

30th November 2020

COL12/JH

Dear Parents/Carers

I am writing to inform you that in year 10's CPR (Citizenship, Philosophy and RE) lessons, they will be studying Sex and Relationships education. Students did begin to learn about this last year, however due to the Covid-19 closures were not able to complete this learning. Students will begin studying this towards the end of the Autumn term.

During the unit, students will cover topics including (but not limited to):

- How to identify healthy and unhealthy relationships
- The difference between relationships in the online and physical worlds
- Long term relationships and the choice of marriage
- Preparing for a sexual relationship and consent
- Contraception
- STIs
- Pregnancy and choices surrounding this
- Raising children
- Arranged marriage

The specific topics covered will vary by class as a result of classes being at different stages of the unit when the school closures took place. However, by the end of this unit, all of the above topics will have been covered for each class either in year 10, or in the last academic year.

Lessons have been developed to comply with the latest guidance from the Department for Education and will be taught in line with Mayfield's SRE policy, which can be viewed on our website.

If you have any questions or concerns about the content of the lessons or the SRE policy, please email me on colmer-rachael@mayfield.portsmouth.sch.uk

Kind regards



Miss R Colmer

Subject Leader of PSHE

Headteacher Mr. David Jeapes

