



# SEND

## Parent carer newsletter



SEND Newsletter- Wednesday 13 September 2023

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### Everyone welcome- Phoenix Park Pop-up event

You are invited to a pop-up event at Phoenix Park Academy, Harold Street, DN32 7NQ, on Friday 22 September from 9:30-11:30am.

Parent carers can meet with a range of services that can support them and their child including:

- SENDIASS
- The Educational Psychology Service
- Compass GO (youth mental health service)
- The Sleep Service
- The North East Lincolnshire Parent Carer Forum (NELPCF)
- And activity providers

Please note that this event is open to all parent carers with school aged children with SEND, or who may have SEND, and is hosted at the Harold Street site.

Refreshments will be provided. We hope to see you there.



### **Educational Psychology contact update**

Due to an increase in demand, the Educational Psychology Team, Advisory Teachers, and Portage phone lines will only be open from 1pm-2:30pm.

You can contact Educational Psychologists, Advisory Teachers and Portage on 01472 323183.

### **Gender identity and autism workshop**

#### **[Gender Identity and Autism Workshop – Autism A Hands On Approach](#)**

Gender Identity and Autism Workshop – Autism A Hands On Approach

A post from admin on Autism A Hands On Approach provided by: <https://autismahandsonapproach.co.uk>

### **SEN Sessions**

Inclusive sports at [The Trin | Cleethorpes Community Sports and Education \(ccse.org.uk\)](http://www.ccse.org.uk).

**INCLUSIVE FOOTBALL**  
FOR CHILDREN & YOUNG PEOPLE WITH SPECIAL EDUCATIONAL NEEDS, DISABILITIES & ADDITIONAL NEEDS.

**RESTARTS SATURDAY 15th APRIL**

**SATURDAYS 11am-12pm**  
The Trin Centre, Trinity Road, Cleethorpes, DN35 8UN  
TO BOOK PLEASE VISIT: [www.ccse.org.uk](http://www.ccse.org.uk)

The poster features a background image of children playing football on a green field. A circular inset shows two children, one in a red shirt and one in a green shirt, playing with a yellow ball. The Cleethorpes Community Sports & Education logo is in the bottom left corner.

[Families First – SEN Sessions at The Magical Castle | Facebook](#)

[Cleethorpes & Grimsby Riding for the Disabled](#)

Follow [Families First Facebook](#) for local activities, childcare and more.

The Makaton Charity

Have you read the latest magazines from the Makaton Charity?

[Makaton Magazine – August 2023 \(informz.net\)](#)

[Makaton Magazine – July / August 2023 \(informz.net\)](#)

We've added a new Makaton resource to the Professionals section of the Local Offer. [Download File | Makaton \(assetbank-server.com\)](#)

You can take advantage of Makaton training locally from Taster sessions right up to Level 2. Find a class [NELC SEND Local Offer | Events and training \(nelincs.gov.uk\)](#).

### Autism Understood website

Autism Understood is a website about autism, for autistic young people.

We've added this to the Children and young people's section of the Local Offer.

### [Autism Understood](#)

### Experiences of Education as an Autistic Person

[Our Turn to Talk](#) is the [National Children's Bureau](#)'s Youth-led podcast programme!

In Our Turn to Talk's eighth episode, *Experiences of Education as an Autistic Person*, Lauren and Aaron discuss:

- The sensory challenges autistic young people can face at school.
- The demands of the school environment on autistic students and ways that schools can put in place support.
- Social challenges faced at school by autistic students and the ways in which they have overcome the difficulties that school life presented.

You can listen to Lauren's podcast [here](#) and find other Our Turn to Talk episodes [here](#).

### Music sessions

There are upcoming music sessions for children with NEL Music Hub.

### [Join A Group | NEL Music Hub](#)

### **School Uniform and children and young people with Special Educational Needs and Disabilities**

Parent carers of young people with SEND often report that one of the biggest barriers to attendance is school uniform. Some pupils with SEND have difficulties related to dyspraxia, physical difficulties and/or sensory processing differences, and uniform can be a considerable issue. Collars and blazers may be too stiff, buttons too tricky, skirts and trousers difficult to get on, ties too restrictive, labels too tickly/painful/itchy and certain socks and shoes overwhelmingly uncomfortable.

See our new page on School Uniforms and SEND. [NELC SEND Local Offer | School Uniform and children and young people with Special Educational Needs and Disabilities \(nelincs.gov.uk\)](#)

### Healthy Parent Carers course

If you're the parent/carer of a child with additional needs or a disability and would like to take positive action to improve your health and wellbeing, the Community of Experience may have a free course for you.

