

Victory House – Weekly Update

Week ending Friday 3rd April 2020

Hello Victory House!

I hope you are all keeping well and looking after one another.

I'm sure that you are all working hard on your home learning – even though none of you have sent me any pictures as evidence of this yet!

Like a lot of you, myself and Mrs Denford are doing a lot of our work from home too. That is not without its challenges – as many of you will know, we have two young children running about. Just because we are at home though doesn't mean we need to be cut off from friends, or that we can't stay emotionally and physically healthy.

Try to have some structure (especially on days you would normally be in school!) – the Denford household starts each day with 30 minutes of 'PE with Joe' – I know Miss Dare is too! We then have a morning working session, a lunch break, and then an afternoon working session. Then it's time to enjoy our hobbies – playing football in the garden, beating my son at Mario Kart on the Switch, or Facetiming friends and family. Miss Dare tells me that she is enjoying the National Geographic Channel on YouTube when she is not working!

It is important to stay positive - I am speaking more to my friends and family now than I ever have done, which is a lesson I will learn from when we come out of the other side of the Coronavirus pandemic.

Remember that we are still here for you if you need us. You can email myself or Miss Dare if you have any concerns, or your subject teachers if you have a work-related question.

Look after each other.

Mr Denford (denfordp@mayfield.portsmouth.sch.uk)

