

Year 7 PSHE: Human Rights

The Universal Declaration of Human Rights applies to all communities. The Universal Declaration of Human Rights ensures that everyone has the same basic standard of rights, regardless of which communities they belong to.

Tasks:

1. Read the summary of some of the human rights below.
2. Imagine you are creating a new community. This could be a new town or could be smaller such as a new group. For example, you could imagine that you are setting up a new cricket club with your friends in school. Choose 3 of the human rights, and write out how you would ensure that they were protected in your new community
3. Which of the human rights do you think is most important to you? Explain your answer.
4. Challenge: Can you think of anything else that you think should be added to the Universal Declaration of Human Rights? You could check the full version of the Universal Declaration of Human Rights online to see if your idea is already included

Please email completed work, or any questions that you have about the work, to Miss Colmer on colmer-rachael@mayfield.portsmouth.sch.uk

THE UNIVERSAL DECLARATION OF HUMAN RIGHTS

We are all born free and equal.

We all have the right to life, and to live in freedom and safety.

Nobody has the right to make us a slave. We cannot make anyone else our slave.

Nobody has the right to hurt us or to torture us.

Nobody has the right to put us in prison without a good reason, to keep us there or to send us away from our country.

Nobody should be blamed for doing something until it is proved that they did it. If people say we did something bad, we have the right to show this was not true.

Nobody should try to harm our good name. Nobody has the right to come into our home, open our letters, or bother us or our family without a good reason.

We all have the right to go where we want to in our own country and to travel as we wish.

If we are frightened of being badly treated in our own country, we all have the right to run away to another country to be safe.

We all have the right to belong to a country.

Every adult has the right to marry and have a family if they want to. Men and women have the same rights when they are married, and when they are separated.

Everyone has the right to own things or share them. Nobody should take our things from us without a good reason

We all have the right to believe in what we want to believe, to have a religion, or to change it if we want.

We all have the right to make up our own minds, to think what we like, to say what we think, and to share our ideas with other people wherever they live, through books, radio, television and in other ways.

We all have the right to meet our friends and to work together in peace to defend our rights. Nobody can make us join a group if we don't want to.

We all have the right to take part in the government of our country. Every grown up should be allowed to choose their own leaders from time to time and should have a vote which should be made in secret.

We all have the right to a home, to have enough money to live on and medical help if we are ill. We should all be allowed to enjoy music, art, craft, sport and to make use of our skills.

We all have the right to a good life, with enough food, clothing, housing, and healthcare. Mothers and children, people without work, old and disabled people all have the right to help.

We all have the right to education.

We have a right to peace and order, so that we can all enjoy rights and freedoms in our own country and all over the world.