

Mayfield Messenger

13th January 2023



Ready, Respectful, Resilience, Responsible, Resourceful, Reflective

Dear parents and carers,
A message from Mr Howard

This week has seen the first groups of pupils attend our new Primary nurture provision 'The Cove'. The Cove has been carefully set up to support children to meet the social and intellectual demands of school life, improving their self-confidence and self-esteem, through a carefully planned curriculum. For further information, please see our [nurture group policy](#).

On Thursday 12th January, Kooth came in to deliver targeted workshops with years 8 and 9. The workshop was enjoyed by those invited and the feedback from staff and pupils was positive. Kooth is a free mental health service that offers online counselling for young people in Portsmouth. It is open all day from 10pm, it is entirely confidential, does not need a referral and there is no waiting list. It is endorsed by Portsmouth City Council and the Mental Health Support Team.

I firmly believe that these approaches help to build a strong mental health from an early age, to enable our children to build resilience and face life's challenges. I look forward to sharing how further work in these areas continues to have a positive impact.

I wish you all a great weekend!



Year 10 GCSE Mock exams

Year 10 have their first set of GCSE mock exams next week in English, Maths and Science. It is important that pupils bring the following equipment each day: black pen, pencil, ruler, highlighter and scientific calculator. Equipment needs to be kept in a clear plastic pencil case. The exams will be starting at 8.45am prompt every day next week, so please make sure that you are in school on time next week.

The exams are:

- Monday – Biology and Maths
- Tuesday – Maths and Chemistry
- Wednesday – English Literature
- Thursday – Maths
- Friday – Physics

Good luck Year 10!



Parent's Evenings

We have been reviewing the dates of the Parents Evenings to ensure that they provide parents and families with the timely and useful feedback. The Parents Evenings for the rest of this year are:

Year 8 – Thursday 9th February

Year 9 – Thursday 23rd March,

Year 11 – Thursday 30th March

Primary – Wednesday 26th and Thursday 27th April

Year 7 – Thursday 27th April

INSET day

This is just a reminder that there will be **no school** on **Monday 23rd January 2023** due to days due to staff training.



New play space

Senior section pupils have been enjoying the new playground since the start of the new term. There is now much more space to run around and let off steam at social times. We have also enjoyed having football back on the tennis courts.



Community Event Reminder

We look forward to welcoming you to our next event on:

Tuesday 7th February 5pm-6pm

Refreshments will be available.



Parent Governor wanted!

We currently have a vacancy for a Parent Governor at Mayfield. Parent governors are elected by and from the parents/carers of children currently attending our school. Parents bring a very important and valued perspective to the work of the governing body. Further information on how you can apply to become a Parent Governor is attached to this Messenger or available on the **Vacancies** page of the website.

Year 11 Period 6

The final week of the current round of Period 6 for Year 11 is next week. **Please make sure you are attending if it's on your timetable**, check ClassCharts for details or speak to Mr Tite.



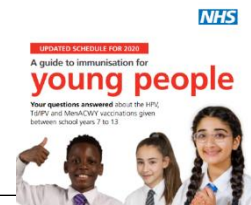
Year 9 Teenage Booster Vaccination

When: Thursday 9th February 2023

If you are a parent / carer of a Year 9 student please find attached information regarding the above vaccination. To sign up click the link below for the registration, or follow the link on the attached document.

E-Consent link

<https://links.inhealthcare.co.uk/solent-portsmouth-tdm>



Teaching assistant information event - 28 February 2023

Teach Portsmouth's next information event for those interested in becoming a teaching assistant will take place on **Tuesday 28 February 2023 at Central Library (third floor) from 10am to 2pm.**

Everyone is welcome!



Friends of Mayfield (FOM) Pre-loved Uniform Shop

FOM are in need of donations of any uniform that your child has grown out of, you can make donations by taking them to main reception or visit the shop Monday Thursday 3.30-4.30pm to see if we are able to swap it for a bigger size. All money raised through the shop goes to FOM who spend it on our school.

