Welcome to the tenth edition of the Mayfield Messenger since lockdown!

You will be aware that the Prime Minister has confirmed now that schools will be asked to 'reopen' and offer provision for a wider range of pupils including those in Years R, 1 and 10. We have also received updated guidance around the expectations for Year 10. As such, I can confirm that we intend to operate the following on site provisions:

"Bubble School"

This will operate as follows:

Year 1 every Monday and Tuesday from 1st June between 9:00am and 3:00pm; Year R every Thursday and Friday from 4th June between 9:00am and 3:00pm.

Children should be dropped off between 8:30am and 9:00am at either the Infant gate (Year R) or Junior gate (Year 1) on Mayfield Road. A "one-way system" will operate and parents are respectfully reminded that our staff cannot stop for a chat. Please do read our latest FAQs (dated 29th May) which have been posted to social media. If you still have a question or comment then email them to: bubble@mayfield.portsmouth.sch.uk

A free lunch, snack and drinks will be provided. However, the menu (sample attached) will be limited and potentially changed at short notice.

Parents or carers must pick up their child from the KS1/2 playground at the front of school between 3:00pm and 3:30pm.

There is no provision for breakfast or after school clubs including tea time club. Children need to bring a PE kit and may wear our Summer Uniform — no blazer is required. "Bubble School" will operate in two week blocks and parents can sign up using the school's online booking system.

"Key Worker School @ Mayfield"

This is open to any eligible child whose parent is a "key worker" or to children who are deemed vulnerable. The times for this are:

For children in Years 2, 3, 4 and 5 the start time is 8:45am and pupils can be collected at 3:00pm or 4:30pm

For pupils in Years 7, 8, 9 and 10 the start time is 8:45am until 3:00pm

A breakfast club runs between 7:45am and 8:45am as well as a tea time club which runs from 4:30pm to 6:00pm. Both are chargeable and can be booked via ScoPay.

All children attending "Key Worker School @ Mayfield" must enter and leave the site via the Senior Section Entrance on Hewitt Road. If your child is not booked in to breakfast club, then they should arrive between 8:30am and 8:45am.

A free lunch, snack and drinks will be provided. However, the menu (sample attached) will be limited and potentially changed at short notice.

Parents need to register for this provision and provide proof that they are an eligible "key worker". This could be a pay slip or ID badge or employer letter. To complete a registration please contact: kws@mayfield.portsmouth.sch.uk

Once registered, children can be booked on using the online booking system. The parents of children deemed "vulnerable" will be contacted directly by our SEN team.

"SEN School"

We are running a bespoke provision for children who required significant extra support. Please email Mrs. Erika Anders if you would like to access this on:

AndersE@mayfield.portsmouth.sch.uk

"Year 10 face-to-face sessions"

These will run from Monday 15th June. In the week beginning 8th June we will email details to pupils and text parents. The approach will be to offer some face to face teaching with a focus on the 'core' subjects of English, mathematics and science.

As ever, I appreciate you will have many questions, we have updated our FAQs and these will be posted on social media.

Please remember that any person who is:

- showing symptoms of COVID 19 (new persistent cough and/or high temperature);
- classed as "clinically extremely vulnerable due to pre-existing medical conditions;"

should not come to school and should alert us using one of the email addresses above.

Free School Meal Vouchers

I would like to provide an update around Free School Meal vouchers. Initially, we were informed by The Department for Education that the half-term holidays were not included in the voucher scheme. The Department has now reconsidered this matter and said that half-term would be included. Consequently, we have ordered the next round of vouchers for £30 per child to cover the next fortnight. The emailed vouchers are being released by the DfE system today (Friday 29th May) and the postal vouchers will be sent out by school office early next week.

As ever, we are mindful that several families' financial circumstances will have changed due to the current pandemic and that they may now be eligible for a shopping voucher. If you believe your circumstances have changed then please complete an application form on the Portsmouth City Council website by following this link:

https://www.portsmouth.gov.uk/ext/schools-learning-and-childcare/schools/school-meals
Finally, please find on social media some documents that our Infant Staff have put together. These will help young children understand more about our golden rules of hygiene and provide parents and carers with a 'social story' they can read with their child to get them ready to come back to school. My thanks to Mrs. Jess Dolman and the Infant staff for producing these.

