

Autumn Winter 2022 Mayfield Through School

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One 5 th Sept 25 th Sept 17 th Oct 14 th Nov 5 th Dec 9 th Jan 30 th Jan	Meat	Mac and Cheese Station 	BBQ Chicken & Rice	Roast Pork, Roast Potatoes & Gravy	Sausage Roll & Potato Wedges	Fish Fingers with Chips & Tomato Sauce
	Vegetarian	A choice of different flavours, with meat & vegetarian toppings	Vegetable Curry with Rice	Vegetable Wellington with Roast Potatoes & Gravy	Cheese & Tomato Pizza with Herby Potato	Vegan Sausage Hot Dog with Chips & Tomato Sauce
	Jacket Potato	Cheese or Beans	Cheese or Beans	Cheese or Beans	Cheese or Beans	Cheese or Beans
	Pasta	Tomato Sauce &/or Cheese	Bolognaise Sauce &/or Cheese	Monday	Peppernarta Sauce &/or Cheese	Tomato Sauce &/or Cheese
	Dessert	Syrup Sponge & Custard	Apple & Raisin Flapjack	Fresh Fruit & Yoghurt Station	Strawberry Jelly	Oaty Cookie
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

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	Monday	Tuesday	Wednesday	Thursday	Friday	
Week Two 12 th Sept 3 rd Oct 31 st Oct 21 st Nov 12 th Dec 16 th Jan 6 th Feb	Meat	Build a Burger Day A choice of Burger (meat, 	Spaghetti Bolognese	Quirky Bird A choice of flavoured chicken 	Pepperoni Pizza with Potato Wedges	Fishfingers with Fries & Tomato Sauce
	Vegetarian	veggie or vegan) with Toppings and Potato Wedges	Vegan Spaghetti Bolognese	or vegan Quorn, With Potato Wedges and Salads	Cheese & Tomato Pizza with Potato Wedges	Cheese & Bean Pasty with Fries
	Jacket Potato	Cheese or Beans	Cheese or Beans	Tuna, Cheese or Beans	Cheese or Beans	Cheese or Beans
	Pasta	Tomato Sauce &/or Cheese	Tomato & Basil &/or Cheese	Bolognese Sauce &/or Cheese	Peppermarta Sauce &/or Cheese	Tomato Sauce &/or Cheese
	Dessert	Cheesecake	Pineapple Upside Down Cake & Custard	Fresh Fruit & Yoghurt Station	Cheese & Crackers	Chocolate Shortbread
Or a choice of Yoghurt & Fresh Fruit available daily						

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Week Three
19th Sept
10th Oct
7th Nov
28th Nov
2nd Jan
23rd Jan

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Pork Sausage & Mashed Potato	Chicken Curry & Rice	Roast Turkey, Roast Potatoes & Gravy	Beef Lasagne with Potato Wedges	Fishfingers with Chips & Tomato Sauce
Vegetarian	Vegetarian Sausage & Mashed Potato	Vegetarian Lasagna with Garlic Bread	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Cheese & Tomato Pizza With Potato wedges	Mexican Bean Roll & Chip
Jacket Potato	Cheese or Beans	Cheese or Beans	Tuna, Cheese or Beans	Cheese or Beans	Cheese or Beans
Pasta	Tomato Sauce &/or Cheese	Bolognaise Sauce &/or Cheese	Tomato & Basil &/or Cheese	Peppemarta Sauce &/or Cheese	Tomato Sauce &/or Cheese
Dessert	Lemon Drizzle Cake	Apple Crumble & Custard	Fresh Fruit & Yoghurt Station	Chocolate Sponge & Chocolate Sauce	Chocolate Shortbread
Or a choice of Yoghurt & Fresh Fruit available daily					

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