

# LUNCH WEEK 1



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL #ONE

Cottage Pie  
Topped with Sweet  
potato & Carrot  
mash

Marinated Chicken  
Pieces, Wings & Sides

Roasted Turkey  
Cranberry Sauce  
Stuffing & Gravy

Delhi Tikka Chicken  
Masala, Rice and  
Sides

Battered Fish, Chips,  
Peas, Lemon &  
Tartare Sauce

### MAIN MEAL #TWO

Quorn & Lentil  
Cottage Pie



Spicy Bean Burger,  
Sweet Chilli & Lettuce

Mac n Cheese  
With Veggie Toppers



Mughlai Vegetable  
Korma, Rice & Sides



Homity Pie, Chips &  
Baked Beans

### HANDHELD

Brazilian Chicken  
Wrap

Authentic Italian  
Pizza Slice

Fish Finger Ciabatta  
& crisp lettuce



Authentic Italian  
Pizza Slice

Shredded Chicken  
Fillet wholemeal  
Baguette



### BOWLED OVER

Pasta Kitchen



Noodle Street



Egg & Soy seasoned  
Rice Bowl

Pasta Kitchen



Pasta Kitchen



### DESSERTS

Sticky Toffee Apple  
Crumble & Custard

Vanilla Sponge &  
Custard

Fresh Fruit Salad

Chocolate & Beetroot  
Brownie

Oaty Cookie

**caterlink**  
feeding the imagination

## SOUPS

Come and try our  
range of soups  
available. Varying  
daily and providing  
healthy options to  
you all!

## ALLERGIES

PLEASE SPEAK TO OUR STAFF  
MEMBERS IF YOU HAVE ANY  
ALLERGIES AND NEED TO KNOW  
WHAT IS WITHIN EACH OF OUR  
DISHS. THEY WILL ADVISE YOU ON  
YOUR AVAILABLE FOOD CHOICES.

## JACKET STATION

Sweet potatoes and  
Jacket potatoes  
with various fillings  
on offer including;  
cheddar cheese, baked  
beans and tuna with  
mayonnaise

## Bowled Over

Pasta / rice / noodles served  
daily with different toppings!

**meal  
DEALS**

VEGAN OPTIONS  
AVAILABLE  
DAILY!

THE  
UPROOTED  
KITCHEN

# LUNCH WEEK 2



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL #ONE

Baked Chicken  
Meatballs in a Spicy  
Tomato & Basil Sauce  
Served With Rice



Beef Chilli Nachos,  
Salsa, Guacamole &  
Paprika Rice

Honey Roasted  
Gammon Roast  
Potatoes & Gravy

Flavoured Chicken  
Strips Served in  
Flatbread with  
Authentic Salads

Battered Fish, Chips,  
Peas, Lemon &  
Tartare Sauce

### MAIN MEAL #TWO

Quorn Dog With  
Fairground Onions &  
Seasoned Baked  
Wedges

Chunky Vegetable  
Chilli Nachos, Salsa,  
Guacamole &  
Paprika Rice

Mac n' Cheese with  
Garlic Mushrooms  
And Tossed Salad



Falafels & Hummus  
Served in a Flatbread  
with Authentic salads



Mexican Bean Roll &  
Chips Served with  
Seasonal Vegetables

### HANDHELD

Authentic Italian Pizza  
Slice

Tikka Chicken  
Flatbread With Slaw  
& Sauce

Authentic Italian  
Pizza Slice

BBQ Beef Burrito

Authentic Italian  
Pizza Slice

### BOWLED OVER

Pasta Kitchen



Pasta Kitchen



Sweet & Sour  
Noodles



Pasta Kitchen



Spicy Chicken Rice  
Bowl



### DESSERTS

Chocolate & Pear  
Cake with Custard

Apple Flapjack

Summer Fruit Trifle

Peach Upside Down  
Cake

Chocolate Chip  
Shortbread

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**meal**  
**Deals**

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AVAILABLE  
DAILY!

THE  
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KITCHEN

# LUNCH WEEK 3



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL #ONE

Bangers & Mash with  
Garden Peas & Red  
Onion Gravy

Italian Beef Lasagne  
Served With House  
Salad & Garlic Bread

Roast Pork Loin  
Apple Sauce &  
Apricot Stuffing,  
Gravy.

Chicken Tikka  
Masala, Rice & Sides

Battered Fish, Chips,  
Peas, Lemon &  
Tartare Sauce

### MAIN MEAL #TWO

Quorn Sausage  
Served With Mash,  
Peas & Red Onion  
Gravy

Vegetarian Lasagne  
Served With House  
Salad & Garlic Bread

Mac n' Cheese With  
Veggie Toppers

Mughlai Vegetable  
Korma, Rice & Sides

Vegan Spinach &  
Kale Burger, Vegan  
Mayo & Salad

### HANDHELD

Authentic Italian Pizza  
Slice

Sweet Chilli Chicken  
Wrap

Authentic Italian  
Pizza Slice

Ham & Cheese  
Panini

Authentic Italian  
Pizza Slice

### BOWLED OVER

Pasta Kitchen

Vegetable Chow  
Mein Noodles

Pasta Kitchen

Black Bean Noodles

Pasta Kitchen

### DESSERTS

Jam & Coconut  
Sponge

Chocolate  
Sponge with  
Chocolate Sauce

Fresh Fruit & Yoghurt

Mixed Fruit Crumble  
& Custard

Pinwheel Cookie

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