

30th November 2020

COL15/JH

Dear Parents/Carers

I am writing to inform you that in year 8's PSHE lessons, they will be studying Relationships and Staying Safe, a topic linked to Sex and Relationships education. For most classes this will begin in the Spring term, however some classes may start at the end of the Autumn term.

During the unit, students will cover topics including (but not limited to):

- The differences between online and real-life relationships and how to identify whether these are positive relationships
- How to determine whether other children, adults and sources of information are trustworthy
- Image sharing and the law, including the law regarding 'sexting'
- Peer pressure and bullying, including cyberbullying
- Building respectful relationships and identifying relationships which may be unsafe

Lessons have been developed to comply with the latest guidance from the Department for Education and will be taught in line with Mayfield's SRE policy, which can be viewed on our website.

If you have any questions or concerns about the content of the lessons or the SRE policy, please email me on colmer-rachael@mayfield.portsmouth.sch.uk

Kind regards



Miss R Colmer

Subject Leader of PSHE