I would like to end this letter by thanking you for your ongoing support for the school and sincerely hope you and your wider family are in good health.

Yours sincerely,

David Jeapes

Headteacher

FAQs – Bubble School – Parents and Pupils (29th May)

1. Why are children being taught in "bubbles"?

The scientific evidence suggests that the most effective way to stop the spread of the COVID 19 virus is for people to:

- · maintain social distancing;
- · regularly and thoroughly wash your hands with hot water and soap;
- avoid touching your face;
- always use a tissue if you sneeze and "bin it" straight away before washing your hands.

It will be much easier for our staff to support your child in these if they are in small and consistent groups. Also, by only having contact with a small group of children, the risk to our pupils and staff is significantly reduced.

2. Who will teach my child?

For Years R and 1, your child is very unlikely to have their current teacher. "Class bubbles" will be run by qualified teachers or Primary Section Teaching Assistants. However, all children in existing classes will be allocated to "class bubbles" within their current class and not outside. Therefore, they are very likely to have a friend or two in their "bubble". All of the planning for the lessons will be undertaken by an experienced and qualified teacher and additional planning time has been set aside to ensure that staff can prepare thoroughly.

For Year 10, your child will be taught by an English, mathematics or science specialist. Again, they are unlikely to have their current teacher.

3. How will you keep my child safe?

By operating in small "class bubbles" we are in a much better position to encourage children to follow the golden rules of hygiene:

- maintain social distancing;
- · regularly and thoroughly washing your hands with hot water and soap;
- avoid touching your face;
- · always use a tissue if you sneeze and "bin it" straight away before washing your hands.

However, we accept that, particularly, for our youngest children, we cannot guarantee that they will stay 2m apart, particularly during play times. We will do our best, but please do help us by sensitively explaining to your child that keeping in their bubble helps them and all of their friends to stay safe.

For pupils in Year 10, only 25% of the cohort will be able to come onto site each day and this provision will start from the 15th June. We have also amended our current behaviour policy to focus on some of the potential behaviour challenges that the current pandemic poses. You can view the amended behaviour policy on our website.

The experience of other countries that have opened schools to a wider group of pupils is that the children very quickly adapt to the new routines.

4. Does my child have to attend "bubble" school?

We strongly encourage you to send your child, if they are eligible, to "key worker school" or "bubble school". However, there will be no sanction against not attending. We will continue to set home learning tasks for children in "bubble school" which will build upon the work they do in their "bubble class".

5. I am a key worker and the times of "bubble" school do not suit me. What should I do?

If you are eligible for "key worker school" and your child is in Year R, 1 and 10 then you must decide which provision you want your child to attend, but they cannot attend both and cannot swap in and out. Currently, "key worker school" runs every day until 4:30pm. There is a limit to the number of children we can accommodate in "key worker school" and if demand outstrips supply, we may have to limit numbers on any day with priority given to "frontline" workers and our most vulnerable children.

6. My child has additional support in class, will they still get this?

The maximum number of children in a "class bubble" will be 10. That means, their teachers can provide more support. If your child has an EHCP or is being considered for an EHCP we will also be running an SEN school. Our SEN team will be in touch with you directly about accessing this provision. Alternatively, email AndersE@mayfield.portsmouth.sch.uk if you wish to discuss this further.

7. What days is bubble school open?

Initially, we are running "bubble school" as shown:

Year 1 every Monday and Tuesday from 1st June between 9:00am and 3:00pm; Year R every Thursday and Friday from 4th June between 9:00am and 3:00pm; Year 10 from 15th June.

We hope to be able to increase the number of days we operate "bubble school" as the Summer Term progresses. However, we feel that by opening gradually, we are better able to embed important routines and behaviours with all of our pupils. We are also mindful that many children may feel anxious and we wish to make sure that we have sufficiently small groups and dedicated staff on hand to comfort and support them.

