





	WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ľ	MAIN MEAL	Meatballs in a tomato sauce with spaghetti	Pizza of the day	Roast pork served with roast potatoes and gravy	Chicken fillet burger	Fishcake served with chips
J	ACKET POTATO	Jacket potato served with a variety of fillings				
	GRAB BAG	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert	Sandwich selection with fresh fruit and a choice of desert
[	DESSERT	Fruit crumble served with custard	Cheese and crackers	Chocolate crunch with pink custard	Banana & oat muffin	Fruit and ice cream
S	SERVED DAILY	Seasonal vegetables Salad bar				







Fuel your afternoon with a healthy school lunch from Mellors



-1 OF YOUR 5 A DAY



- HEALTHY OPTION