

# Mayfield Messenger

20th October 2023



Ready, Respectful, Resilient, Responsible, Resourceful, Reflective

Dear parents and carers,

## A message from Mr Howard

It has been an exciting week with a Year 11 information evening and Primary Parent's Evenings for parents and carers to be able to discuss with the staff the achievements and successes, as well as the next steps, for their child/ren. We have also had 'Proud to be Pompey' day for primary pupils today and earlier in the week, Mr Jackson in seniors introduced 'Mayfield Restart a Heart Day'. All of our Year 8 pupils received hands-on CPR training, led by a Senior Paramedic from South Central Ambulance Service. The teaching staff across primary and seniors also got the chance to train in CPR.

This week also saw the whole school complete a fire drill in silence!

Events such as these take a huge amount of preparation and time. I would like to take this opportunity to thank all of the staff for a productive half term which has been packed full of these events. A fantastic end to the half term. Thank you and well done to all involved in bringing these opportunities together.

I wish you all a safe, happy and restful half term break!

#Believe. Achieve. Succeed. #TeamMayfield



## Music Composition Project

9H kick started their Music Composition Project with a visit to Portsmouth Guildhall to watch the Ligeti String Quartet introduce their pieces. Their excellent behaviour was commented on by adults attending.

Don't forget  
parents  
evening!

## Year 10 Parent's Evening Reminder

Thursday 23<sup>rd</sup> November between 4 and 7pm

It would be great to see as many of you as possible.



Studybugs – Happy, Healthy and In School

Join 2,000+ UK schools on free gov-backed platform for keeping children happy, healthy and in school  
[www.studybugs.com](http://www.studybugs.com)

## Restart a Heart

Please show this to friends, family, neighbours, the rest of your football/netball team etc. The QR Code will take you to [resus.org.uk](https://resus.org.uk), where there are short videos on how to perform hands-only CPR, plus other simple but important First Aid techniques.

**Remember - your two hands could save a life!**

**SCAN IT. LEARN IT.  
LATER IS TOO LATE.**



Autumn / Winter 2023 / 2024	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK ONE</b> 30/10/2023 20/11/2023 11/12/2023 15/01/2024 05/02/2024 04/03/2024 25/03/2024	Option one Cheese and Tomato Pasta with Potato Salad	A choice of Burger (Beef & Seab or Veggie) with Toppings and Potato Wedges	Roast of the Day, Stuffing Roast Potatoes & Gravy	Spaghetti Bolognese with Garlic Bread	Fishfingers with Chips & Tomato Sauce
Option two	NEW Chef Maria's Vegetable Couscous		Veg Wellington, Stuffing Roast Potatoes & Gravy	Veggie Bolognese with Garlic Bread	Cheesy Bean Pasty with Chips & Tomato Sauce
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Packed Lunch	Cheese, Ham or Tuna Mayonnaise	Cheese, Ham or Tuna Mayonnaise	Cheese, Ham or Tuna Mayonnaise	Cheese, Ham or Tuna Mayonnaise	Cheese, Ham or Tuna Mayonnaise
<b>WEEK TWO</b> 06/11/2023 27/11/2023 18/12/2023 22/01/2024 19/02/2024 11/03/2024	Option one Tomato Pasta	Sausage Roll with Potato Wedges	CHICKEN SHACK A choice of BBQ or Lemon & Herb Chicken or Vegan Quorn, with Seasoned Potatoes and Salads	Chief Shipa's Chicken Korma with Rice	Fishfingers with Chips & Tomato Sauce
Option two	Cheesy Sauté with New Potatoes	NEW Loaded Jackets		Veggie Meatballs in Tomato Sauce with Rice	Cheese Omelette with Chips & Tomato Sauce
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Packed Lunch	Cheese, Ham or Tuna Mayonnaise	Cheese, Ham or Tuna Mayonnaise	Cheese, Ham or Tuna Mayonnaise	Cheese, Ham or Tuna Mayonnaise	Cheese, Ham or Tuna Mayonnaise
<b>WEEK THREE</b> 13/11/2023 04/12/2023 26/01/2024 26/01/2024 26/02/2024 15/03/2024	Option one NEW A choice of Tomato or Carbonara Pasta with Toppings	Mexican Beef with Rice	Sausages, Onions and Gravy with Roast Potatoes	Chicken Pie with Mashed Potatoes	Fishfingers or Salmon Fillets with Chips & Tomato Sauce
Option two		Vegetable Fajitas with Rice	Veggie Sausages, Onions and Gravy with Roast Potatoes	Macaroni Cheese	BBQ Quorn Fillet with Chips
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Packed Lunch	Cheese, Ham or Tuna Mayonnaise	Cheese, Ham or Tuna Mayonnaise	Cheese, Ham or Tuna Mayonnaise	Cheese, Ham or Tuna Mayonnaise	Cheese, Ham or Tuna Mayonnaise
<b>MENU KEY</b>	Added Plant Power	Wholesome	Vegan	Chef's Special	
Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily - Daily salad selection					

