



Middlethorpe Primary Academy PE Long Term



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE Unit 1	Ball skills 1	Gymnastic Unit 1	Gymnastics 2	Fundamentals 1	Fundamentals 2
	Introduction to PE unit 2	Dance Unit 1	Dance 2	Ball Skills 2	Games 1	Games 2
Foundation	Introduction to PE Unit 1	Ball skills 1	Gymnastic Unit 1	Gymnastics 2	Fundamentals 1	Fundamentals 2
	Introduction to PE unit 2	Dance Unit 1	Dance 2	Ball Skills 2	Games 1	Games 2
Year 1	Body Management and Object control	Athletics indoor and Games Locomotion	Gym – Floor and performance dance	Interpretive dance and performance dance	Net/wall games Sending and receiving	Sending and receiving Locomotion
Year 2	Body management And Locomotion	Object control and Sending & receiving	Gym – Floor and performance dance	Interpretive dance and performance dance	Net/wall and Locomotion	Locomotion and Athletics
Year 3	Indoor athletics and Games Invasion 1	Games Invasion 2 And Body Management	Gym floor and Gym flight	Interpretive dance and performance dance	Net/ wall games and Athletics	Striking and fielding and athletics
Year 4	Indoor athletics and Games Invasion 1	Games Invasion 2 And Body Management	Gym floor and Gym flight	Interpretive dance and performance dance	Net/ wall and Athletics	Striking and fielding Outdoor athletics
Year 5	Indoor athletics and Body management	Interpretive dance and Games invasion	Swimming Gym – Floor	Gymnastics flight Swimming	Net/wall and athletics	Striking and fielding and athletics
Year 6	Athletics & Body management	Games invasion and interpretive dance	Swimming Gym - Floor	OAW And Swimming	Net/Wall and athletics	Striking and fielding and athletics

