



Blackpool Catering Services

LUNCH TIME MENU

WEEK 1

01/11, 22/11
13/12, 10/01
31/01, 28/02
21/03, 11/04

MONDAY

Pasta & Meatballs in a Tomato Sauce
with Cheese & Crusty Wholemeal
Bread

or
Italian Style Quorn Fillet topped with
Pizza Sauce, Cheese & Herbs &
served with Pasta

~
Fresh Broccoli, Garden Peas

~
Jacket Potato with Cheddar Cheese
Cheddar Cheese Sandwich

~
Chocolate & Mandarin Mousse



TUESDAY

Roast Pork with Sage & Onion
Stuffing and Gravy

or
Sweet Potato and Butternut Squash
Curry with Rice and Naan Bread

~
Sliced Cabbage, Mashed Potato
and Fresh Carrots

~
Jacket Potato with RS Baked Beans
Roast Turkey Sandwich

~
Cook's - Fruit Sponge and Custard



WEDNESDAY

Brunch for Lunch
Sausage, Hash Brown, Omelette
with Brown Bread and Butter
or
(v) Sausage, Golden Vegetable Bake
with Hash Brown

~
RS Baked Beans

~
Jacket Potato with Tuna Mayo
FR Egg Mayonnaise Sandwich

~
Frozen Raspberry Ripple Mousse

THURSDAY

Chicken Fillet with BBQ Sauce, Ham
and Melted Cheese with Pasta

or
Tomato, Cheese & Herb Meatballs
with Pasta & Crusty Bread

~
Green Beans & Fresh Diced Carrots

~
Jacket Potato with Cheddar Cheese
Roast Ham Sandwich

~
Chocolate and Vanilla Sponge
with Custard



FRIDAY

Seaside Salmon in a Crispy Batter
with Chips

or
Crispy Golden Vegetarian
Nuggets with Chips

~
Garden Peas & Sweetcorn

~
Jacket Potato with RS Baked Beans
Tuna Mayonnaise Sandwich

~
Mini Doughnuts with Fruit Sauce



WEEK 2

08/11, 29/11
20/12, 17/01
07/02, 07/03
28/03

MONDAY

Creamy Quorn Tikka Masala
with Naan Bread

or
Baked Meatballs in Tomato Sauce
topped with Cheese

or
Broccoli & Cauliflower Florets
Savoury Vegetable Rice

~
Jacket Potato with Cheddar Cheese
Cheddar Cheese Sandwich

~
Strawberry Mousse



TUESDAY

Roast Beef with Yorkshire Pudding
and Gravy

or
Tomato and Basil Pasta
with Crusty Wholemeal Bread

~
Mashed Potato
Diced Carrot, Swede & Green Beans

~
Jacket Potato with RS Baked Beans
Roast Turkey Sandwich

~
Raspberry Bun



WEDNESDAY

Golden Chicken Fillet Burger in a
Bun with Mayo and Lettuce
or
(V) Sausage Roll

~
Fries & RS Baked Beans

~
Jacket Potato with Tuna &
Sweetcorn Mayonnaise
FR Egg Mayonnaise Sandwich

~
Chocolate Sponge & Custard

THURSDAY

Cook's Homemade Ham
& Cheese Pizza

or
Sweet Chilli Quorn & Cheese Wrap

~
Herby Jacket Wedges
& Homemade Coleslaw

~
Jacket Potato with Cheddar Cheese
Roast Ham Sandwich

~
Ice Cream



FRIDAY

Young's Crispy Battered Fillet of
Fish with Chunky Chips

or
Golden Veggie Fingers &
Chunky Chips

~
Garden Peas & Sweetcorn

~
Jacket Potato with RS Baked Beans
Tuna & Sweetcorn Mayo Sandwich

~
Fruit Jelly

WEEK 3

15/11, 06/12
03/01, 24/01
21/02, 14/03
04/04

MONDAY

Pasta Bolognese with
Crusty Baked Bread and Butter
or
Baked Cheese and Pepper Tortilla
Wrap served with Vegetable Rice

~
Fresh Broccoli & Sweetcorn

~
Jacket Potato with Tuna & Sweetcorn
Mayonnaise
Cheddar Cheese Sandwich

~
Arctic Roll with Fruit Sauce



TUESDAY

Roast Chicken Fillet with Sage &
Onion Stuffing & Chicken Gravy
or
Roast Quorn Fillet with Stuffing
& Gravy

~
Fresh Carrots, Cauliflower
and New Potatoes

~
Jacket Potato with Cheddar Cheese
Roast Turkey Sandwich

~
Frosted Shortbread Biscuit



WEDNESDAY

All American Cheeseburger
in a Bun
or
(V) Hot-Dog

~
Spiced Potato Wedges
& Baked Beans

~
Jacket Potato with RS Baked Beans
FR Egg Mayonnaise Sandwich

~
Vanilla Sponge with Custard

THURSDAY

Cook's Lasagne & Homemade
Garlic & Herb Bread

or
Cook's Margherita Pizza &
Homemade Garlic & Herb Bread

~
Fresh Broccoli & Garden Peas

~
Jacket Potato with Cheddar Cheese
Ham and Cheese Sandwich

~
Blueberry Muffin



FRIDAY

Fish Finger Barmcake with Chips
or
Crisp and Golden Vegetarian
Nuggets with Chips

~
Baked Beans & Sweetcorn

~
Jacket Potato with RS Baked Beans
Tuna & Sweetcorn Mayo Sandwich

~
Ice Cream

AVAILABLE DAILY: wholegrain bread basket, yoghurts, a freshly prepared selection of fruit and fresh water - All our menus are compliant with the School Food Standards—we source as much of our produce locally and where possible we source farm assured meats, MSC fish and free range eggs. Lo-Salt is always used as well as low fat milk and yoghurts —we have reduced sugar by 10% in all our recipes. If you require advice regarding allergens, please contact the Unit Catering Manager