



# PROSPECTUS 2019

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# MILITARY PREPARATION COLLEGE

At the Military Preparation College, we believe that through outstanding leadership and teaching, all can achieve their goals. We have been inspected by Ofsted and awarded "outstanding" in outcomes for Learners, quality of teaching, learning and assessment, effectiveness of leadership and management. We have also been awarded the TES training provider of the year, 2017 in recognition of the exceptional results our students achieve across all of our Colleges.

Every Instructor at the college has served in the British Armed Forces and all are role models to our Learners. They have been trained by the best and, in turn, our Learners are learning from the best. The sense of pride our staff feel in developing, training and supporting our Learners has also been recognised by the Times 100 Best Companies to Work For 2017.

Graduates of the programme who decide to join the British Armed Forces are more likely to be successful than direct entrants. Learners who decide to pursue other career options have the core skills to support their success. With this new found set of skills and qualifications, doors are now open to them, which were previously firmly closed.

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## Our Mission

Our mission is to engage, motivate and educate in order to achieve excellence for all.

## Our Ethos

We create an environment that is caring, supportive, safe and positive.

## Our Vision

MPCT's vision is to provide outstanding standards of learning in every region of the United Kingdom. This will support young people to reach their potential and progress to their chosen career or learning path.

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## Our Core Values

Transparency  
Dedication  
Pride

Integrity  
Empathy  
Teamwork

Diligence  
Loyalty  
Robustness

Honesty  
Consistency  
Respect



## PHYSICAL TRAINING

The benefits of physical exercise are so important to your development that we put a large emphasis on it and as such you will do some sort of activity every day. You will be taught how to eat properly, how to effectively exercise and look after yourself. This will make you feel stronger, be healthier, look better and achieve more. Regardless if you pursue a career in the uniformed services, this experience will set you up for life.



**Daily** physical training sessions



**Adventure training** opportunities



Health screening



Fitness assessments to track **your progress**



Varied activities for **all abilities**



Bespoke training plan to **support** your application to your chosen **career path**

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## HEALTH AND WELL-BEING

All of our Instructors have experience and knowledge in supporting people with leading a healthy lifestyle. They will be able to support your goals and give you advice to ensure that you fuel your body correctly for maximum performance. They will also be able to support weight gain and loss in line with a career in uniformed services.



**FREE** breakfast club



**FREE** healthy eating plan



**FREE** advice on losing and gaining weight



**Daily** outdoor activities to promote wellness



**Team building** activities to promote social development



Opportunities to play **sport**



# MILITARY TRAINING

Our courses are designed to give you the skills needed to start your journey towards a rewarding career in the British Armed Forces or to progress on to further education or training.

At the college, you will follow a weekly routine of activities and curriculum. This includes vocational training, physical training, English and mathematics, military training days and assessments.

Our curriculum covers a wide variety of skills development, including public speaking. The skills and confidence needed are gained through the practice of preparing and delivering ice-breakers and presentations. You will always have your peers and your Instructor supporting you every step of the way as your confidence builds.

Problem-solving and leadership skills are essential in the Armed Forces and civilian employment. You will take part in a range of problem-solving activities both in the field, and in academic lessons. The ability to work effectively as a team member will be essential to your success. There are many leadership opportunities at the college, and we encourage all of our Learners to challenge themselves to be more than average.



Military **visits**



Military personnel support



Low level tactics



**Assault course** training



Annual whole college competition



Activities that support your application to the forces



# QUALIFICATIONS

At the Military Preparation College you will enrol on a course that is designed to give you the skills you need to start your journey towards a rewarding career or to continue with education and training.

## **BTEC Level 2 in Workskills**

The BTEC Level 2 in Workskills qualification will help you develop the skills and attitudes valued by employers in any sector or industry. Depending on how much time you spend on the course, you can progress through different levels of the qualification. These include the Introductory Award, Award, Certificate, Extended Certificate and Diploma in Workskills.

The aim of the course is to prepare you for getting a job. Getting a job is just the first step, we also focus on giving you the tools to succeed and advance in your role or future career. During the course you will develop your confidence, fitness, health and ability to work within a team. You will gain the skills and knowledge required to progress to employment, further study or an apprenticeship.

