



Lateral Flow Testing Information for Parents and Carers

In addition to the information booklet contained within the Covid-19 Self-Test Kit we would like to share the following with you for clarity.

General Information

- Testing does not replace the need for following the government guidance of: Hands, Face, Space.
- All testing is voluntary. If your child decides that they want to stop testing that is ok.
- Tests provided by school are intended for secondary age students, we are provided the number of kits that match our school numbers.
- Tests should be completed at home twice a week with 3 or 4 days between testing.
- We recommend that you take a test on Monday and Friday mornings like we do in school.
- Each kit contains 7 tests to cover the period over the Easter break.

Using the Covid-19 Self-Test Kit

- A simple instructional video on administering the test is available on YouTube <https://www.youtube.com/watch?v=Q6rdYgA-2IA&list=PLvaBZskxS7tzQYIVg7lwH5uxAD9UrSzGJ&index=2> as well as a guide in each kit.
- Avoid eating or drinking for 30 minutes prior to taking the test as it may affect the result.
- Read and follow the instructions carefully before you start the test
- Swabbing can be done as throat and nose or if this is not possible a double nose swab is also effective and may be easier to do.
- Results will be ready in 30 minutes. **You must wait for 30 minutes even if you think you have a result before that.** Try not to wait much longer than 30 minutes to read the test as it may affect the end result.





Results of the Test

- The results appear as lines (Page 14 of the information booklet in your test kit) and is as follows:
 - **One line** next to **C** means that the test has worked and the result is negative.
 - **Two lines**; one next to **C** and another next to **T** means that the test has worked and the result is positive. These lines may be faint but it is still a positive result.
 - **No lines or one line** next to **T** means the test has not worked and is invalid/void. Read the information or watch the video again and try a new test.

What to Do Next...

- **A positive result** (two lines) means your child and your household must now **self-isolate** and follow the Government Guidance: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>
- **Positive results** must be reported immediately to school and senior leaders will take any necessary action.
- **All** home test kit results must be reported to NHS track and trace online at www.gov.uk/report-covid19-result. You will need the QR or the ID number from the test strip you have used.

If you have any problems please let us know and we will help if we can.