This week's success outside Mayfield is;

Layla Rose in Year 1 has passed her Level 2
Gymnastics Award. We are super proud of her.



Share your child's success outside of Mayfield

If your child/ren have achieved something over the weekend or during the week, please share a picture and a brief description of the success. This could appear in the next Mayfield Messenger.

Please send these to general@mayfield.portsmouth.sch.uk

Unfortunately, we will not be able to share all of these. However, we will use them to contribute to a beyond Mayfield display.

We look forward to seeing you all again on Monday

School Aged Immunisation Service

Adelaide Health Centre
William Macleod Way
Millbrook
Southampton
SO16 4XE

Tel: 0300 123 5074
www.solent.nhs.uk

Dear Parents/carers,

The School Aged Immunisation Service offers both the Meningitis ACWY and Tetanus, Diphtheria and Polio (Td/IPV) vaccinations to young people aged 13 – 14 years old (School Year 9).

Please refer to the link below for the parent leaflet which contains further information. [Immunisations for young people - main leaflet - Health Publications](#). Further information is also available here <https://www.nhs.uk/conditions/vaccinations/3-in-1-booster-questions-answers/>

This is the fifth and final vaccination (2nd booster) following on from the Pre-school Booster for Tetanus, Diphtheria and Polio, and booster for MenACWY which completes this course. If your child has already had one of these vaccines you can choose the vaccine they have not yet had on the consent form.

If you know your child has received both the 2nd booster and MenACWY dose since attending secondary school, you do not need to complete the consent form.

Prior to completing the online E consent, if you are unsure of your child's Meningitis ACWY and Tetanus, Diphtheria and Polio vaccination history, please contact your GP/or access NHS App for your child/ren to check as this is required in the process.

We use an online E-Consent from InHealthcare for all our immunisation programmes. To give consent to the vaccinations or to opt your child out please use the link below or QR code.

Your child's school code is **116463**

<https://links.inhealthcare.co.uk/solent-portsmouth-tdm>



If this does not open, please copy, and paste the link above into your internet browser address bar.

Please check Junk Mail folders as emails from the consent system may end up here.

ONLY SUBMIT ONE FORM PER CHILD. If you are unsure that you have completed a form, please check your emails for communication from Inhealthcare or contact the School Age Immunisation Service.

If at any time you wish to change your consent, you will be required to contact our service to inform us and also inform your child's school before the date of the school session. Please ensure that your child is aware that consent has changed.

The vaccination session in your child's school is on **21/22nd February 2023**. The consent form must be completed by **19th February 2023** for your child to have the vaccine at the school session.

If this date has passed you can still complete the consent form and you will have the option to book into one of our community clinics. If your child is absent or is unable to have the vaccine on the day you will receive an email to book an alternative appointment.

If you have any questions or if you are unable to complete the online E-consent form, please contact the School Aged Immunisation Service:

Email: snhs.schoolagedimmunisations-ports@nhs.net

Telephone: [0300 123 5074](tel:03001235074)

With best wishes,

School Aged Immunisation Service

For more information, please visit our website: [School Aged Immunisation Team | Solent](#)

Frequently Asked questions

Q: What is a LEA code?

A: The LEA is the Local Education Authority code which identifies the school.

Q: Does your child have a condition or is receiving treatment that severely affects their immune system?

A: This would be treatment such as chemotherapy or on antiviral treatment.

Q: Does your child have a diagnosed bleeding disorder confirmed by a medical professional?

A: Confirmed diagnoses from GP/hospital doctor of a condition where the blood does not clot quickly.

Q: Has your child had a severe reaction to the following antibiotics; Neomycin, Streptomycin or polymyxin B.

A: Only these 3 antibiotics, these are not commonly prescribed antibiotics.

Q: Has your child ever had a severe reaction to previous immunisations?

A: This is a reaction that required hospital or emergency treatment such as anaphylaxis. Fainting is not included in this.

Q: Is your child allergic to any ingredients in the vaccination? (Ingredients listed on the consent form)

A: These are confirmed allergic reactions or undergoing testing for a reaction to any of the ingredients in the vaccine.

