



# Physical Education – Subject Overview & Progression

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS - Nursery	<b>An introduction to P.E Unit 1 – Fundamental Movements (Get Set 4 PE)</b>	<b>Ball Skills: Unit 1 (Get Set 4 PE)</b>	<b>Dance Unit 1 (Get Set 4 PE)</b>  <b>Dodgeball</b>	<b>Games Unit 1 (Get Set 4 PE).</b>	<b>Balance Bikes</b>	<b>Gymnastics 1 (Get set 4 PE).</b>
Year 1	<b>GYM: Body Management</b>  <b>Invasion – Football</b>  <b>Play Leaders: Throwing and Catching</b>	<b>Indoor Athletics (Supported with Gymnastic Floor)</b>  <b>Object Control</b>  <b>Play Leaders: Table Tennis</b>	<b>Interpretive Dance</b>  <b>Dodgeball</b>  <b>Play Leaders: KS1 Boccia</b>	<b>GYM: Flight</b>  <b>Locomotion Autumn</b>  <b>Play Leaders: Basketball</b>	<b>Outdoor Athletics : Sports Day Preparation</b>  <b>Games: Rounders</b>  <b>Play Leaders: Play Ground Games</b>	<b>Locomotion 1</b>  <b>Games - Rounders</b>  <b>Play Leaders: KS1 Football</b>
Year 2	<b>GYM: Body Management</b>  <b>Invasion – Football</b>  <b>Play Leaders: Throwing and Catching</b>	<b>Indoor Athletics (Supported with Gymnastic Floor)</b>  <b>Object Control</b>  <b>Play Leaders: Table Tennis</b>	<b>Interpretive Dance</b>  <b>Dodgeball</b>  <b>Play Leaders: KS1 Boccia</b>	<b>GYM: Flight</b>  <b>Locomotion 1</b>  <b>Play Leaders: Basketball</b>	<b>Outdoor Athletics : Sports Day Preparation</b>  <b>Games – Rounders</b>  <b>Play Leaders: Play Ground Games</b>	<b>Locomotion 2</b>  <b>Games - Rounders</b>  <b>Play Leaders: KS1 Football</b>
Year 3	<b>GYM: Indoor Athletics (supported with Body Management)</b>  <b>GAMES: Invasion – Basketball</b>  <b>Enrichment: KS2 Football and Basketball</b>	<b>GYM: Indoor Athletics (supported with Gymnastic Floor)</b>  <b>Invasion: Basketball</b>  <b>Enrichment: Hockey SEND Boccia</b>	<b>Interpretive Dance</b>  <b>Dodgeball</b>  <b>Enrichment: KS2 Table Tennis</b>	<b>GAMES: Hockey</b>  <b>Gym: Flight</b>  <b>Enrichment: Handball</b>	<b>GAMES: Rounders</b>  <b>Outdoor Athletics: Sports Day Preparation</b>  <b>Personal Development: (Bike Ability)</b>  <b>Enrichment: KS2 Cricket</b>	<b>GAMES: Rounders</b>  <b>Games: Tennis</b>  <b>Enrichment: SEND selected KS2 Football</b>
Year 4	<b>GYM: Indoor Athletics (supported with Body Management)</b>  <b>Invasion – Netball</b>  <b>Enrichment: KS2 Football and Basketball</b>	<b>GYM: Indoor Athletics (supported with Gymnastic Floor)</b>  <b>Invasion: Netball</b>  <b>Enrichment: Hockey SEND Boccia</b>	<b>Interpretive Dance</b>  <b>Personal Development: Swimming</b>  <b>Enrichment: KS2 Table Tennis</b>	<b>GAMES: Football</b>  <b>Gym: Flight</b>  <b>Enrichment: Handball</b>	<b>GAMES: Cricket</b>  <b>Outdoor Athletics: Sports Day Preparation</b>  <b>Enrichment: KS2 Cricket</b>	<b>GAMES: Cricket</b>  <b>Games: Tennis</b>  <b>Enrichment: SEND selected KS2 Football</b>

Year 5	<p><b>GYM:</b> Indoor Athletics (supported with Body Management)</p> <p><b>GAMES:</b> Invasion – Basketball</p> <p>Enrichment : KS2 Football and Basketball</p>	<p><b>GYM:</b> Indoor Athletics (supported with Gymnastic Floor)</p> <p><b>GAMES:</b> Invasion – Basketball</p> <p>Enrichment : Hockey SEND Boccia Personal Development: Bike ability</p>	<p><b>Interpretive Dance</b></p> <p>Dodgeball</p> <p>Enrichment: KS2 Table Tennis</p>	<p><b>GAMES: Hockey</b></p> <p>Gym: Flight</p> <p>Enrichment: Handball</p>	<p><b>GAMES: Rounders</b></p> <p>Outdoor Athletics: Sports Day Preparation</p> <p>Enrichment: KS2 Cricket</p>	<p><b>GAMES: Rounders</b></p> <p>Games: Tennis</p> <p>Enrichment: SEND selected KS2 Football</p>
Year 6	<p><b>GYM:</b> Indoor Athletics (supported with Body Management)</p> <p><b>GAMES:</b> Invasion – Netball</p> <p>Enrichment Club: KS2 Football and Basketball</p>	<p><b>GYM:</b> Indoor Athletics (supported with Gymnastic Floor)</p> <p><b>GAMES:</b> Invasion – Netball</p> <p>Enrichment Club: Hockey SEND Boccia</p>	<p><b>Interpretive Dance</b></p> <p>Dodgeball</p> <p>Enrichment: KS2 Table Tennis</p>	<p><b>Games : Football</b></p> <p>Gym: Flight</p> <p>Enrichment: Handball</p>	<p><b>GAMES: Cricket</b></p> <p>Outdoor Athletics: Sports Day Preparation</p> <p>Personal Development : Sport Residential</p> <p>Enrichment: KS2 Cricket</p>	<p><b>GAMES: TAG Rugby</b></p> <p>OAA (Outdoor Adventure Activity)</p> <p>Enrichment: SEND selected</p>