# **Mayfield Messenger**

20th January 2023



Ready, Respectful, Resilience, Responsible, Resourceful, Reflective

Dear parents and carers,

A message from Mr Howard

"Commitment is not measured by words, it is measured by outcomes and actions"

Mental Health Support Team

Year

This week there has been a focus on **mutual respect and tolerance**. During Monday's assembly in primary we discussed the meaning of tolerance and agreed that it is accepting that people have differences and not falling out with them about it. Being tolerant and accepting people's differences is an important part of our <u>British values</u>. The children could recognise that tolerance means showing respect for the race, religion, age, gender and opinions of other people or groups.

In seniors, Mr Clark-Lyons talked about the 2023 theme for UK Race Equality Day, #ItsEveryonesBusiness because tackling race inequality is everyone's business. #ActionDrivesChange. He reminded the pupils of previous messages around being kind and prejudice in the eyes of the law and Equality act. This was linked to looking at current issues we have and sanctions, before clarifying the message and reminding them that they must not allow others to be unkind or condone it through joining in.

We will continue to promote the message of kindness, mutual respect and tolerance in everything that we do. I wish you all a great weekend.

## MHST parent workshop

#### Parent Workshop on Anxiety!

Delivered by mental health professionals. This was oversubscribed before Christmas so we are running the same session again for anyone who missed out!

Tuesday 28<sup>th</sup> February 3.15pm arrival to sign in at reception, starting at 3.30pm and running until 4.30pm.

(We hope to run a follow-up group at a later date.)

https://forms.office.com/e/MbDPApcPU

#### Year 8 Parent's Evening

The parental booking system for the **Year 8** Parent's Evening on **Thursday 8**<sup>th</sup> **February** is now open. Parents can book their appointments via <u>SchoolCloud - Mayfield School</u>.

This is a face-to-face parents' evening from **4 till 7pm** and all teachers will be based in the Main Hall.

#### INSET day

This is just a reminder that there will be <u>no school</u> on **Monday** 23<sup>rd</sup> January 2023 due to staff training.

#### Free breakfast for seniors

Following a successful trial last term, we are expanding the free breakfast offer for seniors.



INSET DAY

From **Tuesday 24th January**, there will be <u>free cereal</u> and toasted bagels with jam or honey available every morning in the main canteen from **7.45am until 8.35am**.

This offer is **open to all senior** section pupils every day. **A good breakfast sets you up for a good day of learning.** 

#### **Community Event Reminder**

We look forward to welcoming you to our next event on:

**Tuesday 7<sup>th</sup> February 5pm-6pm** 

Refreshments will be available.

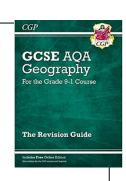


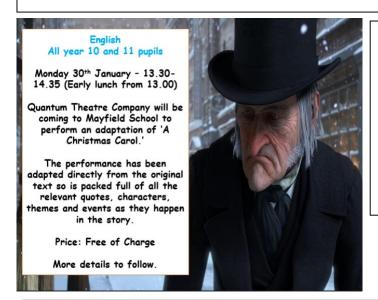
#### **Revision guides for GCSE**

To help pupils prepare for their exams, we have set up an Online Bookstore on SCOpay where you can buy the recommended revision guides for each GCSE course.

Orders for each text can be made via SCOpay and the books will be delivered to your child within two weeks.

A copy of the texts is attached with this Messenger.





#### **A Christmas Carol**

We have been lucky enough to book an afternoon performance with the 'Quantum Theatre Company' who will be coming to Mayfield on the afternoon of the 30<sup>th</sup> to perform 'A Christmas Carol.'

This will involve the whole of year 10 and 11 pupils and the performance will be in the Main Hall - this performance is Free to pupils.

#### **Congratulations to Year 10**

Congratulations to Year 10 for their superb effort in their mock exams this week. This has been the first time that year 10 pupils have tackled past GCSE papers under formal exam conditions and they have shown tremendous concentration and application throughout the week.

## **keeth** For parents and carers

Kooth also provides parent sessions, so keep in touch with the school or agencies to find out when the next ones are. 2 sessions have been pre recorded for you to watch. The 5 minute overview can be found <a href="here">here</a> and a more in-depth 15 minute recording can be found <a href="here">here</a>. A selection of parent/carer resources that can be accessed using this link has also been included:

<u>Parents/Carers resources</u> If you have any questions or would like to discuss what Kooth.com can offer, please address them to the school.

If you would prefer to contact Kooth directly, simply email parents@kooth.com

# keeth For children

Kooth provides a safe, secure means of accessing online emotional health support from a professional team of qualified counsellors and emotional wellbeing practitioners for ages 11-25 in Portsmouth.

Kooth offers wellbeing support 365 days a year via a range of self-help materials and peer to peer support which young people are able to contribute to. Kooth also has an online wellbeing team from 12pm- 10pm on weekdays and 6pm- 10pm on weekends offering 1:1 text- based online counselling via live chat or messaging. Kooth is free to access via any internet- enabled device.

Your child simply needs to visit www.kooth.com and click 'Join Kooth'. Everything is pre-moderated and age appropriate, in order to safeguard users, so you know that what your child is accessing is safe.

#### Share your child's success outside of Mayfield

If your child/ren have achieved something over the weekend or during the week, please share a picture and a brief description of the success. This could appear in the next Mayfield Messenger.

Please send these to general@mayfield.portsmouth.sch.uk

Unfortunately, we will not be able to share all of these. However, we will use them to contribute to a beyond Mayfield display.

### We look forward to seeing you all again on Monday