Healthy Parent Carers is a 12 week online programme. It is created by parent carers, delivered by parent carers and is for parent carers.

Courses are ongoing.

A promotional poster for the 'Healthy Parent Carers' program. The top half features a photograph of a person in a blue jacket holding a child, with the word 'Healthy' in a large, white, cursive font and 'PARENT CARERS' in a smaller, green, sans-serif font below it. Underneath the photo, the text reads 'Improving parent carers' health and wellbeing'. The bottom half of the poster is a teal-colored box with white text. It asks 'Are you a Parent Carer of a child with additional needs or a disability?' and 'Would you like to take positive action to improve your health and wellbeing?'. It then describes the program as a 12-week, 2-hour, group-based online programme available in the Humber and North Yorkshire region. It states 'It is created by Parent Carers, delivered by Parent Carers and for Parent Carers.' and 'Courses are ongoing'. It provides contact information: 'Book your space now. Email: [communityofexperience@kids.org.uk](mailto:communityofexperience@kids.org.uk) or Phone: 01482 467540 [www.healthyparentcarers.org](http://www.healthyparentcarers.org)'. At the bottom, there are logos for 'Offered as part of the' (with a colorful circular logo), 'Kids' (with a yellow circle logo), 'Humber and North Yorkshire Keyworker' (with a blue and red logo), and 'University of Exeter' (with a green logo).

If you'd like to be considered for these courses email [communityofexperience@kids.org.uk](mailto:communityofexperience@kids.org.uk) or call 01482 467540.

[NELC SEND Local Offer | Healthy parent carers course \(nelincs.gov.uk\)](#)

### **Abi's SEND Parent Carer Coffee drop-in**

Abi's coffee drop-in's will start from Monday October 2. Please be aware that the Thursday drop-in at Nunsthorpe Family Hub is now held in the afternoon from 12-2pm.

Abi can offer a listening ear and signpost you to support.

Learn more about Abi's drop-in sessions. [Families First – Abi Fleming's Special Educational Needs and... | Facebook](#)

Preparing for adulthood- Ask Annie



Email: [askannie@nelincs.gov.uk](mailto:askannie@nelincs.gov.uk)

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Text: **07595 122306**

Are you a young person with Special Educational Needs?

Do you have any questions about post 16 education, training and employment or do you want to know more about preparing for adulthood?

You can always "Ask Annie" about...

- **Planning for the future**
- **Employment**
- **Transport**
- **Leaving school & starting college**
- **Daytime activities**
- **Health**
- **Training & work experience**
- **Living independently**

Find out more about preparing for adulthood and transitions. [NELC SEND Local Offer | Preparing for adulthood \(nelincs.gov.uk\)](#)

#### Your Parent Carer Forum- **NELPCF**

NELPCF is a collective group of parents passionate about driving positive change, we have come together to rebuild a Parent Carer Forum. Our aim is to be a true representation of the voices of parent carers of children with additional needs and disabilities. We strive to have a positive impact on the planning and provision of services and decision making for the families of North East Lincolnshire- now, and in the future.



# NELPCF

**NORTH EAST LINCOLNSHIRE  
PARENT CARER FORUM**

Find out more about the forum and how to get involved by visiting their Facebook [North East Lincolnshire Parent Carer Forum | Grimsby | Facebook](#), or the [NELPCF website](#).

## **SENDIASS**

SENDIASS provide support for SEND, across education, health and social care.



[Sendiass North East Lincolnshire | Facebook](#)

Contact SENDIASS:

Call- 01472 326363

Email- [ask@nelendiass.org.uk](mailto:ask@nelendiass.org.uk)

[SENDIASS](#) website

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To receive this newsletter by email please contact [lauren.thompson2@nelincs.gov.uk](mailto:lauren.thompson2@nelincs.gov.uk).

If you have questions about SEND we are always here to help. Please don't hesitate to email [sen@nelincs.gov.uk](mailto:sen@nelincs.gov.uk). We always try to make sure that children and parents/ carers voices are heard.

*These Weekly SEND parent/carer newsletters are shared with teams within education, health and social care as well as parents/carers SENCOs, the DfE and local charities.*

*If parents/carers or young people over 16 do not have access to the internet or if they prefer to receive paper copies only please contact [sen@nelincs.gov.uk](mailto:sen@nelincs.gov.uk).*