



Physical Education Long Term Planning Map 2025-2026

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation Stage 1 Physical Development	Introduction to PE – Unit 1	Fundamentals – Unit 1	Games – Unit 1 Gymnastics – Unit 1	Ball Skills – Unit 1 Gymnastics – Unit 1	Games – Unit 1 Dance – Unit 1	Ball Skills – Unit 1 Dance – Unit 1
Foundation Stage 2 Physical Development	Introduction to PE – Unit 2	Fundamentals – Unit 2	Games – Unit 2 Gymnastics – Unit 2	Ball Skills – Unit 2 Gymnastics – Unit 2	Games – Unit 2 Dance – Unit 2	Ball Skills – Unit 2 Dance – Unit 2
Year 1	Coaches Sending and Receiving	Coaches Invasion Games	Coaches Target Games	Coaches Net and Wall	Coaches Striking and Fielding	Coaches Athletics
	Class Teacher Fundamentals	Class Teacher Ball Skills	Class Teacher Dance	Class Teacher Gymnastics	Class Teacher Dance	Class Teacher Gymnastics
Year 2	Coaches Sending and Receiving	Coaches Invasion Games	Coaches Target Games	Coaches Net and Wall	Coaches Striking and Fielding	Coaches Athletics
	Class Teacher Fundamentals	Class Teacher Ball Skills	Class Teacher Dance	Class Teacher Gymnastics	Class Teacher Dance	Class Teacher Gymnastics
Year 3	Coaches Netball	Coaches Hockey	Coaches Dodgeball	Coaches Tennis	Coaches Rounders	Coaches Athletics
	Class Teacher Fundamentals	Class Teacher Ball Skills	Class Teacher Dance	Class Teacher Gymnastics	Class Teacher Dance	Class Teacher OAA
Year 4	Coaches Netball	Coaches Hockey	Coaches Dodgeball	Coaches Tennis	Coaches Rounders	Coaches Athletics
	Class Teacher Fundamentals	Class Teacher Ball Skills	Class Teacher Swimming	Class Teacher Swimming	Class Teacher Swimming	Class Teacher Swimming
Year 5	Coaches Netball	Coaches Hockey	Coaches Dodgeball	Coaches Tennis	Coaches Rounders	Coaches Athletics
	Class Teacher Swimming	Class Teacher Swimming	Class Teacher Dance	Class Teacher Gymnastics	Class Teacher OAA	Class Teacher Tag Rugby
Year 6	Coaches Netball	Coaches Hockey	Coaches Dodgeball	Coaches Tennis	Coaches Rounders	Coaches Athletics
	Class Teacher Dance	Class Teacher Football	Class Teacher Dance	Class Teacher Gymnastics	Class Teacher OAA	Class Teacher Tag Rugby