We will email pupils in Year 10 a copy of their timetable and text parents to let them know. We have been advised that no more than 25% of the cohort should come onto the school site at any one time.

8. When and where do I have to drop my child off and pick them up for bubble school?

In order to establish our hygiene routines and provide comfort and support to every child, we will need a phased introduction to "bubble school" as follows:

Year 1 every Monday and Tuesday from 1st June between 9:00am and 3:00pm; Year R every Thursday and Friday from 4th June between 9:00am and 3:00pm; Year 10 will start in the week beginning 15th June. For Year 10 only, during the week beginning 8th June, pupils will be emailed, and parents will be sent a text confirming the times they should attend.

Year 1 children should be dropped off between 8:30am and 9:00am. A staff member will meet you at the Junior Gate on Mayfield Road (nearest the new build) and explain the arrival procedure for dropping off and picking up. However, in summary:

- Only one adult will be allowed on to the school site to drop off or pick up a child;
- · We will apply anti-bacterial lotion to the hands children as they come into the building;
- · A "one way" system will be in place to stop overcrowding;
- The person dropping off or picking up should be:

Over the age of 16 and not on the roll of a school;

Be aware of the child's unique password;

Spend as little time on the site as possible – we are sorry but we cannot stop for a chat – if you have any questions then please email:

bubble@mayfield.portsmouth.sch.uk

Year R children should be dropped off between 8:30am and 9:00am. A staff member will meet you at the Infant Section Gate on Mayfield Road and explain the above procedure.

Year 10 pupils should arrive via the Senior Section entrance on Hewitt Road at the following times:

Morning sessions pupils should arrive from 8:50am - not earlier Afternoon sessions pupils should arrive from 12:20pm - not earlier

For Year R and 1, "bubble school" finishes at 3:00pm and children should be collected by 3:30pm at the very latest from the drop off areas outlined above. We will be limiting the number of people on site and therefore please leave extra time for dropping off and picking up.

9. I have more than one child at Mayfield, can they all attend "bubble" school?

If children are eligible for "key worker school" or "bubble school" then "yes". If not, then we are very sorry, but we cannot accommodate children outside of these provisions. As an example:

If you have a child in Year 1 and 4, then we can, at the moment, only allow the younger child into "bubble school".

If you are a "key worker" and have children in Year 2 and 5, then both can come to "key worker school".

10. What will my child learn in "bubble" school?

For children in Year R and 1, a qualified teacher will plan all lessons and there will be a strong focus on Reading, Writing and developing children's social skills. The first few lessons will be about establishing the following golden rules of hygiene:

- maintain social distancing;
- · regularly and thoroughly washing your hands with hot water and soap;
- avoid touching your face;

always use a tissue if you sneeze and "bin it" straight away before washing your hands.

A significant portion of the day will be spent outdoors, so please make sure your child is sent in with a coat if the weather isn't good or you apply sunscreen if the weather continues to be sunny. We will also set home learning tasks for the days your child is not in "bubble school". These will build upon the work they have done.

For pupils in Year 10, we will run a carousel of English, mathematics and Science according to a published timetable. This will be sent by email to pupils in Year 10 and parents will be alerted by text in the week beginning 8th June, ready for a 15th June start.

11. Can I choose which "class bubble" my child will join?

"No", sorry. Our staff will allocate children to "bubbles". For children in Year R and 1, we will ensure that there is an appropriate mix of child to ensure that we can embed our golden rules of hygiene and new ways of working. However, all children in existing classes will be allocated to "class bubbles" within their current class and not outside. Therefore, they are very likely to have a friend or two in their "bubble".

For Year 10, we have formed groups and these will be published the week beginning 8th June. We have been asked to restrict the number of pupils on the school site to 25% of the cohort.

12. If I decide not to send my child to "bubble" school, will I lose my place at Mayfield?

"No". We strongly encourage you to send your child to "bubble school". However, we understand some families may not wish to use this provision. No family will be sanctioned for not sending their child in. If your child is "clinically extremely vulnerable" or living in a household with a person who is "clinically extremely vulnerable" then they will be supported directly by our SEN team.

