# **Britain Health and the People - Unit 1 knowledge organiser**

How to use this resource:

The first knowledge organiser is filled in. It contains the key information for unit 1 of the Britain Health and the People (medicine) topic. You could use this to make revision cards, or to do a look, cover, write, check activity to learn the information.

The second knowledge organiser has prompt questions. Without looking at the filled in one, complete as much as you can. This will help you to identify which are your stronger and weaker knowledge areas and help you to focus your revision.

The final knowledge organiser has even less help - again, fill in what you can remember for each of the boxes and then check it against the filled in version.

This is intended to be completed over multiple sessions as spaced revision, not all in one go.

## Unit 1—Middle Ages. Overview answers

Ideas about causes of illness	Christian ideas about treating illness	Hospitals
Natural/logical	<u>Monasteries</u>	160 set up in the 12th and 13th century. Rarely employed
<ul> <li>They thought that illnesses were caused by bad smells</li> </ul>	Ran by the church, monks lived in them. Often attached to	physicians or surgeons.
(miasma), childbirth, Four Humours, famine, warfare	hospitals. Travellers could stay there. Took care of the sick before proper hospitals. Focused on care not cure,	Some refused to take in very sick or women.
Supernatural	Curing illness	Not a place to die, but a place to recover and leave.
Believed that witchcraft was a cause for illness	Believed that illness came from sinning and was sent by God.	When you arrived, visited the chapel, taken for a bath, clothes taken by nuns and boiled and baked in the oven—clean sheets
Believed that illnesses were sent by God as a punishment	Followed Galen and idea of Four Humours	over night. Main treatment—prayer.
Influence of the ideas of Hippocrates and Galen	Public health	Surgery
People in the middle ages still believed in the theory of the Four Humours and theory of opposites.	governments often had to charge these for fighting wars. This	Most surgery happened as a result of <b>warfare</b> . Field surgeons could practice and develop new theories. Lack of anaesthetics
Hippocrates had developed the idea of the four humours—the	made it hard to enforce laws that towns introduced. Some measures introduced to try to improve public health but they	<b>and antiseptics</b> meant that surgery only happened as a last resort.
body was made up of four liquids/'humours' and when they were out of balance, you would become ill.	were largely ineffective	Surgery was basic and surgery that wasn't war-related was
Galen developed this into the Theory of Opposites. Also drew	Open sewers—These often overflowed. Bacteria from waste in	carried out by <b>barber surgeons</b> who trained as apprentices but
physiological system, which was very incorrect (e.g. said there	contact with people and clothes, so disease spread. Town	also offered basic surgeries and treatments. Focused on blood letting and minor surgeries.
were 5 types of blood). The church supported Galen's idea so	<b>populations grew</b> , meaning disease spread as people didn't know about the link between germs and disease. <b>Trade increased</b> so	ierring and minor surgeries.
nobody was allowed to challenge him.	disease spread between towns. People lived close to animals.	
People that treated the sick	Islamic medicine	Black Death
Physicians: University trained for 7 years through lectures and	Islamic towns and cities often had several hospitals, which	<b>Pneumonic</b> : Symptoms—Coughing and fever. Spread by: Contagious
discussing ancient texts. Universities were run by churches. Focused on balancing the Four Humours.	were used to train doctors. They also based ideas on Hippocrates and Galen (Four Humours) and the Hippocratic idea	through contact with ill person. Dirty towns with people living close together
	of clinical observation	Bubonic: Symptoms -Buboes in armpit and groin. Spread by: Fleas on
Wise women/men: Knowledge through tradition and word of		rats spread the illness. Lots of rats due to dirty cities
mouth—used herbal remedies and supernatural cures	Rhazes An Arab doctor who <b>set up a new hospital in Baghdad</b> . Ran the hospital and wrote about 200 medical books—Translations and notes on Greek books and books about his own medical	Both also caused by increase in trade—spread between towns. Crowded towns and ports. People had poor diets and immune systems
		People thought it was caused by supernatural things such as the <b>posi</b> -
		tion of the stars, Jews poisoning wells, God punishing sins, miasma
Diagnosing illness:	discoveries. Most famous was on smallpox and measles—he was	Cures and preventions: <b>Individuals:</b> Flagellants, popping buboes, pray- ing, avoiding sin, attacking Jews (more in Europe than Britain), fleeing
	the first to observe and describe the difference.	to countryside.
Illness was diagnosed through observation of patients' symptoms.		Government: Local councils quarantined infected areas, King
Particular focus on pulse and urine.	Avicennia	Edward III ordered daily church and prayers—people asked for for- giveness from God. King Edward tried to have London streets cleaned
		to remove smell
Curing illness:		Short term     Medium term     Long term
Focused on balancing the Four Humours—blood letting, vomiting, diarrhoea		1/3 of Europe's population died. Towns and citiesLiving conditions and wages for peasantsPeople resented the Catholic Church as their cures hadn't worked and
Astrology used to decide the best time to treat a patient.		shortages due to lack of some priests had fled
Combined treatment and supernatural. Lots of focus on prayer		Iabourers in countryside.     their towns       Food expensive

