





## MEADOWBANK SCHOOL WEEK 1

	CHOICE 1	CHOICE 2	CHOICE 3	CHOICE 4	SOMETHING SWEET
Monday	Cheese & Tomato Pizza served with Homemade Potato Wedges, Peas and Sweetcom	Salmon Goujons served with Homemade Potato Wedges, Peas and Sweetcorn	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Belgian Waffles with Whipped Cream  or Fresh Yoghurt or Fruit Salad
Tuesday	All Day Breakfast With Bacon, Sausage, Egg, Hash Brown and Baked Beans	Veggie All Day Breakfast With Veggie Sausage, Egg, Hash Brown and Baked Beans	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	American Pancakes with Berries or Fresh Yoghurt or Fruit Salad
Wednesday	Roast Chicken served with Roast Potatoes, Carrot & Cauliflower Medley and Gravy	Cheddar Cheese & Bean Puff served with Roast Potatoes, Carrot & Cauliflower Medley and Gravy	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	or Fresh Yoghurt or Fruit Salad
Thursday	Homemade Pasta Bolognaise served with Garlic Bread and Carrot & Broccoli Medley	Vegetable Pasta Bolognaise served with Garlic Bread and Carrot & Broccoli Medley	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Homemade Chocolate Crunch  or Fresh Yoghurt or Fruit Salad
Friday	Fish Fingers served with Skinny Fries, Peas, Carrots and Tomato Ketchup	Cheesy Pasta served with Peas and Carrots	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Homemade Double Chocolate Chip Cookie or Fresh Yoghurt or Fruit Salad

Available daily: Fresh Fruit, Salad and Bread

Autumn 2025

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.

Veg may change due to seasonality





## MEADOWBANK SCHOOL WEEK 2

Monday	CHOICE 1  Pepperoni Pizza served with Herby Potatoes and Pea & Sweetcorn Medley	CHOICE 2  Veggie Nuggets served with Herby Potatoes and Pea & Sweetcorn Medley	CHOICE 3  Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	CHOICE 4  Assorted Wraps filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	or Fruit Salad			
Tuesday	Choice of Cheeseburger or Beefburger in a Bun served with Homemade Wedges, Baby Corn and Baked Beans	Cheesy Quiche served with Homemade Wedges, Baby Corn and Baked Beans	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted Wraps filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	or Fresh Yoghurt or Fruit Salad			
Wednesday	Roast Beef served with Homemade Roasted Potatoes, Carrot & Swede and Gravy	Cauliflower Cheese Baked Yorkshire Pudding served with Homemade Roasted Potatoes, Carrot & Swede and Gravy	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted Wraps filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Homemade Chocolate Brownie NEW  or Fresh Yoghurt or Fruit Salad			
Thursday	Homemade Chicken & Veg Pie served with Creamed Potatoes, Carrots and Green Beans and Gravy	Cheesy Vegetable Bake served with Carrots and Green Beans	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted Wraps filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	or Fresh Yoghurt or Fruit Salad			
Friday	Fish Fingers served with Skinny Fries, Pea & Carrot Medley and Tomato Ketchup	Roasted Vegetable Pasta with Homemade Tomato Sauce served with Pea & Carrot Medley	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted Wraps filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	or Fresh Yoghurt or Fruit Salad			

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## MEADOWBANK SCHOOL WEEK 3

	CHOICE 1	CHOICE 2	CHOICE 3	CHOICE 4	CHOICE 5
Monday	Cheese & Tomato Pizza served with Homemade Potato Wedges and Pea & Sweetcorn Medley	Sausage Roll served with Homemade Potato Wedges and Pea & Sweetcorn Medley	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Strawberry Ice Cream Sponge Roll  or Fresh Yoghurt or Fruit Salad
Tuesday	Seasoned Roast Chicken in a Bun served with Herby Diced Potatoes, Peas and Carrots	Mac 'n' Cheese served with Herby Diced Potatoes, Peas and Carrots	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Mini Sugar Ring Doughnuts  or Fresh Yoghurt or Fruit Salad
Wednesday	Sliced Ham served with Roast Potatoes, Cauliflower & Carrot Medley and Gravy	Vegetable Risotto served with Cauliflower & Carrot Medley	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	or Fresh Yoghurt or Fruit Salad
Thursday	Fresh Pork Sausages served with Creamed Potatoes, Carrot & Broccoli and Gravy	Vegetable Sausages served with Creamed Potatoes, Carrot & Broccoli and Gravy	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	or Fresh Yoghurt or Fruit Salad
Friday	Breaded Fish Fillet served with Fries, Pea & Carrot Medley and Tomato Ketchup	Veggie Mince served with Fries and Pea & Carrot Medley	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Assorted White Bread Sandwiches filled with Ham, Cheese or Tuna served with Crunchy Nachos and Mixed Salad	Vanilla Cheesecake & Summer Berries  or Fresh Yoghurt or Fruit Salad

Available daily: Fresh Fruit, Salad and Bread

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