## **Functional Skills**

The Functional Skills qualifications at the Military Preparation College supports you to achieve your vocational aspirations.

Functional Skills qualifications will help improve your literacy and numeracy skills. The qualifications are designed with a focus on problem solving and are aimed at developing practical English and mathematical skills that will support you in the world of work, education and everyday life.

There is a clear pathway of progression with increased levels of demand. The qualifications at each level support you to develop and consolidate your skills from the previous level.

We will support you in achieving these qualifications, which will increase your confidence and motivation.





## TESTIMONIALS



I have been at the college for 8 months and I'm on track to start in the British Army in 3 months time. MPCT has helped me with my fitness and confidence. I can't thank MPCT enough for the opportunity and guidance they've given me.

**Nicoll Tsangari, MPC Croydon Learner**

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Thanks to MPCT, my son Bradley is now more confident, believes in himself, has gained qualifications, got himself fitter and overall is taking a more mature approach towards the rest of his life and career. With the inspiration of MPCT, he applied to attend AFC Harrogate in September 2017, joining the Parachute Regiment within the BritiArmy.

**Charlie Lebeau-Roe Mum to Bradley, MPC Newport**

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In my view, the MPC changes young peoples' lives for the better. I have talked to any number of youngsters who all say the same thing: they were a problem, without direction or purpose, gone to bad. And yet after a month or two at the MPC they are turned around and, even if they do not join the forces, they become good citizens. Of the many soldiers I have met who attended the MPC, all have made a success of their careers. Various COs all say that MPC graduates are more likely to pass through training, become good soldiers and rise up the ranks. 1 Royal Welsh has about the equivalent of a company's worth of men thanks to the MPC.

**Lieutenant General Jonathon Riley CB DSO PhD MA**

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The core values are what attracted me to employing young people from the Military Preparation College. Those sort of values are a solid foundation to work with and continue to develop in the workplace.

Students from the MPC have been shown positive role models with the ex-military instructors who teach them every day. The ethos of the MPC students is what we want. They have developed skill sets and behaviours we can work with in the workplace. We value their time-keeping, confidence, dexterity and fitness. We don't want people off sick so fit and healthy young people from the MPC is perfect for us.

**Ed Saville, General Manager at Newport Galvanizers**



# FREQUENTLY ASKED QUESTIONS

## **Do I need qualifications to start the course?**

No, you just need the right attitude.

## **Is the course free?**

Yes, the training is free and is part funded by the European Social Fund.

## **Do I need to be fit to join the course?**

No. We will make sure that you work at a level that is suitable for you. Your fitness will improve naturally as you take part in exercise every day at the college.

## **Do I get paid?**

You may be eligible for a training bursary. For more information visit <https://www.gov.uk/1619-bursary-fund/further-information> or contact us on 0330 111 3939.

## **Will I get to wear a uniform?**

Yes. All students on the programme wear the college uniform. This makes them part of the team and gives them a sense of pride. Details on your uniform will be explained on day one.

## **Will I need to pay for any equipment?**

Dependant on personal circumstances, financial support could be available. For further details contact us on 0330 111 3939.

## **Are the courses residential?**

No. You will still live at home whilst attending your local Military Preparation College but you will have the opportunity to go on overnight exercises.

## **Will the course help me choose a career?**

You will receive individual careers advice whilst on the course to help you with your vocational choices.

## **Do I have to join the military if I attend the Military Preparation College?**

No, you will be supported in whatever career path you choose to follow. Although the course is based on military values, it will give you the confidence and employability skills to succeed in any career you choose. You will also gain valuable qualifications.

## **Do I get any holidays?**

Yes. You will be eligible to have up to 35 days holiday per year.

## **When can I start?**

Unlike traditional colleges, you can start anytime during the year. This is usually within a week of applying.



**FOR MORE INFORMATION  
GET IN TOUCH TODAY**

**0330 111 3939  
WWW.MPCT.CO.UK  
ENQUIRIES@MPCT.CO.UK**