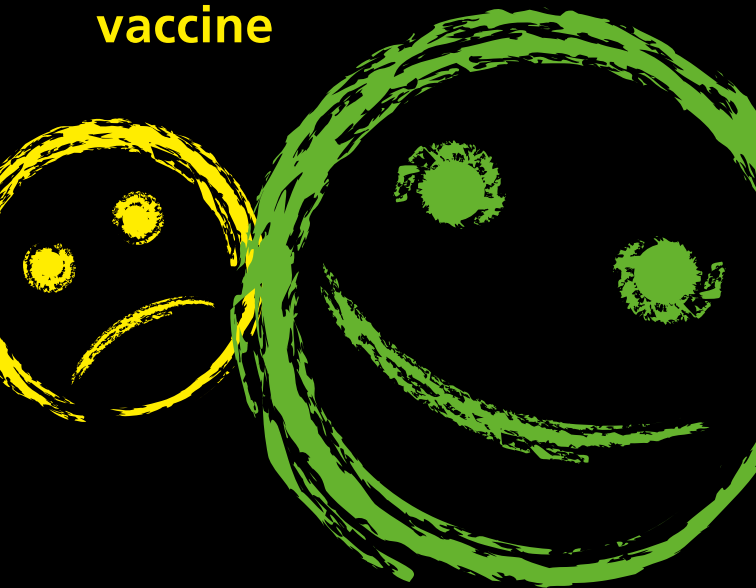
Q: Does your child have additional needs that might affect their vaccination?

A: The team are regularly working with children who have additional needs and are happy to provide a level of support, time and encouragement that suits their needs.

In school years 9 or 10?

Protect yourself against
meningitis AND
septicaemia

▶ **Have the MenACWY
vaccine**



This leaflet tells you why it is important
to have the MenACWY vaccine.

MENINGOCOCCAL DISEASE

is a rare but life-threatening disease caused by meningococcal bacteria. Teenagers and young adults are in one of the highest risk groups for this disease.

This leaflet explains why it's important that students in school years 9 to 10 have MenACWY vaccination to protect against meningococcal disease.



What is MenACWY vaccine?

MenACWY vaccine protects against four common groups of meningococcal disease – MenA, MenC, MenW and MenY. You should receive an invitation to have this vaccine when you are in school year 9 or 10 (aged 13-15 years). You need this vaccine even if you had a meningococcal vaccine when you were younger.

What is meningococcal disease?

Meningococcal disease can cause both meningitis and septicaemia. Meningitis is when bacteria reach the meninges (the lining around the brain and spinal cord) and cause dangerous swelling. Septicaemia is when bacteria enter the bloodstream and cause blood poisoning which can trigger sepsis. Sepsis is an overwhelming and life-threatening immune response to any infection and can lead to tissue damage, organ failure and death.

Meningococcal disease is rare but very serious and requires urgent hospital treatment. It can lead to life-changing disabilities such as amputations, hearing loss, brain damage and scars.

What causes meningococcal disease?

Meningococcal disease is caused by different groups of meningococcal bacteria. In the UK it is almost always caused by one of four meningococcal groups commonly known as MenB, MenC, MenW or MenY. These can be prevented with vaccines. MenA disease is rare in the UK but can also be prevented by vaccination.

What are the common signs and symptoms?

Initially meningococcal disease can be like a bad case of flu. But anyone affected will usually become seriously ill within a few hours. Early treatment can save your life so it is sensible to be aware of some main signs and symptoms. It is important to know the signs and symptoms of meningitis and septicaemia even if you are vaccinated as there are many other bacteria that can cause these illnesses, including the group B strain that is not covered by the ACWY vaccine.

