



Mayfield School

Infant • Junior • Senior

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7th March 2022

COL19/JH

Dear Parents/Carers

Re: PSHE Lessons

I am writing to inform you that in year 7's upcoming PSHE lessons, they will be studying Sex and Relationships education.

During the unit, students will cover topics including (but not limited to):

- Different types of relationships
- Respectful relationships
- How to identify when someone might be trying to gain power and control and what to do about this
- Resisting peer pressure
- Responsible use of technology for communicating online
- What having a boyfriend/girlfriend/significant other might mean and why it is important that these relationships are built on respect
- Resolving conflict in relationships

Lessons have been developed to comply with the latest guidance from the Department for Education and will be taught in line with Mayfield's SRE policy, which can be viewed on our website.

If you have any questions or concerns about the content of the lessons or the SRE policy, please email me on colmer-rachael@mayfield.portsmouth.sch.uk

Yours sincerely

Miss R Colmer

Subject Leader of PSHE

'Your only limitation is your ambition'
Headteacher Mr. David Jeapes



Council for the Registration of
Schools Teaching Dyslexic Pupils

