## **Endeavour House – Weekly Update**

## Week ending Friday 27<sup>th</sup> March 2020



## Hello Endeavour!

Firstly, I hope you are all safe and well and keeping yourselves busy at home. Just wanted to drop you guys a line to let you know that the house team is still thinking of you and we will be providing a weekly update to stay in touch.

Thank you to the parents and students that have emailed me since the school closure, it's nice to hear from you and find out what you have been up to, and also keeps me entertained at home! Please keep your emails coming to let me know what you have been up to, providing you get approval from your parents. Miss Hutchinson and I would love to hear from you!

If you are looking to cover some physical activity from home then 'PE with Joe Wicks' is on every morning at 9am on YouTube and last 30 minutes. Make sure you have a bottle of water and sweat towel handy as it is a great workout - this has been hugely popular this week and is great for your physical and mental health! ①

Remember: be kind, caring and considerate in these tough times and, hopefully, normality will return sooner rather than later.

Take care.

Mr Campbell (campbellj@mayfield.portsmouth.sch.uk)

