Mayfield Messenger

1st March 2024



Ready, Respectful, Resilient, Responsible, Resourceful, Reflective

Dear parents and carers,

A message from Mr Howard

This week it has been great to lead assemblies in seniors with a focus on responsibility and being responsible. The pupils in each house thought about what responsibility meant and what they are responsible for. We ended reflecting on the quote by Jim Rohn below.

"You must take personal responsibility. You cannot change the circumstances, the season, or the wind, but you can change yourself. That is something you have charge of."

Year 3 pupils and staff demonstrated their responsibility during the weekend by helping our local environment and participating in a beach clean. A huge thank you everyone who was involved during the day. Pupils in Year 10 have also already started to demonstrate their willingness to increase their level of responsibility by applying to be a prefect in preparation for next academic year. I wish all of the applicants good luck during the shortlisting process.

I wish you all a great weekend.

A Big Thank You!

On Saturday 24th February, Year 3 met up to help our local environment and participate in a beach clean along Eastney beach.

A very big thanks to all of the children and adults that braved the cold and wet, it was fantastic to see so many people caring for their local environment. They collected lots of rubbish and even a small fish!



Believe. Achieve. Succeed.

The Learning Place Workshops

At The Learning Place, they will be delivering a few **<u>FREE workshops</u>** and a course that may be of interest to you.

Each workshop is for 2 hours on a Monday morning from 10am to 12pm.

11th March Developing Mindfulness and Self-esteem in your children

18th March Reducing Stress and Anxiety in Adults**25th March** Reducing Stress and Anxiety in Children

Tuesday 5th March is the start of a free 4-week course 'Keeping Up With the Kids' which explores how children are learning maths and how parents can support them.

COMMUNITY LEARNING SERVICE

INSET DAYS - The remaining INSET days will be;

<mark>Monday 18th March 2024</mark> Friday 21st June 2024 INSET DAY

The school will be closed for pupils on these days.



Our Senior Section Learning Support Department

Year 9 Parents' Evening Reminder

LSA Vacancies!

If you'd love to support young people and be part of the friendliest and most supportive team you're likely to come across, then please do apply! See our website.

"The Learning Support Department is welcoming and friendly, everybody listens and wants to support each other" "I feel valued because of our learning support department's leadership. It's very supportive."

(All of these quotes have been taken from an anonymous department survey.)

On Thursday 7th March, the school will be taking part in a

range of activities linked to World Book Day! Primary are

book quizzes and primary will be creating a video retelling

will be retold by classes from reception upwards and then

we're going on a bear hunt and the gruffalo. Each story

dressing up as their favourite character. There will be

World Book Day

shared on social media.



The online booking system will be open for you soon for you to book appointments with your child's teachers for the Year 9 Parents/carers evening on Thursday 21st March.

This is a face-to-face parents' evening from **4 till 7pm** and all teachers will be based in the Main Hall.

Travelling Book Fair

<u>On Tuesday 12th March</u>, the Scholastic Travelling Book Fair is coming to Mayfield School!

Primary pupils' fair will be outside (or in the hall if wet) before school and at 3:15-4:15pm.

Senior pupils will be able to buy from the fair in the library during breaks and lunches (cash only or parents/carers can prepay using a card).

You can use the £1 World Book Day voucher on books over £2.99.





University of Portsmouth Trip

University of Portsmouth Trip

Some of our Year 8 pupils were invited to visit and explore three University of Portsmouth courses and facilities.

The pupils had a great time and represented our school brilliantly! They participated in textile, art and design, anaesthetics, forensic linguistics and policing.

Rights Respecting School Award

We have been successful in achieving our Bronze Award for the Rights Respecting School Award. We will be sharing the action plan with all staff next term and looking at what we can do to achieve silver moving our school forward. Thank you to all who have been involved in this great achievement!





Share your child's success outside of Mayfield

If your child/ren have achieved something over the weekend or during the week, please share a picture and a brief description of the success. This could appear in the next Mayfield Messenger. Please send these to <u>general@mayfield.portsmouth.sch.uk</u>

We look forward to seeing you all again on Monday.



Mollie in Atlantic has successfully completed her level 8 swimming and completed her 800 metre swim. We're very proud of how hard she works. Well done Mollie!

Congratulations to Sofias (Missippi) and her PSG Gymnastics Teams achievement in the Southern Tournament last weekend. They earned the bronze medal 🖉 . We are very proud of this Team. A great team effort!



Believe. Achieve. Succeed.



Developing mindfulness and self- esteem in your children



Mindfulness is about developing self - awareness, coping skills and self - acceptance as well as improving self - control, managing emotions and increasing focus and attention. During this session we will be looking at: What is mindfulness? What are its benefits? How can we help our children to be mindful? (using a variety of exercises and activities)

Free workshop

Monday 11th March

10:00 - 12:00

This course is based at The Learning Place, 6 Derby Road, North End, Portsmouth, PO2 8HH. You can book a space by calling (023)92 621860 or emailing <u>thelearningplace@portsmouthcc.gov.uk</u>



Reducing Stress and Anxiety in Adults



We all feel worried and anxious at times. However, if your stress and anxiety is starting to affect your wellbeing, you may feel you need some help - especially during these difficult times! During this session we will be looking at: How to recognise the signs of anxiety What we can do to help ourselves

When to seek further help.

Free Workshop

Monday 18th March

10:00 - 12:00

This course is based at The Learning Place, 6 Derby Road, North End, Portsmouth, PO2 8HH. You can book a space by calling (023)92 621860 or emailing

thelearningplace@portsmouthcc.gov.uk



Reducing Stress and Anxiety in Children Workshop



Just like adults, children and young people feel worried and anxious at times. However, if your child's stress and anxiety is starting to affect their wellbeing, they may need some help - especially during these difficult times!

During this session we will be looking at:

- How to recognise the signs of anxiety in children
 - How to help an anxious child

- Who is OLLEE and how can he help (an app from the NHS to help children

manage their anxiety)

- When to seek further help.

Free workshop

Monday 25th March

10:00 - 12:00pm

This course is based at The Learning Place, 6 Derby Road, North End,

Portsmouth, PO2 8HH. You can book a space by calling

(023)92 621860 or emailing <u>thelearningplace@portsmouthcc.gov.uk</u>

FREE



Multiply

School Maths - Keeping Up with the Kids



An opportunity to discover how children are learning Maths in School and how you can effectively support them as well as refreshing your own Maths skills. (You must be 19+ and have below a Level 2 Maths Qualification).

Tuesdays 9.30am to 12pm

The sessions will be running on

5th, 12th, 19^{th,} and 26th March 2024

This course will be taking place at The Learning Place, 6 Derby Road, PO2 8HH.

You can book on by calling The Learning Place 02392 621860 or emailing thelearningplace@portsmouthcc.gov.uk



