<https://www.youtube.com/watch?v=ty8SUFiar5M&list=PLEfr681RcCZjqd5QLfIqrH3hmVSDeOWnD&index=15&t=0s>

Online contemporary dance technique class from Italia Conti – a performing Arts school. Great for developing your dance technique ready for the practical assessments in year 11.

<https://www.youtube.com/watch?v=x4K_sNxCmEE&list=PLEfr681RcCZjqd5QLfIqrH3hmVSDeOWnD&index=13&t=683s>

Learn a contemporary dance routine

<https://www.youtube.com/watch?v=Sk_7qYthu1U&list=PLEfr681RcCZjqd5QLfIqrH3hmVSDeOWnD&index=19&t=1266s>

Jazz dance warm up and stretching

<https://www.youtube.com/watch?v=4K_wOnvNIcE>

Learn a challenging contemporary dance routine

<https://www.youtube.com/watch?v=-jHrR8vy3OM>

Learn a floor work routine

<https://www.youtube.com/watch?v=n2OxAFYHV0U>

Learn a hip hop routine