Be aware of these common signs and symptoms

High temperature	Cold hands and feet
Vomiting/diarrhoea	Pale blotchy skin
Stomach cramps	Rash/bruising rash*
Joint or muscle pain	Confusion and/or irritability
Severe headache	Drowsy or difficult to wake
Stiff neck	Seizures/fits
Dislike of bright light	
Rapid breathing	

One or more of these symptoms may develop and they can appear in any order and be mixed between the two illnesses. It is important to seek early medical advice if you or a friend have symptoms of concern or a condition that is getting rapidly worse.

A full description of the signs and symptoms of meningitis and septicaemia can be found at www.meningitis.org and www.meningitisnow.org

*On dark skin, check inside the eyelids or roof of the mouth where the spots may be more visible.

Why do I need to get the vaccine?

Older teenagers and young adults are at higher risk of getting meningococcal disease, so you need to get vaccinated now to protect yourself. Vaccination also reduces the risk of other people around you becoming infected. You may have had MenC vaccination as a baby and toddler but this will not protect you against other meningococcal groups.

The MenACWY vaccine will increase your protection against MenC and help to protect you against three other meningococcal groups (A, W and Y).

Do I have to have MenACWY vaccine?

No, but the best way to help protect yourself is by having the MenACWY vaccine. You, or your parent/guardian, have to consent to have the vaccine.

What if I want the vaccination but my parents don't agree?

If you can show that you understand the benefits and risks of MenACWY vaccination, you can consent to have the vaccine. It's good to discuss the matter as a family and come to a shared decision.

Does MenACWY vaccine protect against Men B?

No, Men B is caused by another group of the bacteria which commonly affects young infants. A different vaccine, which protects against MenB, is given to very young babies. Some adults and older children considered at risk may be eligible on the NHS. You can find out more about how to get the MenB vaccine through the charity websites listed overleaf.

What if I want more information?

See the information provided at the end of the leaflet.

What do I need to do if I'm now in an older school year group or have left school?

If you were born on or after 1 September 1996 and eligible but missed your teenage MenACWY vaccine you can still have the vaccine up to your 25th birthday. If you are older and starting university for the first time, you can still have the vaccine up to your 25th birthday. If you are still at school you should talk to your school provider otherwise you will need to make an appointment with your GP practice.


Is the vaccine safe?

The vaccine has been used for many years across the world and has an excellent safety record. Serious side effects from the vaccine are rare.

Does the vaccination hurt? What are the common side effects?

It's like a sting. You may get soreness and some redness and swelling in your arm after the injection – you may also get a headache, but these symptoms should disappear after one or two days.

If you feel unwell at any time after vaccination, you should contact your GP.



Meningitis and septicaemia are very serious and require urgent attention. If you think you've got either, get medical help immediately and make sure your fellow students know to look out for you and each other.

Do the glass test

Someone with septicaemia may develop a few spots or a widespread rash with fever. Later on the rash can develop into purple blotches that do not fade under pressure. You can do a test for this by pressing the side of a drinking glass against the rash. If you have a fever and a rash, and the rash does not fade under pressure, get medical help immediately by calling 999 or getting someone to take you to the nearest hospital emergency department.

Never wait for a rash, though. It can be a late sign or may not appear at all. If someone is ill and getting worse get medical help immediately*.



*On dark skin, check inside the eyelids or roof of the mouth where the spots may be more visible.

How can I find out more?

There is more information about the MenACWY vaccination on the NHS Choices website at

www.nhs.uk/conditions/meningitis

www.nhs.uk/conditions/vaccinations/meningitis-b-vaccine

www.nhs.uk/vaccinations

www.nhs.uk/conditions/vaccinations/men-acwy-vaccine

www.nhs.uk/Conditions/vaccinations/Pages/men-acwy-vaccine.aspx or you can talk to your GP or university health centre if you have any questions.

The following charities also provide information, advice and support:

Meningitis Now

Freephone Meningitis Helpline

0808 80 10 388

9am to 10pm every day

www.meningitisnow.org

Meningitis Research Foundation

Free helpline 080 8800 3344

(9am to 10pm weekdays, 10am

to 8pm weekends and holidays)

www.meningitis.org

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www.nhs.uk/conditions/vaccinations/men-acwy-vaccine/