

## 'Stay at Home' Guidance for Parents and Families – Autumn 2020

The most important symptoms of coronavirus (COVID-19) are recent onset of any of the following:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**If your child or anyone else in your household is displaying any of these symptoms, all of your children must not come to school.**

Please phone the Absence Reporting Line on 02392 693432 to explain that your household is self-isolating at home and book a Covid Test via <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/>

Our Attendance Team will maintain regular contact with you and your family during your period of self-isolation. Please inform us of the outcome as soon as you receive your test results.

If your child's test result is **negative** and your child is no longer experiencing any of the symptoms of Covid-19, then they may return to school. Their siblings may also now return to school.

If your child's test result is **positive**, please inform the school Attendance Office immediately. Outside of school office hours, please text the Attendance Mobile on 07908 676745 immediately.

Your child must then continue to self-isolate for at least 10 days from the onset of their symptoms and then return to school only if they do not have symptoms other than cough or loss of sense of smell/taste. This is because a cough or anosmia can last for several weeks once the infection has gone. The 10-day period starts from the day when they first became ill. If they still have a high temperature, they should keep self-isolating until their temperature returns to normal. Your other children should continue self-isolating for the full 14 days.

We appreciate that this will be a worrying time for you and your family. These key members of staff are able to provide support during your period of self-isolation:

Mrs Rolfe (Educational Welfare Officer)	<a href="mailto:Rolfe@mayfield.portsmouth.sch.uk">Rolfe@mayfield.portsmouth.sch.uk</a>
Mrs Rowntree (Welfare Assistant)	<a href="mailto:Rowntree@mayfield.portsmouth.sch.uk">Rowntree@mayfield.portsmouth.sch.uk</a>
Mrs Buck (Head of Infants)	<a href="mailto:BuckJ@mayfield.portsmouth.sch.uk">BuckJ@mayfield.portsmouth.sch.uk</a>
Miss Lewis (Head of Juniors)	<a href="mailto:LewisJ@mayfield.portsmouth.sch.uk">LewisJ@mayfield.portsmouth.sch.uk</a>
Miss Webb (Head of Discovery House)	<a href="mailto:Webb@mayfield.portsmouth.sch.uk">Webb@mayfield.portsmouth.sch.uk</a>
Mr Campbell (Head of Endeavour House)	<a href="mailto:CampbellJ@mayfield.portsmouth.sch.uk">CampbellJ@mayfield.portsmouth.sch.uk</a>
Miss Jones (Head of Intrepid House)	<a href="mailto:JonesJ1@mayfield.portsmouth.sch.uk">JonesJ1@mayfield.portsmouth.sch.uk</a>
Mr Denford (Head of Victory House)	<a href="mailto:DenfordP@mayfield.portsmouth.sch.uk">DenfordP@mayfield.portsmouth.sch.uk</a>

Thank you for your support and co-operation.

**STAY ALERT ▶ CONTROL THE VIRUS ▶ SAVE LIVES**