13. How do I sign up my child for "bubble school"?

We are encouraging every child in Year R, 1 and 10 to access "bubble school". However, we appreciate that some families may not be in a position to send their child in at the moment and may wish to join the "bubble school" later in June/July. Therefore, to aid our planning we are asking parents of pupils in Year R and 1 only to sign up for "bubble school" in blocks of time using Mayfield's online booking system. This is the same system you have used to book Primary extracurricular clubs. Initially, we are opening "bubble school" as follows:

Year 1 every Monday and Tuesday from 1st June between 9:00am and 3:00pm; Year R every Thursday and Friday from 4th June between 9:00am and 3:00pm;

Sign up for "bubble school" will run in the following blocks:

Block 5 from Monday 1st June to Friday 12th June; Block 6 from Monday 15th June to Friday 26th June; Block 7 from Monday 29th June to Friday 10th July; Block 8 from Monday 13th July to Tuesday 21st July.

Once you have signed up your child for a block, then we expect them to attend every session unless they become ill. The opening and closing date and time for signing up for each block is as follows:

Block 5: Opens at 9:00am Sunday 24th June and closes 6:00pm on Wednesday 27th May;
Block 6: Opens at 9:00am Sunday 7th June and closes 6:00pm on Wednesday 10th June;
Block 7: Opens at 9:00am Sunday 21st June and closes 6:00pm on Wednesday 24th June;
Block 8: Opens at 9:00am Sunday 5th July and closes 6:00pm on Wednesday 8th July.

For pupils in Year 10, we will contact pupils via email and parents via text and social media the week beginning 8th June to share with you the arrangements for "face to face" provision.

14. I have children in Years 2, 3, 4, 5, 7, 8 or 9. When can they go back to school?

Our understanding of the Government's position is that pupils in Years 7, 8 and 9 will not be returning to school until September. The Government has also stated that:

We hope that all primary school children can come back to school before the summer holidays, for a month if feasible, although this will be kept under review. Reducing the risks for children and staff is our utmost priority.

We now have had confirmation from the Government that they believe it is now safe to open the school to a wider range of pupils, initially, Year R, 1 and 10. Should we be asked to open for more year groups, then we will be in contact via the Mayfield Messenger, website and social media channels. We are committed to continue to provide support for children not able to access on site provision which is why we can only offer "bubble school" on a part time basis.

15. My child has a health issue. Do I need to still send them to school?

The Government has published the following definition for "clinically extremely vulnerable" people:

- 1. Solid organ transplant recipients.
- 2. People with specific cancers:
- people with cancer who are undergoing active chemotherapy
- people with lung cancer who are undergoing radical radiotherapy
- \cdot $\;$ people with cancers of the blood or bone marrow such as leukaemia, lymphoma or myeloma who are at any stage of treatment
- · people having immunotherapy or other continuing antibody treatments for cancer
- people having other targeted cancer treatments which can affect the immune system, such as protein kinase inhibitors or PARP inhibitors
- people who have had bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppression drugs
- 3. People with severe respiratory conditions including all cystic fibrosis, severe asthma and severe chronic obstructive pulmonary (COPD).
- 4. People with rare diseases that significantly increase the risk of infections (such as SCID, homozygous sickle cell).
- 5. People on immunosuppression therapies sufficient to significantly increase risk of infection.
- 6. Women who are pregnant with significant heart disease, congenital or acquired.

If your child meets any of the above criteria, then they should not come to school and must be "shielded". We will offer direct support to any family for whom this is relevant. Please let us know by emailing Mrs. Erika Anders on the address below to alert us:

AndersE@mayfield.portsmouth.sch.uk

Equally, if any family member needs to be "shielded", your child should not come to school and again, please contact Mrs. Anders and we will support you directly.

