

30th November 2020

COL11/JH

www.mayfield.portsmouth.sch.uk

Dear Parents/Carers

I am writing to inform you that in year 9's CPR (Citizenship, Philosophy and RE) lessons, they will be studying Sex and Relationships education. Students will begin studying this towards the end of the Autumn term and continue this education throughout the Spring term.

During the unit, students will cover topics including (but not limited to):

- How to identify healthy and unhealthy relationships
- The difference between relationships in the online and physical worlds
- Long term relationships and the choice of marriage
- Preparing for a sexual relationship and consent
- Contraception
- STIs
- Pregnancy and choices surrounding this
- Raising children
- Arranged marriage

Lessons have been developed to comply with the latest guidance from the Department for Education, and will be taught in line with Mayfield's SRE policy, which can be viewed on our website.

If you have any questions or concerns about the content of the lessons or the SRE policy, please email me on colmer-rachael@mayfield.portsmouth.sch.uk

Kind regards



Miss R Colmer
Subject Leader of PSHE

