

ORDER A SCHOOL MEAL AND START THEIR FOOD ADVENTURE TODAY

Side dishes
(potatoes, rice etc),
vegetables
or salad served
with every meal

Daily –
organic
yoghurt
& fresh fruit

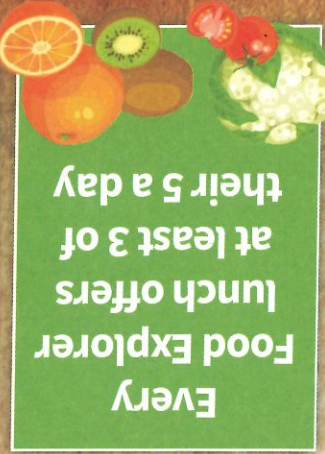
Dates	Options	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 31.10.22 21.11.22 12.12.22	Main Choice 1	Chicken curry with rice & naan	Veggie cottage pie	Roast pork with creamed potatoes, stuffing & gravy	Big breakfast with local sausages	Breaded fish fillet with chips
	Main Choice 2	Vegetable curry with rice & naan	Vegetable quesadilla with pasta	Roast Quorn fillet with creamed potatoes, stuffing & gravy	Veggie breakfast	Cheese & tomato Pinwheel with chips
*16.01.23 06.02.23 27.03.23	NEW Pasta Bowl Option	Italian pasta bowl	Neapolitan pasta bowl	Roasted tomato ragu pasta bowl	Popeye pasta bowl	Creamy macaroni cheese
	Dessert Option	Apple oat biscuit	Jam tart	Fruit jelly	Fresh fruit with bite-size chocolate cracknel	Berry sponge with custard
Week 2 07.11.22 *28.11.22 19.12.22 23.01.23 *13.02.23 13.03.23	Main Choice 1	Cheese & tomato pizza	Organic beef & potato pie with potatoes & gravy	Organic beef meatballs with creamed potatoes & gravy	Hunters chicken with rice	Fish fingers with chips
	Main Choice 2	Veggie bolognese with pasta	Veggie sausage rolls with potatoes & gravy	Vegan meatballs with creamed potatoes & gravy	Hunters Quorn with rice	Vegetable fingers with chips
	NEW Pasta Bowl Option	Popeye pasta bowl	Roasted tomato ragu pasta bowl	Italian pasta bowl	Creamy macaroni cheese	Neapolitan pasta bowl
	Dessert Option	Cornflake bar	Sticky fruit sponge with custard	Fresh fruit with bite-size chocolate crunch	Carrot cake muffin	Bakewell 'no nut' tart
Week 3 14.11.22 05.12.22 09.01.23 30.01.23 *27.02.23 20.03.23	Main Choice 1	Beef lasagne with homemade bread	Organic beef burger in a bun with potato puffs	Roast turkey with Yorkshire pudding, creamed potatoes & gravy	Quorn dippers with sweet & sour sauce	Salmon fishcake with chips
	Main Choice 2	Mediterranean Quorn fillet with sunshine rice	Vegetarian burger in a bun with potato puffs	Cheese flan with creamed potatoes & gravy	Not so hot chilli with rice	Margherita pizza with chips
	NEW Pasta Bowl Option	Italian pasta bowl	Neapolitan pasta bowl	Popeye pasta bowl	Roasted tomato ragu pasta bowl	Creamy macaroni cheese
	Dessert Option	Cookie	Sprinkle cake	Fresh fruit with bite-size flapjack	Shortbread slice	Chocolate & pear cake with chocolate custard

Drinking water available daily. Some schools may offer jacket potatoes and sandwiches with various fillings as an alternative to the pasta bowl option. Menus are planned to comply with the current Government School Food Standards. We endeavour to serve food as specified on the menu, however there are some circumstances when this isn't possible. You can be assured that these instances will be kept to an absolute minimum.

All desserts are suitable for vegetarians



For those children with medical diet requirements, we offer a tailored menu. Please contact Katie Woods catering@derbyshire.gov.uk for more information. 07990 664775 or Marine.Stewardship@derbyshire.gov.uk



Every Food Explorer lunch offers at least 3 of their 5 a day

