

Mayfield Messenger

12th January 2024



Ready, Respectful, Resilient, Responsible, Resourceful, Reflective

Dear parents and carers,

A message from Mr Howard

So often I reflect on the work that goes on in the school and those who go above and beyond. Saying "Thank you" can be an incredibly powerful pair of words, especially if the person you're thanking really needs to hear them, or isn't expecting them. Those who go above and beyond, never expect a 'Thank you'. It is what they do!

From now to the 14th February 2024, Teach Portsmouth are asking parents/carers and/or children to share a special thank you message to someone at Mayfield who has gone above and beyond. Teach Portsmouth are encouraging families to come together to thank a school superhero as part of an initiative to celebrate staff members. Your child might have been supported by an adult in school to overcome challenges in the classroom or an adult who has listened, understood and taken action. There is no restriction on who can be thanked (as long as they work and are still based at Mayfield).

To share your thank you message, [visit the Teach Portsmouth website and complete an online form](#). Thank you messages will be shared with schools on a printed document at the end of the year.

I am sure that you will agree, it would be great to come together as a community and say a special thank you to individuals.

I wish you all a fantastic weekend!

#Believe. Achieve. Succeed. #TeamMayfield

Mayfield Community Evening

On Tuesday 16th January, 5 – 6pm, we will be hosting our next **Mayfield Community Evening**. This evening will lead on from the SEND Review evening.

The evening will consist of an introduction to leaders, a safeguarding talk by Mr Cathie about our most recent work, an update on the importance of our Personal Development days and what Personal Development days are happening next, and an opportunity to speak to leaders (as well as each other) at the end.

Refreshments will be provided by our fabulous FOM team. I look forward to welcoming you on Tuesday 16th.

SEND Review evening

Following the success of our September evening, we are running another **SEND Review Evening on Tuesday 16th January** - this will again coincide with a Mayfield Community Event. **From 4-6pm**, you'll be able to pop along and catch-up with our SENDCOs, Assistant SENDCOs, and some external agencies, including Portsmouth Parent Voices and the Mental Health Support Team. There's no need to book, just pop along and have a chat!



Zoom Sleep Course for Parents and Carers

"Sleep is as important for survival as food and water; yet most people know very little about this vitally important process. 80% of children with a special educational need or disability struggle to sleep."

There are 2 sessions.



Session 1: How and Why we Sleep

Session 2: SEND and Sleep

Both sessions are 90 minutes long with time at the end for questions.

You will need to commit to attend both sessions;

Dates

Tuesdays 21st and 28th November 2023, 10am - 12pm

Wednesdays 6th and 13th December 2023, 7pm - 9pm

Tuesdays 16th and 23rd January 2024, 10am - 12pm

Wednesdays 7th and 14th February 2024, 7pm - 9pm

Wednesdays 6th and 13th March 2024, 10am - 12pm

Tuesdays 16th and 23rd April 2024, 7pm - 9pm



To book and for further information, please email:

ppvadmin@hportsmouth.org.uk

Y4 Minstead Trip

The Year 4 team will be running an **information evening** for all parents and carers at **3:45pm on Thursday 8th February**.

The aim of this session will be to explain how the trip will run, timings, what to pack, food/ dinner options and answer any further questions. The session will be held in Mississippi Class (Year 4) and aims to finish prior to the end of extra-curricular clubs.

For anyone unable to make this date, we will email out any information after the event.



INSET DAYS REMINDER

The remaining INSET days will be;

Monday 18th March 2024

Friday 21st June 2024



The school will be closed for pupils on these days.



It's cold outside!

It has definitely been a week for hats, scarves and gloves as a drop in temperature brings in the start of icy conditions. Although it didn't last long, our pupils were very excited to talk about the snow too!

Please could I remind you to provide hats, scarves and gloves for your child/ren with their name in so that they can be returned if lost.

Teach
PORTSMOUTH



Calling all parents and carers! If someone at your school has gone above and beyond for your family, Teach Portsmouth are asking you to share a special thank you message.

After School Club dates

As we continue to ensure all of our support staff receive high quality training, After School Club will not be running on the following dates in Primary.

Tuesday 30th January

Monday 18th March (INSET)



Allergies

I would like to remind you that **we have children in our school with severe nut allergies.**

Please can you ensure that when you or your child are preparing a lunch, none of these foods are in your child's lunches. Thank you.

The Big Ambition Survey

On 17th November 2023, Mrs Firth sent a message on ClassCharts called The Big Ambition Survey. 566 of 1444 pupils saw it and 924 of 1259 parents saw it!

The national campaign, 'The Big Ambition,' organised by **Dame Rachel De Souza Children's Commissioner for England**, will be **closing on Friday 19th January**.

There has been an overwhelming response nationally on the surveys received so far. More than 300,000 children, young people, parents and carers have participated, making it one of the largest surveys of its kind.

And there is still time to have your say if you have not done so already. This is the final push before the survey closes and your views are important for policy makers ahead of the General Election. By completing this survey, you can make sure that young people of Portsmouth are fairly represented in the results.

Children and parents or carers can complete the survey here: www.childrenscommissioner.gov.uk/thebigambition

Thank you for your support.



Every week, we always look forward to receiving photographs of pupils who have been successful in activities outside of school. We have such talented, skilled individuals in our school who do lots in our community and we think this deserves recognition and celebration. We look forward to adding these in our next Mayfield Messenger. If your child/ren have achieved something, please share a picture and a brief description of the success. This could appear in the next Mayfield Messenger. Please send these to general@mayfield.portsmouth.sch.uk

Believe. Achieve. Succeed.

Zoom Sleep Course for parents

*"Sleep is as important for survival as food and water;
yet most people know very little about this vitally important process.
80% of children with a special educational need or disability struggle to sleep."*



Join Nickie Sutton, experienced sleep practitioner and trainer, for sessions to learn more about sleep and how you can help children sleep better.

These sessions are specially written for parents of children with additional needs and disabilities and are interactive so that your specific questions and needs are answered.

Course

Session 1. How and Why we Sleep. What our brains need us to do to sleep well.

Session 2. SEND and Sleep. How sensory processing differences, autism, anxiety, ADHD and other conditions make sleep so much harder, and how you can help.

Both sessions are 90 minutes long with time at the end for questions.

**You will need to commit to attend both sessions;
as the strategies discussed in session 2 relate back to what is covered in session 1.**

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**To book & further information please email:
ppvadmin@hsportsmouth.org.uk**

Nickie Sutton has been a sleep practitioner for 6 years and developed the successful and effective sleep courses for Space4Autism in Cheshire which have been running for over 3 years. Prior to this Nickie was a nurse for 34 years, most recently working as a Specialist Community Public Health School Nurse, and ADHD Nurse Specialist. Her background means that she is scrupulous about offering evidence based advice that is grounded in science. She is currently one of small team of experienced sleep practitioners working on the National Sleep Helpline and in 2022 was commissioned by the Cheshire and Merseyside Integrated Care Board (NHS) to run a new Cheshire East sleep service for neurodiverse children and young people.

