

30<sup>th</sup> November 2020

COL14/JH

Dear Parents/Carers

I am writing to inform you that in year 7's PSHE lessons, they will be studying Sex and Relationships education. We are aware that many schools did not get the opportunity to deliver the year 6 learning on this topic, so we will be teaching both the year 6 content and our year 7 lessons to ensure that students receive this important education. For most classes this will begin in the Spring term, however some classes may start at the end of the Autumn term.

During the unit, students will cover topics including (but not limited to):

- Different types of relationships
- Respectful relationships
- How to identify when someone might be trying to gain power and control and what to do about this
- Resisting peer pressure
- Responsible use of technology for communicating online
- What having a boyfriend/girlfriend/significant other might mean and why it is important that these relationships are built on respect

Lessons have been developed to comply with the latest guidance from the Department for Education and will be taught in line with Mayfield's SRE policy, which can be viewed on our website.

If you have any questions or concerns about the content of the lessons or the SRE policy, please email me on [colmer-rachael@mayfield.portsmouth.sch.uk](mailto:colmer-rachael@mayfield.portsmouth.sch.uk)

Kind regards



**Miss R Colmer**

Subject Leader of PSHE

