















Week 1	Monday 	Tuesday	Wednesday	Thursday	Friday
Main	Vegetarian meatballs in tomato sauce with spaghetti 	Beef Chilli With Mixed Rice rice	Roast chicken and stuffing with roast potatoes and gravy	Chicken and tomato pasta bake	Fish of the day with chips
Grab Bag	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert
Jacket Potato	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection
Dessert	Fresh baked muffins	Shortbread biscuits and mandarins 	Chocolate crunch	Flapjack	Fruit and ice cream 
Served Daily	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
Served Daily	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables

Week 2	Monday	Tuesday	Wednesday	Thursday 	Friday
Main	Sausage with mashed potato and gravy	Beef lasagne 	Roast pork and apple sauce with roast potatoes and gravy	Tomato Pasta Bake 	Fish Finger with chips
Grab Bag	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert
Jacket Potato	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection
Dessert	Shortcake with fruit	Carrot and orange muffins	Fruit and ice cream 	Fruit Sponge 	Chocolate orange cookies
Served Daily 	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
Served Daily 	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables

Week 3	Monday	Tuesday	Wednesday	Thursday 	Friday
Main	Pizza and potato wedges	Beef and Potato pie with mashed potato	Roast chicken with Yorkshire puddings, roast potatoes and gravy	Chicken Korma with brown rice	Fish of the day with chips
Grab Bag	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert
Jacket Potato	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection
Dessert	Chocolate & Orange sponge	Fruit muffin	Biscuit with fresh fruit	Fruity Flapjack	Fruit scone
Served Daily 	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
Served Daily 	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables