



## Mayfield School MOVE Policy

MOVE: Movement Opportunities Via Education



### Policy Statement:

The MOVE programme is used at Mayfield School in order to progress students with complex physical disabilities, in the functional skills of sitting, standing, walking and transferring. The MOVE programme is offered to all students with physical disabilities and is incorporated into their daily routines.

“Movement is the foundation of learning” Linda Bidabe.

### Aims of the MOVE Programme:

The aim of the MOVE programme at Mayfield School is to work with the young people and their families to acquire, maintain or regain new skills enabling them to become as independent as possible within school, home and in the community, providing opportunities for integration, inclusion and independence.

### Six steps of MOVE:

1. **Assessment:** A top down approach to assess the student’s highest level of achievement will be used.
2. **Goal setting:** The student and their families will meet with the MOVE Team to set goals which are motivational and functional. Eg Miles *will* walk from class to the hatch *so he can* collect his lunch.
3. **Task analysis:** The goals will be broken down into small targets which are required to complete an activity.
4. **Measuring prompts:** The current level and type of support needed to achieve their target.
5. **Reduce the prompts:** Students will be given a personalised prompt reduction plan.
6. **Teaching the skills:** The students will be part of a weekly MOVE group where new skills will be introduced. MOVE will be embedded into their everyday school life at every opportunity.

### Health and Safety:

All staff working with MOVE students will have moving and handling training and feel confident and competent.

All students will have an up to date moving and handling plan which staff will be aware of.

New skills will be taught in a safe and controlled manner with a qualified MOVE practitioner present.

Any faults or adjustments must be reported to a member of the MOVE team via e mail or a fault sheet clearly displayed in the MOVE office.

## **Collaborative working:**

At Mayfield School MOVE is based on teaming the expertise of education and therapy with the family's knowledge of the student.

Everyone who comes into contact with the individual student within school eg teachers, teaching assistants, School nurse, physiotherapist, occupational therapist, social workers etc will form a central team and will be involved in supporting the MOVE programme.

## **MOVE Opportunities:**

MOVE at Mayfield School is totally cross-curricular in its approach. It enhances the opportunity for pupils with physical disabilities to access the curriculum in a meaningful way.

Each pupil will have individual targets based on their personal goals. These targets will be practised at every opportunity throughout the school day. and be embedded into their daily routine.

This will begin on arrival at school, during lessons and activities, social and personal care times and at home time.

The pupils will also be given opportunities to be taught new skills during a controlled MOVE group session once a week.

All staff working with MOVE pupils are responsible for ensuring that all appropriate opportunities to use their skills are utilised.

## **Professional Development:**

Currently Mayfield School has 5 MOVE trainers who are qualified to deliver Practitioner/Senior Practitioner training within school.

Training will be offered annually to staff expressing an interest in the MOVE programme, with a view to become a Senior Practitioner.

Awareness sessions will be delivered to staff within school.

## **Roles and responsibilities of the MOVE co-ordinators:**

MOVE co-ordinators will attend regular CPD courses to ensure their knowledge and skills of the MOVE programme are up to date.

MOVE co-ordinators will:

- Ensure assessments, monitoring and reports are up to date.
- Liaise with MOVE to ensure the smooth running of the programme.
- Discuss any issues with individual / class groups concerning MOVE
- Assist with target setting
- Organise MOVE events
- Liaise with visitors to the school who are interested in learning about MOVE
- Ensure we have the required equipment and it is maintained correctly.
- Plan and monitor weekly MOVE group session.
- Liaise with other professionals e.g physio, school nurse, orthotics

