

PE @ Mereside Primary Academy

Intent: We strive to create a culture which aims to inspire an active generation to enjoy PE, encourage each other and achieve. We provide a safe and supportive environment for children to flourish in a range of different physical activities which is essential in supporting their physical, emotional, spiritual, social and moral development.

At Mereside all pupils access two hours of PE each week, with additional activities promoting our PE values during playtimes and through a wide range of lunchtime and after school clubs in both key stages. Our curriculum and assessment is supported by specialist teachers who work with the different year groups throughout the academic year. As a school we promote the School games values and currently hold the Bronze award. We are working towards achieving the silver award this academic year. Pupils are encouraged to participate in both inter and intra school competitions which are supported by the School Games Organiser in Blackpool. We participate in a wide range of extra curricular opportunities which across the different year groups which target different groups within the school. All pupils, regardless of gender or ability are able to access the PE curriculum and we regularly select pupils to represent school in the different wider opportunities provided by our partner agencies within Blackpool. We work with Blackpool Community Trust, part of Blackpool football club who deliver a range of programmes to compliment the curriculum for our pupils in years 4, 5 and 6. Our younger children access complimentary curriculum sessions provided by Blackpool Council. We have sports leaders in school who this year will be running inter-school competitions and activities to promote participate and team-work whilst also providing a pupil voice in relation to the sporting opportunities our pupils would like. This will be reflected in the after school and lunchtime club offers each term

School employ play leaders to promote physical activity at lunchtime play and organise structured games which the year five and six pupil sport leaders are able to lead.

For any other information, please contact teacher@mereside.fcat.org.uk





Mereside Primary Academy

Subject area: PE

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	Reception	Year1	Year 2	Year 3	Year 4	Year 5	Year 6
Skills covered:	<ul style="list-style-type: none"> - Experiments with different ways of moving. - Jumps off an object and lands appropriately. - Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles. 	<ul style="list-style-type: none"> - develop fundamental movement skills, to extend their agility, balance and coordination, - develop ball skills, rolling, underarm throw, overarm throw, catching and striking. - -basic movements including running, jumping, throwing and catching, -perform dances using 	<ul style="list-style-type: none"> - develop control over movement to develop gymnastic sequences individually and collaboratively. - develop ball skills to engage in group games. - develop athletic skills / basic movements running, jumping and throwing. -use throwing, catching and striking in a 	<ul style="list-style-type: none"> Gymnastics - develop control over movement, linking actions and sequences. Invasion games - apply basic skills from KS1 in a range of small group games Dance demonstrate control over movement sequencing patterns. OAA begin to take part in challenges 	<ul style="list-style-type: none"> Gymnastics - develop control over basic movements developing sequences , evaluating and improving performances. Invasion games - play formal competitive games- football and apply basic principals of attacking and defending in small group games. Dance - develop an 	<ul style="list-style-type: none"> Gymnastics - extend movement and sequences to involve small equipment , develop coaching role within a small group to evaluate, review and improve performance. Invasion games - adapt attacking and defending skills into tag rugby. Learning rules for the game and applying 	<ul style="list-style-type: none"> Gymnastics- develop own sequences demonstrating control using small equipment. Evaluate and improve own performance Invasion games - apply attacking and defending skills to hockey Dance - understanding how dance is used to communicate and develop own skills,

	<p>- Travels with confidence and skill around, under, over and through balancing and climbing equipment.</p> <p>- Shows increasing control over an object in pushing, patting, throwing, catching or kicking it.</p>	<p>simple movement patterns.</p>	<p>range of games -perform dances using simple movement and patterns and evaluate their perfor</p>	<p>both individually and as a team. Climbing wall opportunity Net wall apply striking skills to tennis, demonstrating control over movement. Swimming-baseline assessment</p>	<p>wider understanding of movement and response to music in dance, develop patterns and sequences, work both individually and in a group. OAA work in small groups on physical challenges, supporting one another to problem solve. Netwall - apply skills from year three to develop a short tennis game. Swimming - progression towards end of ks expectation</p>	<p>them. Dance - developing a wider understanding of styles of dance and adopting movements and music to reflect other cultures. OAA - pupils to continue to challenge themselves to achieve goals individually and in collaboration. High ropes opportunity. Net wall - tennis and badminton. Mastery of skills in order to participate in short tennis games. Swimming - progression towards end of year</p>	<p>performances to reflect this. OAA - Waterpark opportunity Challenge themselves to take part in activities which require teamwork. Striking and fielding - develop the skills to be able to play rounders/ cricket. Understand the basic set and rules so that they can coordinate a games for other children. Leadership opportunity. Wider opportunities - pupils to be exposed to a range of physical activity to broaden</p>
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						expectations	their experiences - climbing, archery, table tennis, running Swimming End of key stage 2 expectation swim competently, confidently and proficiently over a distance of at least 25 metres - use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] - perform safe self-rescue in different water-based situations.
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