

12th November 2019

CLM10/JH

Dear Parents/Guardian

I am writing to inform you that in year 9's CPR (Citizenship, PSHE and RE) lessons, they will be studying Sex and Relationships education. For most classes this will begin in the Spring term, however some classes may start this earlier, in which case parents will be informed by text.

During the unit, students will cover topics including (but not limited to):

- How to identify healthy and unhealthy relationships
- Long term relationships and the choice of marriage
- Preparing for a sexual relationship and consent
- Contraception
- STIs
- Pregnancy and choices surrounding this
- Raising children
- Arranged marriage

Lessons have been developed to comply with the latest guidance from the Department for Education, and will be taught in line with Mayfield's SRE policy, which can be viewed on our website.

If you have any questions or concerns about the content of the lessons or the SRE policy, please email me on colmer-rachael@mayfield.portsmouth.sch.uk

Yours sincerely



Miss R Colmer
Curriculum Leader of PSHE