephone	0300 303 3589
Email	<u>whitehavenssd@cumbria.gov.uk</u>
Website	<u>http://www.cumbria.gov.uk/healthandsocialcare/default.asp</u>

## Allerdale Day Opportunities

The centre of Cumbria Care's community based day services for people in Allerdale with learning disabilities. Provides work placement, training activities and care in Workington, Cockermouth and Maryport.

The Day Centre is located close to town centre. Wheelchair accessible. DDA compliant changing facilities

Name	Annette Atkinson
Position	Locality Manager
Telephone	01900 233144
	07826 858257
Email	<u>annette.atkinson@cumbria.gov.uk</u>

## **Beaumont College**



Beaumont College is an Independent Specialist Post 16 Further Education Provider College based in Lancaster. Funding for placements is provided by the Education Funding Agency (EFA) and the Local Authority

Beaumont College offers individualised learning programmes for residential and day students in Lancaster. We also offer places to learn in Barrow, Blackpool and Carlisle extending Beaumont's friendly and supportive environment to enable students to achieve their full potential nearer to home.

Our multi-disciplinary approach to learning makes a difference to the lives of our students. We aim to enable young adults to take responsibility for their own lives, in whichever form this takes. We encourage students to participate in exciting activities they've always wanted to try, realising their dreams in the safest way possible.

The College is able to provide for a diverse range of learners who require additional support, we cater for learners with multiple learning and/or physical disability including Autistic Spectrum Condition (ASC), Profound & Multiple LD, Sensory Impairments, Severe Learning Disability, Complex Health Needs, Epilepsy, Cerebral Palsy and associated difficulties, Genetic and chromosomal disorders, Communication difficulties including high and low tech AAC.

Contact Name:	Admissions & Funding Team
Contact Position:	Admissions Officer
Telephone:	01524 541400
E-mail:	admissions@beaumontcollege.org
Website:	Beaumont College

## Carlisle College



Students with a learning or other disability will, following an assessment of their needs, be supported on their programmes in a number of different ways.

## Transitions

Moving on after Secondary School or Alternative Curriculum Provision can be a daunting and confusing time for young people. Carlisle College have a dedicated Learning Support transition team who will help in any way they can to ensure a smooth transition from School/Alternative Provision to College. Assistance can include:

- Meeting students in School/Provision to talk about College
- Arranging individual College tours
- Arranging tasters in their area of choice at College
- Ensuring the right support is in place to facilitate learning
- Attending Year 9-11 reviews for students with Education, Health and Care Plans (EHCP's)

## Staff Expertise

- The Learning Support Team are skilled in teaching and supporting students with disabilities and have a range of expertise and interests in the field.
- In addition, when necessary, communicators/interpreters are provided by the College to support deaf or partially deaf students.

Contact Name:	Learning Support Team
Contact Position:	
Telephone:	01228 822830
E-mail:	info@carlisle.ac.uk
Website:	<u>www.carlisle.ac.uk</u>

## Chrysalis Community Activities - Outreach Chrysalis

Chrysalis is a local organisation that works with passion and integrity, for over 30 years supporting adults with disabilities (specialising in learning disability) to live active, exciting and independent lives. Based in North Cumbria, we can deliver group, individual and intensive support.

In partnership, we develop an individual support plan which promotes independence and enables you to access a range of activities, community resources, training and employment opportunities.

We offer a range of community activities engagement and independent living skills - access to independent travel skills, community education classes, fell walking, swimming, sailing etc are some of the activities available.

We also support individuals to access a wide range of community activities in towns and villages across North Cumbria through our outreach provision.

Activities and timings are flexible provided throughout daytime/evening and weekends.

Name	Claire Doherty
Position	Chief Executive Officer
Telephone	016973 44751
Email	<u>info@chrysalis-cumbria.co.uk</u>
Website	http://www.chrysalis-cumbria.co.uk

## Cumbria Learning and Skills High Needs Study Programme

This programme is a partnership approach between Post 16 Education and Adult Social Care, managed and delivered by Community Learning and Skills (Cumbria County Council).

Community Learning and Skills works alongside day service providers to deliver an educational programme that is supported and reinforced by the day service provision - the educational element provides 16 hours per week.

The tailored partnership of education, care and support around each learner can lead to a wide range of positive outcomes - families usually report on increased confidence and independence at home. Learners' achieve meaningful qualifications which support employability, communication and independent living skills. Some learners' choose specific subjects such as maths and English or to support a vocational interest such as upholstery or food hygiene.

Learners' benefit from supported work placements, volunteer opportunities, community inclusion and enrichment activities.