16. Will my child or their teacher need Personal Protective Equipment (PPE) such as a mask?

"No", this is not normally recommended. The Government's Guidance around PPE for child and staff is as follows:

Wearing a face covering or face mask in schools or other education settings is not recommended. Face coverings may be beneficial for short periods indoors where there is a risk of close social contact with people you do not usually meet and where social distancing and other measures cannot be maintained, for example on public transport or in some shops. This does not apply to schools or other education settings. Schools and other education or childcare settings should therefore not require staff, children and learners to wear face coverings. Changing habits, cleaning and hygiene are effective measures in controlling the spread of the virus. Face coverings (or any form of medical mask where instructed to be used for specific clinical reasons) should not be worn in any circumstance by those who may not be able to handle them as directed (for example, young children, or those with special educational needs or disabilities) as it may inadvertently increase the risk of transmission.

The majority of staff in education settings will not require PPE beyond what they would normally need for their work, even if they are not always able to maintain a distance of 2 metres from others. PPE is only needed in a very small number of cases including:

- children, young people and students whose care routinely already involves the use of PPE due to their intimate care needs should continue to receive their care in the same way;
- · if a child, young person or other learner becomes unwell with symptoms of coronavirus while in their setting and needs direct personal care until they can return home. A fluid-resistant surgical face mask should be worn by the supervising adult if a distance of 2 metres cannot be maintained. If contact with the child or young person is necessary, then disposable gloves, a disposable apron and a fluid-resistant surgical face mask should be worn by the supervising adult. If a risk assessment determines that there is a risk of splashing to the eyes, for example from coughing, spitting, or vomiting, then eye protection should also be worn.

17. What equipment do I need to send in?

All children attending "bubble school" will be required to wear the school uniform (although we have relaxed the rules around wearing a blazer). We have a selection of pre-loved uniform items which can be purchased from the school shop. This will be open every day that "bubble school" is open and can be access via the school's Main Reception between 3:00pm and 4:00pm.

Children in Years R and 1 will need their PE bag which will be sent home at the end of each block for washing. Otherwise, your child will have their own equipment such as a pen and pencils provided by the school and a tray to keep them in.

Pupils in Year 10 should bring in their own equipment which they cannot share.

18. What about food and drink?

Children in Years R and 1 will be provided with a healthy morning snack such as a piece of "peelable" fruit and a drink. They will also get a free school lunch. Snacks and lunch will be brought to the "class bubble". Children will not be able to access the canteens or socialise outside of their "bubble". For

children in Year R and 1, we will provide a free bottle of water each day so that you don't have to worry about bringing a water bottle in and our staff do not have to refill bottles.

Pupils in Year 10 may bring a healthy snack and drink. We will provide a free school lunch to those that are eligible on a "grab and go" basis.

19. What happens if there is a confirmed case of coronavirus at school?

When a child, young person or staff member develops symptoms compatible with coronavirus, they should be sent home and advised to self – isolate for 7 days. Their fellow household members should self-isolate for 14 days. All staff and students who are attending an educational or childcare setting will have access to a test if they display symptoms of coronavirus.

Where the child, young person or staff member tests positive, the rest of their class/group within their childcare or education setting should be sent home and advised to self-isolate for 14 days. The other household members of that wider class/group do not need to self-isolate unless the child, young person or staff member they live with in that group subsequently develops symptoms.

As part of the national test and trace programme, if other cases are detected within the child or young person's cohort or in the wider education or childcare setting, Public Health England's local Health Protection Teams will conduct a rapid investigation and will advise schools and other settings on the most appropriate action to take. In some cases, a larger number of other children and young people may be asked to self-isolate at home as a precautionary measure - perhaps the whole class, site or year group.

Where settings are observing guidance on infection prevention and control, which will reduce risk of transmission, closure of the whole setting will not generally be necessary.

20. What are the symptoms of coronavirus?

The most important symptoms of coronavirus (COVID-19) are recent onset of any of the following:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness. However, if you have any of the symptoms above you must stay at home and arrange to have a test to see if you have COVID-19

21. What happens if my child falls ill during the school day?

We are following the latest guidance which states:

If anyone in an education or childcare setting becomes unwell with a new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste of smell (anosmia), they must be sent home and advised to follow the COVID-19: guidance for households with possible coronavirus infection guidance.

