

PSHE @ Mereside Primary Academy



Living in the wider world.

PSHE
Association

Relationships

Mereside Primary Academy is a happy, vibrant school where diversity and individuality are celebrated. We nurture and inspire children to develop confidence and resilience in an environment where efforts are valued and all children flourish. We aim to provide them with the tools to succeed living in their wider community whilst knowing how to stay healthy and build strong and positive relationships. In pursuit of these skills, we offer a comprehensive, question-based, spirals approach to teaching SRE at Mereside to meet the 2020 statutory guidelines as set out by the Department for Education.

The approach centres around a half-termly question which links to one of the three core themes and provides opportunities for children to cover the necessary end of Key Stage content over their time in the phase.

The key themes for each half term therefore have been created using a question-based model. The concept is that children will have lessons that link to an overarching question for a half term that links mainly to one of the core themes above. Some topics will draw on more than one core theme, but the main focus is colour coded. The question-based model begins with Key Stage 1 questions being 'what?' and 'who?' focused moving through to Key stage 2 where they become 'Why?' and 'How?' questions.

All of our curriculum is endorsed by and accredited by the PSHE Association. For any other information, please contact teacher@mereside.fcat.org.uk



Health and wellbeing

PSHE in Key Stage One

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	Who helps us stay safe?	What helps us stay healthy?	What can we do with money?	How can we look after each other in this world?
Year 2	What makes a good friend?	What is bullying?	What helps us stay safe?	What helps us grow and stay healthy?	What jobs do people do?	How do we recognise our feelings?

PSHE in Key Stage Two

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	How can we be a good friend?	What are families like?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?	What keeps us safe?	What makes a community?
Year 4	How do we treat others with respect?	What strengths, skills and interests do we have?	How will we grow and change?	How can we manage our feelings?	How can we manage risk in different places?	How can our choices make a difference to others and the environment?
Year 5	How can drugs common to everyday life affect health?	How can we help in an accident or emergency?	What jobs would we like?	What decisions can people make with money?	What makes up a person's identity?	How can friends communicate safely?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become independent? How do friendships change as we grow?	

READING IN PSHE



At Mereside, reading is at the heart of everything we do. Our reading motto is: read, succeed, achieve!

We aim to ensure that there are a range of both fiction and non-fiction books which fairly represent all races, ethnicities and cultures.

In addition to this, we ensure that our young people have access to materials that promote equality which is something that is key to our school ethos.

Children are encouraged to question and become inspired by others. We teach children to be intrigued by the world around them and use reading as a tool to find out more about it.

In PSHE, we have some sessions that are planned around a novel or a book and the characters are used to demonstrate learning points and scenarios that will help our young people deal with real situations they may face in the real world as they grow and develop.

