



# PSHE AT MIDDLETHORPE

Our PSHE syllabus follows the Jigsaw Programme and aims to bring together PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning.

## Big Ideas

**Understanding** - a sympathetic awareness and tolerance of others and difference.

**Reflection** – to apply thought and consideration to everyday life.

**Empathy – to express** sensitivity and compassion to others.

**Mindfulness**- is a vital tool for life, not only does it support the regulation of emotion and build emotional resilience but also enhances focus and concentration; both helping to optimise learning.



## Content and Sequencing



- Six half termly units a year
- Jigsaw Programme for each year group
- Six Themes that run across the school for each half term.
- Being in my world
- Celebrating Difference.
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me.
- In Jigsaw PSHE, mindfulness is developed through the 'Calm Me' time in each piece (lesson).
- Each theme (or piece) has 6 lessons, each lesson has two learning intentions.

## Links with English and Maths



- Every lesson is a reading lesson
- High quality discussion and use of Talk for Learning vocabulary.
- Expression of thoughts, feelings and opinions both orally and in written form.



## Retrieval Practice



- Knowledge, skills and vocabulary identified
- Key concepts identified (above) are revisited
- Key ideas are investigated by considering what they are and what they are not
- Links across year groups for retrieval of knowledge



## Outcomes



- All units begin with a whole school assembly
- Children are able to respond (in different ways eg discussion) to express their thoughts and ideas
- Use of relevant, key vocabulary



## Support



Everyone has access to the Agreed Syllabus.

Support is provided for those learners who require it.

Considerations is given for learners who grasp concepts more rapidly.