If your child is awaiting collection, we have converted the interview room in the Main Reception to act as an isolation area for children with symptoms of coronavirus. A staff member will be with them at all times to provide care and comfort. They will be wearing PPE to reduce the risk of transmission and may ask your child to wear PPE, such as a face mask, if this is appropriate. We ask that if we do

contact you to pick up your child, you arrive as quickly as possible. Also, please book a test and inform us without delay of the result so that we can take the necessary steps to keep other children and staff safe.

22. Will I be informed if there is a suspected case of coronavirus in my child's "bubble class"?

"Yes". We will inform parents if a child or member of staff closely associated with a particular "bubble class" is sent home with the symptoms of coronavirus. In these circumstances we will usually close the "bubble class" and advise all parents to get their child tested. Until such time that every member of the "bubble" is tested AND they are all negative, the "class bubble" cannot continue to attend school – we hope you understand that only by having this process can "bubbles" work. Our actions will always be:

- **swift** if we have a suspected outbreak, we will inform all members of the "bubble school" immediately. However, only the "bubble class" impacted will need to self-isolate. All other "bubble classes" can continue, following a deep clean of the school;
- transparent rather than allow rumour to swirl, we will make an announcement to all members of "bubble school";
- supportive we will always comfort and advise families impacted by this virus;

We will, of course, never share the name of a child or staff member who has a suspected case of coronavirus and would urge all of our community to refrain from any speculation.

23. Will children have their temperatures taken every day?

"No". At this stage, there is no evidence to suggest that this is required. We have purchased additional "no touch" thermometers and can use these if the guidance from the Government changes.

24. Will KS1 SATs, Year 1 phonic check and the EYFSP still take place?

"No". The Government have confirmed that all assessments such as these including GCSE and A Level will not take place in 2020. Please rest assured that we are sharing our internal data between staff so that when your child moves into their new class in September, the teacher clearly understands their strengths and areas for development.

25. When will I find out about the arrangements for September such as the name of my child's new teacher?

Behind the scenes, the staff at Mayfield are working closely together to be ready for September. As yet, the Government has not confirmed the arrangements under which schools will run in the new academic year. As soon as we know, we will share this information with you.

26. Will the school be open in the Summer to catch pupils up?

We hope to run a Summer School, but this will not be available to every child since we typically only have limited staffing capacity. Further details about how this will operate will be published in July. One of the great advantages of being in an "all through" school is that we offer an extended school

day and transition issues are less significant – we know our children very, very well. Therefore, we are in a uniquely excellent position to help pupils catch up for the time "lost" during lockdown.

27. Will Breakfast, Extra - curricular and Teatime Clubs run?

We will not be able to offer any of these provisions for children in "bubble school". This is because the children in different "bubbles" cannot mix.

However, for pupils in "key worker school":

Breakfast Club will run for children in Years 2, 3, 4 and 5 from 7:45am to 8:45am and can be booked via ScoPay. Pupils accessing "key worker school" in Years 7, 8, 9 and 10 are welcome onto the school site from 8:30am and should congregate on the Tennis Courts – always observing the golden rules of hygiene.

For pupils in Years 7, 8, 9 and 10 the "key worker school" will now finish at 3:00pm. We will continue to offer a 3:00pm or 4:30pm finish for children in Years 2, 3, 4 and 5. The Tea time club will run as normal from the 1st of June between 4:30pm and 6:00pm and can be booked via ScoPay.

28. Is Little Sunbeams open?

Please contact:

sunbeams@mayfield.portsmouth.sch.uk

If you have any questions about their provision.

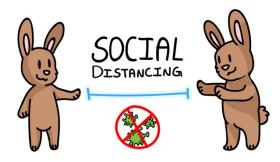
29. I have a question which has not been covered here. Who can I ask?

If there is a question you think we have not covered, please email us on:

bubble@mayfield.portsmouth.sch.uk

FAQs – Bubble School – Parents and Pupils - END

Hello! We're glad to have you back
To learn and play, explore and chat,
But so that we can welcome you,
There are some things we ask you do.
Following these simple rules,
Will help us stay safe in our schools!



Stay 2 metres apart.

