

12<sup>th</sup> November 2019

CLM09/JH

Dear Parent/Guardian

I am writing to inform you that in year 11's CPR (Citizenship, PSHE and RE) lessons, they will be studying Sex and Relationships education. For most classes this will begin in the Spring term, however some classes may start this earlier, in which case parents will be informed by text.

During the unit, students will cover topics including (but not limited to):

- How to identify healthy and unhealthy relationships
- Some laws regarding relationships, such as that some types of behaviour (e.g. violence and coercive behaviour) are criminal
- What sexual harassment and sexual violence are and why these are unacceptable
- How sexually explicit materials can cause damage to the way people see themselves and how they behave
- The laws surrounding 'sexting'
- How to recognise consent and identify whether consent has been given in a range of circumstances
- Female Genital Mutilation (FGM)
- Honour-based violence
- What behaviours are acceptable in relationships and the respect with which they should treat others and expect to be treated
- That they have the choice to delay sex or enjoy intimate relationships without sex
- Contraception

Lessons have been developed to comply with the latest guidance from the Department for Education, and will be taught in line with Mayfield's SRE policy, which can be viewed on our website.

If you have any questions or concerns about the content of the lessons or the SRE policy, please email me on [colmer-rachael@mayfield.portsmouth.sch.uk](mailto:colmer-rachael@mayfield.portsmouth.sch.uk)

Yours sincerely



**Miss R Colmer**  
Curriculum Leader of PSHE