

Physical Education – Subject Overview & Progression

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS -	An introduction to P.E Unit 1 -	Ball Skills: Unit 1	Dance Unit 1	Games Unit 1 (Get Set 4	Balance Bikes	Gymnastics 1 (Get set 4 PE).
Nursery	Fundamental Movements	(Get Set 4 PE)	(Get Set 4 PE)	PE).		
	(Get Set 4 PE)					
			Dodgeball			
Year 1	GYM:	Indoor Athletics (Supported	Interpretive Dance	GYM:	Outdoor Athletics : Sports Day	Locomotion 1
	Body Management	with Gymnastic Floor)		Flight	Preparation	
			Dodgeball			Games - Rounders
	Invasion – Football	Object Control		Locomotion Autumn	Games: Rounders	
	Play Leaders: Throwing and			Play Leaders: Basketball		Play Leaders: KS1 Football
	Catching	Play Leaders: Table Tennis	Play Leaders: KS1 Boccia		Play Leaders: Play Ground	
	200				Games	
Year 2	GYM:	Indoor Athletics (Supported	Interpretive Dance	GYM:	Outdoor Athletics : Sports Day	Locomotion 2
	Body Management	with Gymnastic Floor)		Flight	Preparation	
			Dodgeball			Games - Rounders
	Invasion – Football	Object Control		Locomotion 1	Games – Rounders	
	Play Leaders: Throwing and					Play Leaders: KS1 Football
	Catching	Play Leaders: Table Tennis	Play Leaders: KS1 Boccia	Play Leaders: Basketball	Play Leaders: Play Ground	Play Leaders. KSI FOOLDall
	Catching	riay Leaders. Table Termis	Play Leaders. K31 Boccia	riay Leaders. Dasketball	Games	
Year 3	GYM:	GYM:	Interpretive Dance	GAMES:	GAMES:	GAMES:
rear 5	Indoor Athletics (supported with	Indoor Athletics (supported	mici preute Bunee	Hockey	Rounders	Rounders
	Body Management)	with Gymnastic Floor)	Dodgeball	Housey	incumació	nounces
	,,	,			Outdoor Athletics: Sports Day	Games: Tennis
	GAMES:			Gym: Flight	Preparation	
	Invasion – Basketball	Invasion: Basketball	Enrichment: KS2 Table Tennis	, ,		Enrichment: SEND selected
				Enrichment: Handball	Personal Development: (Bike	KS2 Football
	Enrichment: KS2 Football and	Enrichment: Hockey			Ability)	
	Basketball	SEND Boccia				
					Enrichment: KS2 Cricket	
Year 4	GYM:	GYM:	Interpretive Dance	GAMES:	GAMES:	GAMES:
	Indoor Athletics (supported with	Indoor Athletics (supported		Football	Cricket	Cricket
	Body Management)	with Gymnastic Floor)	Personal Development:			
			Swimming	Gym: Flight		
	Invasion - Netball	Invasion: Netball			Outdoor Athletics: Sports Day	Games: Tennis
			Enrichment: KS2 Table Tennis	Enrichment: Handball	Preparation	
	Enrichment: KS2 Football and	Enrichment: Hockey				Enrichment: SEND selected
	Basketball	SEND Boccia			Enrichment: KS2 Cricket	KS2 Football

Year 5	GYM:	GYM:	Interpretive Dance	GAMES: Hockey	GAMES:	GAMES:
	Indoor Athletics (supported with	Indoor Athletics (supported	,	,	Rounders	Rounders
	Body Management)	with Gymnastic Floor)	Dodgeball	Gym: Flight		
	, , ,	,	o o	, 0	Outdoor Athletics: Sports Day	Games: Tennis
	GAMES:	GAMES:	Enrichment: KS2 Table Tennis	Enrichment: Handball	Preparation	
	Invasion – Basketball	Invasion – Basketball			·	Enrichment: SEND selected
					Enrichment: KS2 Cricket	KS2 Football
	Enrichment : KS2 Football and	Enrichment : Hockey				
	Basketball	SEND Boccia				
		Personal Development: Bike				
		ability				
Year 6	GYM:	GYM:	Interpretive Dance	Games : Football	GAMES:	GAMES:
	Indoor Athletics (supported with	Indoor Athletics (supported			Cricket	TAG Rugby
	Body Management)	with Gymnastic Floor)		Gym: Flight		
			Dodgeball		Outdoor Athletics: Sports Day	
	GAMES:	GAMES:		Enrichment: Handball	Preparation	OAA (Outdoor Adventure Activity)
	Invasion – Netball	Invasion – Netball	Enrichment: KS2 Table Tennis			
					Personal Development : Sport	Enrichment: SEND selected
	Enrichment Club: KS2 Football	Enrichment Club: Hockey			Residential	
	and Basketball	SEND Boccia				
					Enrichment: KS2 Cricket	