## The new lunch menu for after half-term

The new lunch menu for after half-term is attached to the Mayfield Messenger.

This will be sent out to parents via Classcharts.

SCOPay has been updated to reflect the new menu from Monday 30<sup>th</sup>.

**The special diet menus are currently being worked on by Caterlink and will be sent out in due course.**

# Friends of Mayfield



## Year 3, 4, 5 & 6 discos, November 14th, more details coming soon

## Quiz Night!

Please don't forget to gather your teams for Mayfield's quiz night, **Friday 17th November**. Doors open at 6.45, quiz commences at 7pm. Mr Howard will be compering the evening!

**Cash prize for the winning team!**

# QUIZ NIGHT

## MAYFIELD SCHOOL FRIDAY 17th NOVEMBER, DOORS 6.45, QUIZ STARTS AT 7pm

- \* Teams of up to 8
- \* Entry Fee £5 per person
- \* Cash prize for the winning team
- \* Bring your own drinks and snacks

FRIENDS OF MAYFIELD.

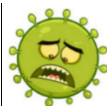


### Primary Harvest Festival

Our primary harvest festival was a great success on Wednesday.

Thank you so much for all of your generous contributions. All of the donated food will be taken to the Portsmouth Food Bank. When they have sorted all of the food, they will update us with the weight of the food donated. We will keep you posted after half term!

Thank you for all of your support.



### **Flu Vaccine for Primary and Secondary Wednesday 1st November 2023**

visit <https://links.inhealthcare.co.uk/solent-portsmouth-flu> to complete the consent form now.

**You will need access to your emails to complete this.**

School/LEA code: **116463**

If you have any concerns, please email Mayfield School Welfare Assistants

Mrs Rowntree and Ms Bradshaw on

[medical@mayfield.portsmouth.sch.uk](mailto:medical@mayfield.portsmouth.sch.uk)



Small changes,  
big differences.

**Triple P Discussion Groups**  
For School-Aged Children

Learn how to set boundaries and create routines that work for your family. All sessions will offer basic strategies and ideas for anyone who wants to help their child to be the best they can be.

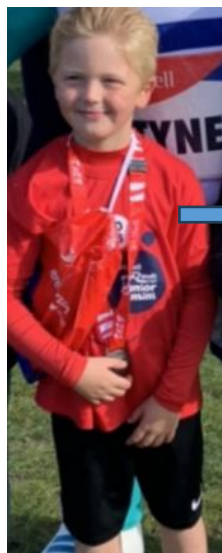
#### **Managing Fighting and Aggression**

Thursday 23rd November, 6:00pm – 8:30pm

Paulsgrove Family Hub, Cheltenham Road, Paulsgrove, Portsmouth, PO6 3PL  
T: 02392 88 25 88

**TO BOOK YOUR PLACE, PLEASE CALL THE RELEVANT FAMILY HUB**

### **This week's successes outside of Mayfield are;**



Congratulations to Raymond in year 3 who completed the mini Great South Run in less than 9 minutes!

Congratulations to Thomas in Year 6 for winning a prestigious award for The Pioneer Badge at his Scout group presentation.

Congratulations to Zoey in year 5 who was the star performer with her acrobatic squad team in a competition at Liverpool last weekend.



### **Share your child's success outside of Mayfield**

If your child/ren have achieved something over the weekend or during the week, please share a picture and a brief description of the success. This could appear in the next Mayfield Messenger.

Please send these to

[general@mayfield.portsmouth.sch.uk](mailto:general@mayfield.portsmouth.sch.uk)