Friends that you have missed so much Would really, really love to touch,
But we must stay 2m apart
To show them that they're in our heart.
Be strong, it's only for a while,
And for now, we can talk and smile!



Wash hands for 20 seconds.

You wash your hands lots every day, But do you wash them quite this way? Palms, backs, fingers, wrists and thumbs, For 20 seconds while you hum, When school begins, before you eat And when you've touched a toilet seat!



Don't touch your face.

Ears, noses, mouths and eyes, Each person has a different size! So that germs can't spread that way, Away from faces hands must stay.















My social story about going back to school.

















Now school is closed because of the coronavirus















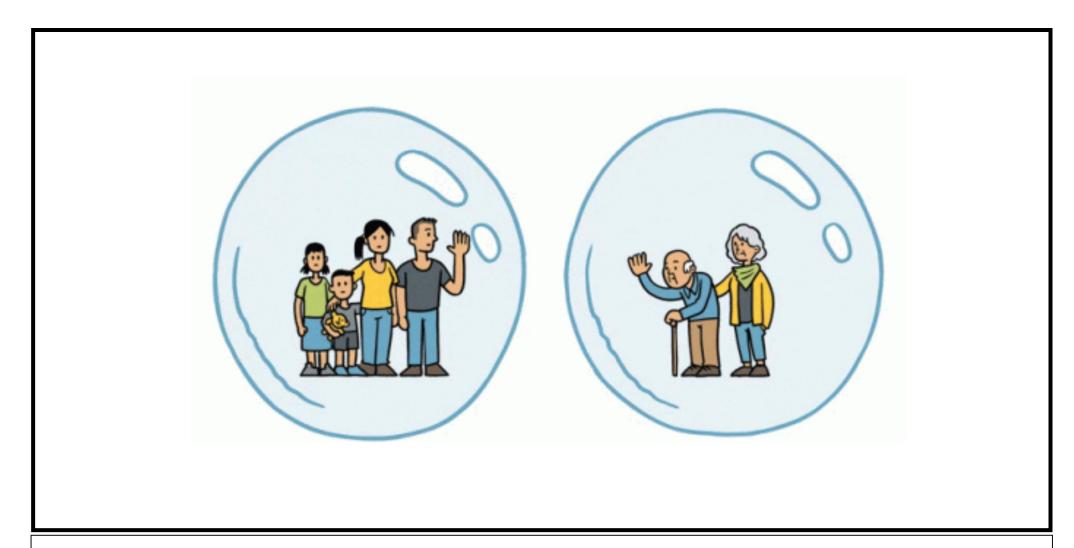








I am helping my friends to keep healthy by learning at home.





















When people stay at home, it stops the virus spreading and keeps our







"I want to thank those of you who are staying at home"















Everyone is proud of me for being brave and kind.











The Queen even said thank you on TV!















When the virus has stopped spreading so much,









we can go back to school.















I will say hello to my friends and teachers.











We will have a lot to talk about















Some things will be the same at school.