Successful progression from the programme has included accessing mainstream Further Education, moving into employment, volunteering and supported living. Other real life advantages have included positive behavioural changes, some learners have moved away from the need for formal paid support, learners' creating independent social networks and mastering the skills to travel and work more independently within their local community.

Who to Contact		
Name	Jo-Anne Hendren	
Position		
Telephone	07825 340478	
Email	<u>joanne.hendren@cumbria.gov.uk</u>	

## **Dilston College**



Cambian Dilston College provides further education for learners with moderate to severe learning disabilities including autism, complex medical needs, developmental disorders, behavioural/emotional difficulties and communication difficulties. Cambian Dilston College offers a wide range of specialist interventions, tailored approaches and proactive options for learning including providing a total communication environment. We also offer short breaks and outreach placements.

Specialist further education college for young people with learning difficulties/disabilities, autism and complex needs

Name	Lee McDonough
Position	
Telephone	01434 632692
Email	lee.mcdonough@cambiangroup.com

## Hensingham Day Services

Our service is community based for people with learning and physical disabilities run by Cumbria County Council.

Hensingham Day Service incorporates a multi-agency approach in the delivery of services with the aim of meeting service user needs/wishes and promoting individuals independence by engagement through Personal Care Plan's

Our day service includes the main centre at Hensingham, linked to a base at Richmond Annex in Whitehaven town centre and Grassroots Horticultural Nursery which is adjacent to the main building.

Name	Lee Barker, Neil Bruce, Karen Allison
Position	Supervisors
Telephone	01946 852577
Email	<u>lee.barker@cumbria.gov.uk</u>
	karen.allison@cumbria.gov.uk

## Inspira - Careers Information and Advice

Inspira provides careers information advice and guidance for young people with an EHCP from year 9 upwards. We work closely with schools and colleges to support transition planning, the help we provide is bespoke and tailored to meet individual needs and we welcome the involvement of parents. An Inspira Adviser would meet with the young person in school in advance of their EHCP review, in meetings, our role is to advocate on behalf of the young person and family. Inspira works with a range of providers and agencies to ensure that we can support young people and their parents/carers to prepare for adulthood.

If you would like to find out more about the support and options available to you or your son/daughter or of you would like to speak to an adviser, please contact us either by <u>https://www.inspira.org.uk/contact</u>

Who to Contact	
Name	
Position	
Telephone	FREEPHONE 0345 568 8647 or contact your local Inspira Office: South 01229 824052 North 01228 596272 West 01900 604674
Website	<u>https://www.inspira.org.uk/Pages/Site/inspira-</u> <u>microsite/Category/what-we-do</u>

## Lakes College – West Cumbria

Further and Higher Education and leisure courses in a wide variety of subjects. Basic skill and learn direct centre ext 1158 for enquiries.

Name	Additional Learning Support Manager
Position	
Telephone	01946 839302
Email	<u>info@lcwc.ac.uk</u>
Website	<u>http://www.lcwc.ac.uk/</u>

**Prism Arts** 



Prism Arts run's weekly arts workshops for young people with learning disabilities. We take a multi art form approach; this means that participants will learn a range of new skills including film making, movement, drama, printing and music. During the year the group will work towards an exhibition or performance.

Name	Prism Arts
Position	
Telephone	01228 587691
Email	<u>office@prismarts.org.uk</u>
Website	<u>http://www.prismarts.org.uk</u>

## South Workington Youth Partnership

South Workington Youth Partnership is a youth, disability and community charity. We work with children, young people, children and people with disabilities and the local communities to provide activities, support and learning to enable them to improve their own lives and develop the local community.

We are available to give help and support to anyone in the community who have a genuine need.

We would love to hear from you, to help you find out more about the campus, the activities or to arrange a visit. Please contact us by phone or email.

Name	
Address	Needham Drive, Workington, Cumbria, CA14 3SE
Telephone	01900 871789
Email	<u>moorclosecommunitycentre@gmail.com</u>
Website	https://moorclosecommunitycentre.co.uk/

## West Cumbria Carers



Provides long term support to unpaid carers throughout the areas of Allerdale and Copeland from the age of 5. Support is given through carers assessments, support groups, regular newsletters, trips and events.

Sue Whitehead
01900 821976
<u>general@westcumbriacarers.co.uk</u>
http://www.westcumbriacarers.co.uk

Provides a range of supported accommodation in West Cumbria for children, young people and adults with learning/physical disabilities. Also provides domiciliary care and day services, and training through Café West, Grow West and the Pottery. Run by West House.

Name	Mr James Cox
Position	
Telephone	01900 68137
Email	jamesc@westhouse.org.uk
Website	http://www.westhouse.org.uk

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