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Ideas about causes of illness	Christian ideas about treating illness	Hospitals
Natural/logical	What were monasteries and what did they do?	What was the aim?
<ul> <li>They thought that illnesses were caused by bad smells (miasma), childbirth, Four Humours, famine, warfare</li> <li><u>Supernatural</u></li> <li>Believed that witchcraft was a cause for illness</li> <li>Believed that illnesses were sent by God as a punishment</li> </ul>	Curing illness—who's ideas did the Church follow and why?	<u>What happened there?</u> <u>Who worked there?</u>
Influence of the ideas of Hippocrates and Galen	Public health	Surgery
Hippocrates' ideas was:	Public health was <b>very poor</b> . Taxes were unpopular and govern-	Where did most surgery happen?
Galen's Theory of Opposites was:	ments often had to charge these for fighting wars. This made it hard to enforce laws that towns introduced. Some measures in- troduced to try to improve public health but they were largely ineffective	Why was it a last resort?
<u>Galen's Physiological System:</u>	Open sewers—These often overflowed. Bacteria from waste in contact with people and clothes, so disease spread. Town popu- lations grew, meaning disease spread as people didn't know about the link between germs and disease. Trade increased so disease spread between towns. People lived close to animals.	<u>What did Barber Surgeons focus on?</u>
People that treated the sick	Islamic medicine	Black Death
Physicians:	Islamic <b>towns and cities often had several hospitals</b> , which were used to train doctors. They also based ideas on Hippocrates and Galen (Four Humours) and the Hippocratic idea of clinical	<b>Pneumonic</b> : Symptoms—Coughing and fever. Spread by: Contagious through contact with ill person. Dirty towns with people living close together
Wise women/men:	observation	<b>Bubonic</b> : Symptoms -Buboes in armpit and groin. Spread by: Fleas on rats spread the illness. Lots of rats due to dirty cities
	Who was Rhazes and what did he do?	Both also caused by increase in trade—spread between towns. Crowd- ed towns and ports. People had poor diets and immune systems
Diagnosing illness:		People thought it was caused by supernatural things such as the <b>posi-</b> tion of the stars, Jews poisoning wells, God punishing sins, miasma
Illness was diagnosed through observation of patients' symptoms. Particular focus on pulse and urine.		Cures and preventions: <b>Individuals:</b> Flagellants, popping buboes, pray- ing, avoiding sin, attacking Jews (more in Europe than Britain), fleeing to countryside.
Curing illness:	Who was Avicennia and what did he do?	Government: Local councils quarantined infected areas, King
Four Humours:		Edward III ordered daily church and prayers—people asked for for- giveness from God. King Edward tried to have London streets cleaned to remove smell
		Short term Medium term Long term
Astrology used to decide the best time to treat a patient. Combined treatment and supernatural. Lots of focus on prayer		1/3 of Europe's population died. Towns and cities suffered from food shortages due to lack of labourers in countryside.Living conditions and wages for peasants improvedPeople resented the Catholic Church as their cures hadn't worked and some priests had fled their towns

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<u>Supernatural</u>		
	<u>Curing illness</u>	
Influence of the ideas of Hippocrates and Galen	Public health	Surgery
	Public health was very poor. Taxes were unpopular and govern-	War
	ments often had to charge these for fighting wars. This made it	
	hard to enforce laws that towns introduced. Some measures in- troduced to try to improve public health but they were largely	
	ineffective	
	Open sewers—These often overflowed. Bacteria from waste in	
	contact with people and clothes, so disease spread. Town popu- lations grew, meaning disease spread as people didn't know about	
	the link between germs and disease. Trade increased so disease	
	spread between towns. People lived close to animals.	
People that treated the sick	Islamic medicine	Black Death
Physicians:	Islamic towns and cities often had several hospitals, which	Pneumonic: Symptoms— . Spread by:
	were used to train doctors. They also based ideas on Hippocra- tes and Galen (Four Humours) and the Hippocratic idea of clinical	
Wise women/men:	observation	Bubonic: Symptoms Spread by:
		Both also caused by increase in trade—spread between towns. Crowd-
	Rhazes	ed towns and ports. People had poor diets and immune systems
Diagnosing illness:		People thought it was caused by:
		Cures and preventions: Individuals:
		cures and preventions. Individuals.
Curing illness:	Avicennia	
		Governments/Councils:
		Short term Medium term Long term
		1/3 of Europe's population Living conditions and People resented the
		died. Towns and cities wages for peasants catholic Church as their improved cures hadn't worked and
		shortages due to lack of some priests had fled
		labourersin countryside.their townsFood expensive