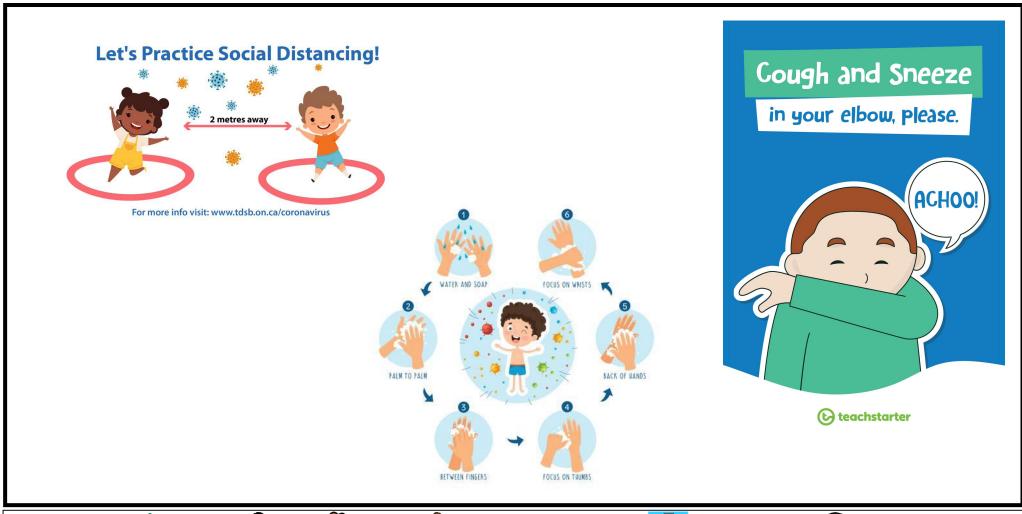








Some things might be a bit different from before.















Some of my friends might not be at school for a while,







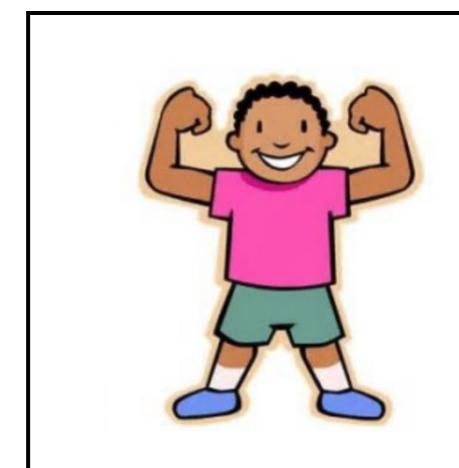


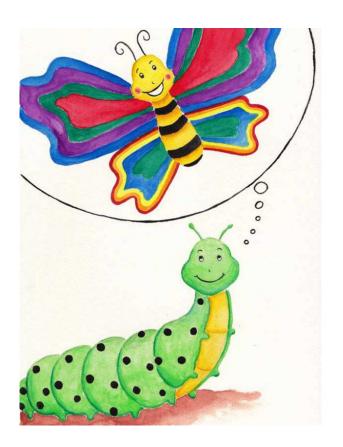






and there might be some new rules to keep us safe.



























I can be brave about changes because I know they are helping.









Some changes are good.























If I am worried, I can talk to my family and my teachers.







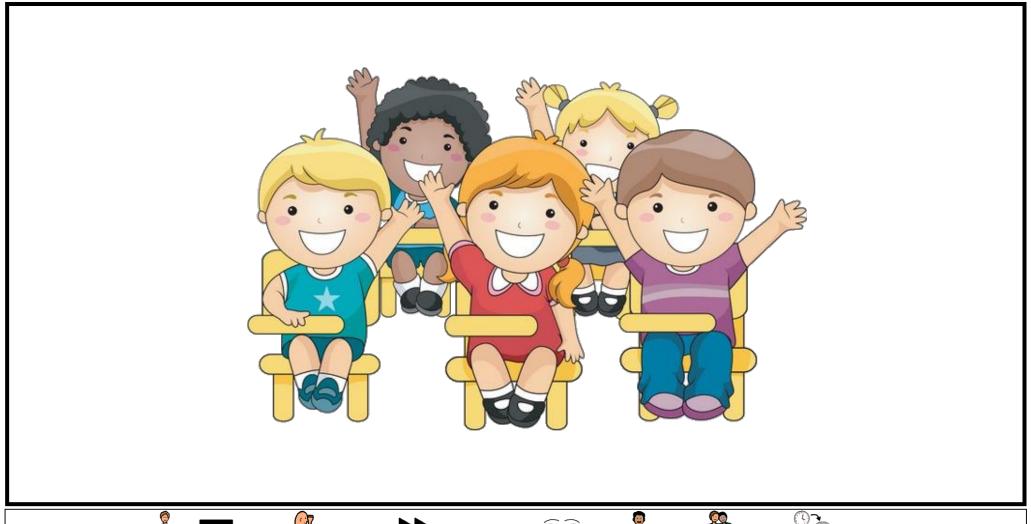








They will help me to feel calm and strong.

















I am looking forward to seeing my friends again.











Going back to school will be so fun!