cater	link		Spring Menu 2020			
feeding the in	nagination	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 06/01/2020 27/01/2020 24/02/2020 16/03/2020	Option 1	Chicken Curry wit Rice	Sausage, Mashed Potatoes and Gravy	Roast Chicken with Stuffing, Roast Potatoes and Gravy	French Bread Cheese & Tomato Pizza with Paprika Wedges	Fish Fingers with Chips
	Option 2	Wholemeal Vegetable pasta Bake	Linda McCartney Sausages, Mashed potato and Gravy	Vegetable Wellington with Roast Potatoes and Gravy	Macaroni Cheese	Cheese and Tomato Quiche with Chips
	Jacket Potato	Tuna Mayonnaise	Grated Cheese	Tuna Mayonnaise	Baked Beans	Baked Beans
	Vegetables	Sweet Corn Cabbage	Cauliflower Broccoli	Carrots Green Beans	Roasted Vegetables	Baked Beans Peas
	Dessert	Apple Flapjack Yoghurt Fresh Fruit	Orange Drizzle Cake Yoghurt Fresh Fruit	Apple, Cheese & Crackers Yoghurt Fresh Fruit	Syrup Sponge with Custard Yoghurt Fresh Fruit	Fresh Fruit and Yoghurt Station
Week Two 13/01/2020 03/02/2020 02/03/2020 23/03/2020	Option 1	Mexican Beef with Rice	Sausage Roll with Wedges	Roast Turkey Roast Potatoes and Gravy	Cheese and Tomato Pizza	Breaded Fish with Chips
	Option 2	Soya Bolognaise	Vegan Sausage Roll with Wedges	Quorn Roast Fillet with Roast Potatoes and Gravy	Chickpea Curry with Rice	Cheese Frittata with Chips
	Jacket Potato	Tuna Mayonnaise	Grated Cheese	Baked Beans	Tuna Mayonnaise	Baked Beans
	Vegetables	Sweetcorn Broccoli	Peas Cauliflower	Carrots Green Beans	Sweetcorn Tomatoes	Baked Beans Peas
	Dessert	Orange and Lemon Shortbread Yoghurt Fresh Fruit	Chocolate Cake with Chocolate Drizzle Yoghurt Fresh Fruit	Apple, Cheese and Crackers Yoghurt Fresh Fruit	Oaty Pear Crumble and Custard Yoghurt Fresh Fruit	Fresh Fruit and Yoghurt Station
Week Three 20/01/2020 10/02/2020 09/03/2020 30/03/2020	Option 1	Chicken Stir Fry with Rice	Chicken & Sweetcorn Pie with New Potatoes and Gravy	Roast Pork Roast Potatoes and Gravy	Cheese and Beef Pizza with Wedges	Fish Fingers with Chips
	Option 2	Vegetarian Stir Fry with Rice	Vegetable Hotpot	Potato and Courgette Stack with Roast Potatoes	Cheese & Tomato Pizza With Wedges	Homemade Vegetable Sausage with Chips
	Jacket Potato	Baked Beans	Tuna Mayonnaise	Baked Beans	Grated Cheese	Baked Beans
	Vegetables	Green Beans Cauliflower	Swede and Carrot Mash	Carrots Peas	Sweet Corn Broccoli	Baked Beans Pea
	Dessert	Chocolate and Orange Brownie Yoghurt Fresh Fruit	Banana Sponge and Custard Yoghurt Fresh Fruit	Apple, Cheese and Crackers Yoghurt Fresh Fruit	Oaty Cookie Yoghurt Fresh Fruit	Fresh Fruit and Yoghurt Station

Added Plant Power Vegan

Wholemeal

Available
Daily:
- Freshly
cooked jacket
potatoes with a
choice of
fillings (where
advertised)
- Bread freshly
baked on site
daily
- Daily salad
selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team

allergy or intolerance you will be asked to

to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to