

# LUNCH WEEK 1



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Mac & Cheese Station


Delhi Tikka Chicken Masala, Rice and Sides

Roast Pork Potatoes Stuffing & Gravy

Marinated Chicken Pieces, Wings & Sides

Battered Fish, Chips, Peas, Lemon & Tartare Sauce

MAIN MEAL #TWO

A choice of different meat & vegetarian toppings 

Mughlai Vegetable Korma, Rice & Sides

Vegetable Wellington 

Spicy Bean Burger & Sides 

Vegan Sausage with Chips


HANDHELD

Brazilian Chicken Wrap 

Authentic Italian Pizza Slice

Fish Finger Ciabatta & crisp lettuce 

Authentic Italian Pizza Slice

Shredded Chicken Fillet wholemeal Baguette 

BOWLED OVER

Pasta Kitchen 

Noodle Street 

Egg & Soy seasoned Rice Bowl

Pasta Kitchen 

Pasta Kitchen 

DESSERTS

Syrup Sponge & CUSTARD

Fruity Flapjack

Fresh Fruit Salad

Chocolate & Beetroot Brownie

Oaty Cookie

**caterlink**  
feeding the imagination

## SOUPS

Come and try our range of soups available. Varying daily and providing healthy options to you all!

## ALLERGIES

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

## JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

## Bowled Over

Pasta / rice / noodles served daily with different toppings!






**meal**  
**DEALS**

VEGAN OPTIONS  
AVAILABLE  
DAILY!

THE  
UPROOTED  
**KITCHEN**

# LUNCH WEEK 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL #ONE	Chicken Meatballs in a Spicy Tomato Sauce Served With Rice 	Spaghetti Bolognese	Quirky Bird A choice of flavoured chicken served	Flavoured Chicken Strips Served in Flatbread with Authentic Salads	Battered Fish, Chips, Peas, Lemon & Tartare Sauce
MAIN MEAL #TWO	Vegan Meatball in a spicy Tomato Sauce Served with Rice	Vegan Bolognese	Or vegan Quorn with potato wedges and salad	Falafels & Hummus Served in a Flatbread with Authentic salads 	Cheese 7 Bean Pasty & Chips 
HANDHELD	Authentic Italian Pizza Slice	Tikka Chicken Flatbread With Slaw & Sauce	Authentic Italian Pizza Slice	BBQ Beef Burrito	Authentic Italian Pizza Slice
BOWLED OVER	Pasta Kitchen 	Pasta Kitchen 	Sweet & Sour Noodles 	Pasta Kitchen 	Spicy Chicken Rice Bowl 
DESSERTS	Cheesecake	Pineapple Upside down Cake	Fresh Fruit Salad	Chocolate & Orange Sponge & Custard	Chocolate Chip Shortbread

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**meal deals**

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**JACKET STATION**  
Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

**Bowled Over**  
Pasta / rice / noodles served daily with different toppings!

**VEGAN OPTIONS AVAILABLE DAILY!**  
**THE UPROOTED KITCHEN**

# LUNCH WEEK 3



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL #ONE

Bangers & Mash with Garden Peas & Red Onion Gravy

Italian Beef Lasagne Served With House Salad & Garlic Bread

Roast Turkey Roast Potato & Gravy.

Chicken Tikka Masala, Rice & Sides

Battered Fish, Chips, Peas, Lemon & Tartare Sauce

### MAIN MEAL #TWO

Quorn Sausage Served With Mash, Peas & Red Onion Gravy

Vegetarian Lasagne Served With House Salad & Garlic Bread

Lentil & Basil Puff

Mughlai Vegetable Korma, Rice & Sides

Mexican Bean Roll & Chips

### HANDHELD

Authentic Italian Pizza Slice

Sweet Chilli Chicken Wrap

Authentic Italian Pizza Slice

Ham & Cheese Panini

Authentic Italian Pizza Slice

### BOWLED OVER

Pasta Kitchen

Vegetable Chow Mein Noodles

Pasta Kitchen

Black Bean Noodles

Pasta Kitchen

### DESSERTS

Lemon Drizzle Cake

Pear Crumble

Fresh Fruit Salad

Chocolate Sponge & Chocolate Sauce

Ice Cream

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## JACKET STATION

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## Bowled Over

Pasta / rice / noodles served daily with different toppings!

**meal  
deals**

VEGAN OPTIONS  
AVAILABLE  
DAILY!

THE  
ROOTED  
KITCHEN